

Direct Education Subcommittee

Date: January 12th 2016

Time: 10:00 – 11:00am

Time	Agenda Topic	Lead
10:00 - 10:10	<p style="text-align: center;">Updates (Resource Guide, PAL, CATCH Schools)</p> <ul style="list-style-type: none"> • (Ryan) Was hoping to have resource guide ready – list printed of new resources – final checks in progress. Will be sent via email after AzNN team reviews (& again in next Biweekly) • Continuing trouble with the website, so email will be main distribution route and bi-weekly • Rescheduling meeting about PAL training – Tentative Training Date: March 23rd in Phoenix (day long training) • Will be adding CATCH ECE to resource guide, people are interested. No current training scheduled for this curriculum. • Looking at adding CATCH for Schools too: Rescheduling a meeting with ADE re: the CATCH for Schools addition 	Ryan
10:10 – 10:20	<p style="text-align: center;">Success Stories</p> <ul style="list-style-type: none"> • Maricopa Dept. of Pub Health • 4 teams – Education (DE), Early Childcare Ed (including breastfeeding), Food Systems (including gardens, farmers market), Active Living (PE, and adult environment) • Emphasizing success in collaboration across teams – she encourages us to think of own success stories while listening to her • <u>CATCH</u>: Education + Active Living teams – Train the Trainer CATCH afterschool program. Employees went through Master Trainer with CATCH. Have worked with 82 sites in Phoenix ~6500 kids reach. Work directly with afterschool staff, 4 elements: <ul style="list-style-type: none"> ○ Health/obesity facts, how environment shapes health: forum for discussion about society/health ○ Delve into CATCH yellow boxes –activities to engage kids in: can be modified for space, special needs ○ Play games with staff – make it fun! ○ Go over nutrition lessons (7 lessons) & advise on incorporating nutrition themes into activities ○ Staff get “equipment kits”(used grant monies in their 	Kristi

	<p>budget to buy it)...staff and students enjoy ease and fun of program</p> <ul style="list-style-type: none"> • Nutrition to Grow On <ul style="list-style-type: none"> ○ Education + Food Systems: 2nd graders, 2x a month, 30 kids + <u>staff</u> (Train-the-trainer while doing the curriculum this year with 2nd graders) ○ Curricula supports core subjects (math, science, literature) • Ryan: suggestion to committee for others to share success stories/challenges 	
<p>10:20 – 10:40</p>	<p>Focus Group Theme Takeaways/ Subcommittee Marketing Group Project</p> <ul style="list-style-type: none"> • Reviewing barriers to teaching /implementing Nutrition Ed and PA from Focus Group: include <i>competing priorities, focus on academics, lack of time</i>, limited resources, teacher motivation, lack of nutrition education (it is needed & lack of this education can actually be a barrier for success for kids) • What can we do? <ul style="list-style-type: none"> ○ Align curricula with standards ○ Emphasize free, visual, engaging, interactive (including child-parent interaction), standardized curricula/resources ○ Curricula that allow for kids with special needs (no child left out) ○ Emphasize that we provide technical assistance ○ Work on teacher attitudes (nutrition/PA education is a small change, easily included in classes) ○ (Jennifer comment): introducing teachers to nutrition curricula at the start of the school year (on teacher-training day), providing handouts to them. (Ryan) MyPlate 30 min lesson online & available • (Ryan) Marketing Kit for Schools idea – Info graphic on how healthy behaviors impact student behaviors & what’s in it for the schools? ACTION: please email Ryan if interested in being on this working group. 	<p>Kristi/ Ryan</p>
<p>10:40 – 10:50</p>	<p>Curriculum Printing</p> <ul style="list-style-type: none"> • Problems: only schools can order particular Team Nutrition curricula • AzNN looking into printing a Team Nutrition curricula – Ryan knows Serving Up MyPlate, Discover MyPlate, Great Garden Detectives are popular. • ACTION: Ryan encourages having discussion with team about struggles printing/getting ahold of curricula & email Ryan with results of these discussions. 	<p>Ryan</p>

	<ul style="list-style-type: none"> ○ ((Jennifer) <i>Posters that go with SUMP lessons</i>) ○ ((Melissa, Anne, Cherilyn) <i>esp. Workbooks & Mini Books for Kindergarten Discover MyPlate</i>) ○ If there are some popular free curricula where having printed copies would be useful, please email Ryan as well. • (Anne) question about adult/senior curricula, esp. participant workbooks and handouts for something like MyPlate for My Family, We Can. <ul style="list-style-type: none"> ○ (Ryan) trying to focus on 1-2 curricula, need input on which these should be, to focus resources. 	
10:50 – 11:00	<p style="text-align: center;">Open Discussion Agenda Items for Next Meeting</p> <ul style="list-style-type: none"> • (Anne) Asks for suggestions on incorporating resources for National Heart Ed Month, National Nutrition Month – for example, an event kick starting the month? <ul style="list-style-type: none"> ○ Question: What resources can contractors send to teachers in support of National Nutrition Month? Response: Resources sent to teachers should be related to the resource guide and come from the resource guide. • (Jen) New Dietary Guidelines? (Ryan: there is a Nutrient Standards Subcommittee, communication with them will be forthcoming) • (Jen) Developing a Marketing Kit for Food Banks/ CSFP. 	ALL