

Radio Script for the Grow a Healthy Child campaign

What you do today makes a huge difference tomorrow. Providing healthy foods gives your child the gift of lifelong health. Your child is also learning to enjoy healthy foods now and for the future. The best way to share healthy foods is through family meals. Family meals give you a special time to listen to your children. You can share your values. You can shape their lives. Enjoy eating healthy together.

For more information on healthy eating, call 1-800-695-3335 or visit our website at www.eatwellbewell.org. This message was brought to you by the Arizona Department of Health Services, the Arizona Nutrition Network and _____.