

WORD PLAY



Champions for Change
Arizona Nutrition Network

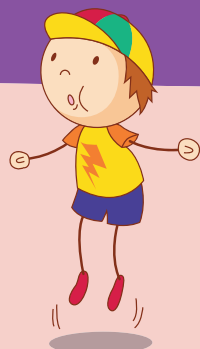
Five activities are missing in the boxes below. Find out what they are by adding the images next to each box.

For example:  +  = **Basketball**

J _ _ _ _ _ **P** _ _ _ _

This activity gets your heart pumping and your legs jumping. Plus it can be played alone or with friends!

How many can you do?



L _ _ _ _ _ **g** _ _ _ _

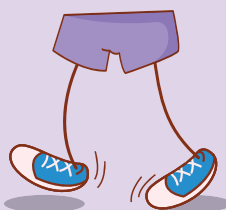
This activity is made for playing with friends. Use your hands for balance when you jump and for safety when you kneel on the ground.

How many can you do?

W _ _ _ _ _ **D** _ _ _ _

This activity is good for you and your furry friend. It gets your legs moving and your pet's tail wagging.

Have you done this today?



P _ _ _ _ _ **U** _ _ _ _

_ _ _ _ _ **y** _ _ _ _

This activity gets your body moving and your room clean. Make a game to see how fast you can go!

Have you done this today?



M _ _ _ _ **s** _ _ _ **a** _ _ _
_ _ _ _ _ **a** _ _ _ **r** _ _ _

This activity is perfect for playing with friends. Get your heart racing as your race for a seat!

How long can you last?

