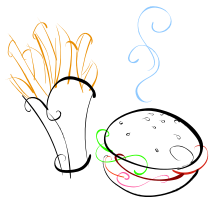


# Hamburger Joint

Item	Serving sz	Fat (g)	(tsp)
Hamburger	3.5 oz	9	2
Cheeseburger	4 oz.	12	2.5
Quarter Pounder	6 oz.	19	3
Double Quarter Pounder w/ cheese	9.8 oz	42	8.5
Bacon & Cheese Burger	10.2	39	8
Filet of Fish	5 oz.	18	3
Small Fries	2.5 oz.	11	2
Large Fries	5.4 oz.	25	5
Fudge Sundae w/ nuts	6.6 oz.	13.5	2.5



# Mexican Food

Item	Serving sz	Fat (g)	(tsp)
Taco	2.75	10	2
Taco Supreme	4 oz	13	2.5
Bean Burrito	7 oz	9	2
Burrito Supreme	8.75 oz	17	3.5
Chicken Fiesta Taco Salad	19 oz	38	7.5
Chicken Fiesta Taco Salad - no shell	17	18	3.5
Nachos	3.5 oz	21	4
Refried Beans w/ Cheese	4.5 oz	6	1.25
Cinnamon Twists	1.2 oz	7	1.5



# Finger-lickin' Chicken

Item	Serving Sz	Fat (g)	(tsp)
Crispy chicken Wrap	8.3 oz	26	5
Roasted chicken Wrap	8 oz	18	35
Fried Chicken Breast	6.4 oz	31	6
Fried Chicken Thigh	4 oz	27	5.5
Grilled Chicken Breast	4.2 oz	4	1
Grilled Chicken Thigh	2.3 oz	9	2
Mashed Potatoes & Gravy	5.4 oz	4.5	1
Corn on the Cob	2.5 oz	.5	.1
Cole Slaw	4.5 oz	10	2

