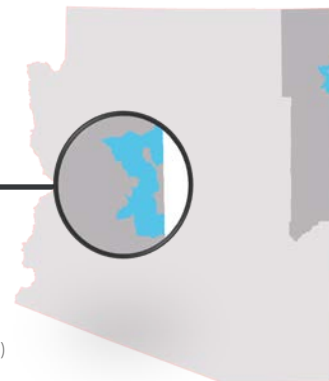


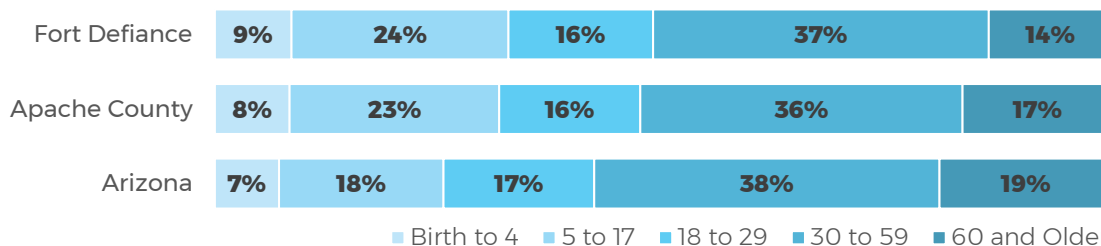
# FORT DEFIANCE

*healthy starts here*

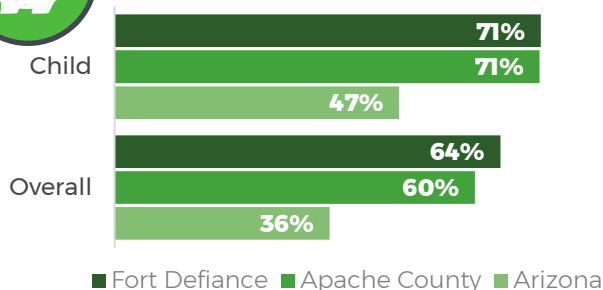


## OUR COMMUNITY

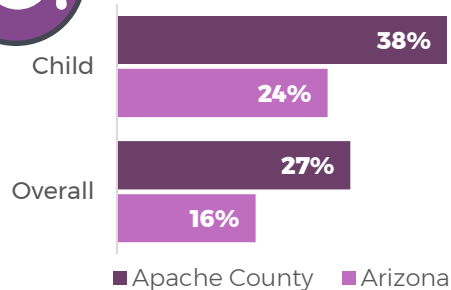
Total Population **5,835** <sup>(1)</sup>



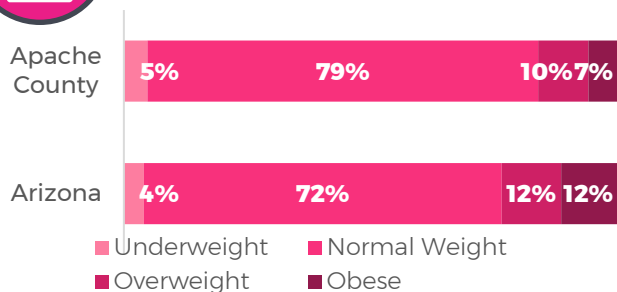
### Low-income Population <sup>(2)</sup>



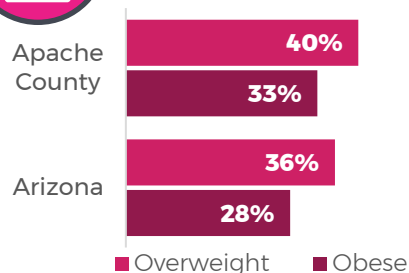
### Hunger & Food Insecurity <sup>(3)</sup>



### Early Childhood Weight <sup>(4)</sup>



### Adult Weight <sup>(5)</sup>



Ate vegetables at least 3 times and fruits 2 times daily <sup>(6)</sup>

**7.1%** **5.1%**

Apache County Arizona



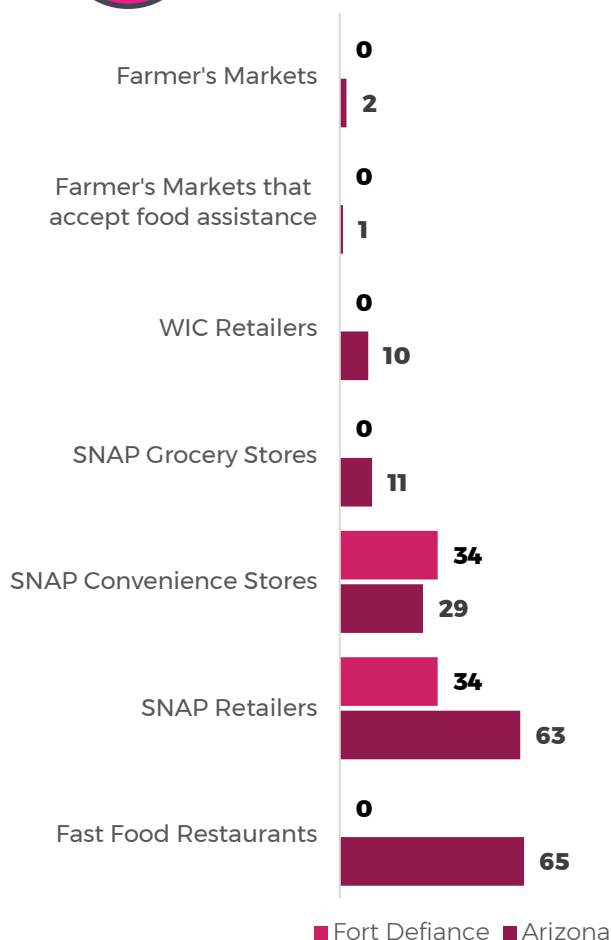
Met aerobic and strength physical activity guidelines <sup>(7)</sup>

**32.8%** **21.9%**

Apache County Arizona



## Stores per 100,000 people <sup>(8)</sup>



## % of population living within walking (half-mile) vs driving (ten-miles) distance of <sup>(9)</sup>



**0%**

A Farmers Market

**0%**

**0%**

A Farmers Market that accepts food assistance benefits

**0%**

**0%**

A WIC Retailer

**66%**

**0%**

A SNAP Grocery Store

**66%**

**8%**

A SNAP Convenience Store

**78%**

**8%**

Any SNAP Retailer

**78%**

**0%**

A Fast Food Restaurant

**74%**



**0%**

A Public Park

**68%**

**0%**

A Walking or Biking Trail

**15%**

**0%**

A Recreational Area

**10%**



## Free or reduced priced lunches served per day <sup>(10)</sup>

**658**

School Year

**65**

Summer



## Households with no available vehicle <sup>(11)</sup>

**11%**

Fort Defiance

**10%**

Apache County

**7%**

Arizona

(1) U.S. Census Bureau (2010). 2010 Decennial Census

(2) U.S. Census Bureau (2016). 2015 ACS 5-Year Estimates

(3) Feeding America (2016). Food Insecurity in the United States. [map.feedingamerica.org](http://map.feedingamerica.org)

(4) (5) Arizona Department of Health Services (2017).

(6) (7) Arizona Department of Health Services (2017).

(8) (9) See Methodology.

(10) Arizona Department of Education (2017).

(11) U.S. Census Bureau (2016). 2015 ACS 5-Year Estimates

Fort Defiance Fact Sheet :: Sept 2017

This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP through the AZ Health Zone. This institution is an equal opportunity provider.



Learn More

[azhealthzone.org](http://azhealthzone.org)