



2021 VIRTUAL ANNUAL CONFERENCE

AZ Health Zone in Your Communities

Conference Agenda
Wednesday, May 5, 2021 | 9 a.m. - 3 p.m.

Day 1 | Morning [Zoom link](#) | Meeting ID: 817 121 4607 | Dial in: 1-669-900-6833 or 1-346-248-7799

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| 9:00 - 9:10 | Opening statements- First person to sign in receives a door prize! |
| 9:10 - 10:10 | Keynote: Food Systems and Social Justice Dr. Ricardo Salvador |
| Why is food systems work social justice work? A bit of history provides some insight. Join Dr. Salvador to learn how your work in AZ Health Zone can support health equity in your communities. | |
| 10:10 - 10:15 | Break |
| Breakouts | |
| 10:15 - 11:05 | Summer Food Service Program Coordination Marina Gallardo, Katie Christopher, Alexander Meyer, Andrea Golfen |
| Bolstering and supporting Summer Food Service Program in rural communities and engaging parents in the future of SFSP. | |
| 10:15 - 11:05 | Early Care and Education Coordination and Supply Chain Jenn Parlin, Hope Wilson |
| In this session on Early Care and Education and Supply Chain, LIAs learn from two of their peers who have recently made notable strides in community coordination. They will present about their specific projects, discuss their efforts to meet the needs of their communities in partnering with early childhood education stakeholders, and unpack the coordination process. | |
| 10:15 - 11:05 | Digging Deep Into Food Justice: Workshops with SNAP-Ed Staff and Community Jamie Bain, Stephanie Heim, Noelle Harden Zoom link Meeting ID: 845 2814 9445 Dial in: 1-602-753-0140 or 1-669-900-6833 |
| Learn from the University of Minnesota Extension about their Cultivating Powerful Participation: Food Justice Facilitation project. The project was funded by SNAP-Ed and included a deep-dive cohort experience for 12 diverse SNAP-Ed Educators and community partners to learn about concepts of food justice and facilitation. The cohort then designed and led eight workshops across the state for SNAP-Ed staff and community partners from late 2019 to 2020. The project centered racial equity in every aspect of the project's design. | |
| 11:05 - 11:10 | Break |
| 11:10 - Noon | Special Feature: Indigenous Foods and Pathways to Health Tribal Food Demonstration - Nephi Craig, Executive Chef |
| This session presents an overview of indigenous food history to better understand contemporary applications of indigenous foodways for health. Chef Craig provides a cooking demonstration while discussing ingredients, cooking techniques, and indigenous foodways as a method of cultural revitalization and self-care. | |
| Noon - 1:00 | Lunch |

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| 1:00 - 1:45 | Keynote: Food Access Barriers Across the Navajo Nation Shaandiin Parrish, Miss Navajo Nation 2019-2021 |
| Join Miss Navajo Nation Shaandiin Parrish to learn how barriers such as travel time, transportation, and limited product availability hinder accessibility to daily essentials across Navajo Nation. The complexity of barriers experienced have become heightened during the COVID-19 pandemic for many community members, but their strength and resilience continue to uplift the health and well-being of many communities. This presentation contributes to a collective understanding and awareness of the challenges faced and overcome in rural and remote areas of the Navajo Nation and throughout the state of Arizona. | |
| 1:45 - 1:50 | Break |
| Breakouts | |
| 1:50 - 2:40 | Food Access in COVID Times Ethel Branch, Cassandra Begay, Mary Francis, Theresa Hatathalie-Delmar, Shandiin Herrera, Vanessa Tullie, Wendy Atcitty |
| When the pandemic and resultant shelter-in-place orders hit last March, a Flagstaff woman quickly realized the impacts that it would have on the vast and very rural Navajo Nation and the Hopi Reservation contained inside of it. Please join the founder of the Navajo-Hopi COVID-19 Relief Fund to hear the story of how it all began, how the effort has been sustained over the course of the pandemic, and how creating food sovereignty has become the focus of the effort in the future. | |
| 1:50 - 2:40 | Resource Navigation in COVID Times Suzanne Cooper, Frances Herrera |
| The COVID-19 pandemic has exacerbated the daily struggle that people in our priority communities face to access basic needs such as food. To support our most vulnerable community residents in practical ways, we used a tried-and-true three-step process to implement an effective resource loop to get food into the hands of those who need it most. | |
| 1:50 - 2:40 | Expanding Access to Physical Activity Resources in COVID Times Chris Bachelier and Kevin Bawden |
| A silver lining of the COVID-19 pandemic is an increased focus on outdoor recreation. Hear about AZ Health Zone experiences with PA resource access in three counties and take part in a discussion about how to encourage and maintain positive physical activity resource changes. | |
| 2:40 - 2:45 | Break |
| 2:45 - 3:00 | Closing statements and raffle |
| Day 1 Survey Link | |
| Looking forward to seeing you tomorrow! | |