

Table 17: Existing Nutrition Education Materials

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
10 Steps to a Healthier Me	Washington State Dairy Council	Resource provides step-by-step tool for goal setting, food grouping and meal planning		Yes	Adequate quantities not available from AZ Dairy Council; 150/.30=\$45 Appropriate for SNAP population	UofA_Pima Bone; UofA_M Youth; WESD
10 Tips for a Healthy You	Yuma County	Power point lesson to address the benefits of eating breakfast, drinking water, increasing physical activity, adding whole grains, etc.		No		Yuma
100 Vegetables and Where they Come From	Williams Woys Weaver	Book emphasizing proper food choices		No		Civitan
5 Minute Nutrition Activities	Learning ZoneXpress	Quick and easy nutrition activities for the classroom		yes	Ideas to provide teachers with activities to increase local share	TUSD
A Fairy in a Dairy	Nolan, Lucy	A book for K-4 grade students to learn the importance of dairy products.		Yes	Compliments Start Smart lesson plans on Milk & Movement for Mighty Bones	Yuma
A Hopi English Dictionary	Kenneth C. Hill, editor	General Dictionary for the Hopi language	Hopi	No		HaSan
A Navajo/English Dictionary	Alyse Neundorf	General dictionary for the Dine/Navajo language	Navajo	Yes	purchase new program \$65.00	FDIH, HaSan
A Very Purple Pepper	Peggy Sissel-Phelan	Book emphasizing proper food choices		No		Civitan
ACE Operation Fit Kids *	ACE Fitness	Grades 3-5 integrates health and fitness into the classroom		No		UofA_Campus, UofA_ApacheNavajo, UofA_MBB
Active and Healthy Schools Program *	http://www.activeandhealthyschools.com/	Designed to improve the overall health and increase the activity level of your students by making changes to the "whole school" environment		Yes	\$29.95 for card sets, materials set \$94.95 -- This Curriculum teaches concepts such as nutrition and fitness; purchase new program \$115	UofA_Campus; FDIH
Active for Life *	Shirley Dzikowski, P.T., and Brenda Black of West Virginia Extension Service	The preventicare program, a community-based, low-intensity exercise program; previously obtained for senior outreach – reference		Yes	\$25.00 each -- Group item for adult/seniors not available through AzNN	UofA_Campus; UofA_Cochise; UofA_Pima Bone

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Activity & Eating	Dairy Council CA	Lessons help students understand the essential connection between being physically active, making healthful food choices and maintaining long-term good health.		Yes	\$25.00 Kit includes teacher's guide and student workbooks	UofA_Campus
Alexander & The Great Food Fight	Linda J. Hawkins	Which fruit will make the best snack for Alexander? The fruits disagree, but Alexander learns they can all be part of a good diet		Yes	purchase new program \$25	FDIH, WESD, Yuma, Civitan
All 4 Kids *	Univ. Nevada Cooperative Ext.	Healthy , Happy, Active, Fit nutrition education cd		Yes	5	UofA_Campus
All Our Fruits and Vegetables	Roberta Duyff and Patrick McKissack	Colorful photos of fruits and vegetables from garden to store to table.		Yes	Appropriate for SNAP population 2/7=\$14.	UofA_Pima Bone
Alphabet/Nutrition Activity Carpet & Carpet Kits	Food Groupie	Enhance learning and heighten children's awareness of good nutrition with the activity carpet and kit.		No		WESD
An Alphabet Salad	Sarah Schuette	Reading book for Pre K - K to introduce them to a variety of fruits and vegetables.		Yes	Purchase new program \$20	FDIH, Yuma
Anatomy of MyPyramid	LearningZoneExpress	This presentation dissects the USDA's MyPyramid and is a great way to enhance a presentation of concepts, symbolism and dietary recommendations of the pyramid. Clear, concise content slides on CD-ROM, with attractive text and graphics.		Yes	Purchase new program \$50	FDIH, Lake Havasu, CAVIT
Apple Fractions	Jerry Pallotta	A reading book for K to 3rd grade to introduce cutting fruits into sections.		Yes	Purchase new program \$15	FDIH, Yuma
Apples and How they Grow	Laura Driscoll	Children's book explaining the life cycle of an apple tree, incorporated into applesauce making activity.		No		United Way
Applesauce	Shirley Kurtz	Children's book explaining how a family makes applesauce, incorporated into applesauce making activity.		Yes	Purchase new program \$6.95	FDIH, United Way

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Arianna's Nutrition Expedition	National Dairy Council	Students solve nutrition mysteries to learn about healthy eating with Arianna Bones. This is an eight-activity program that supports MyPyramid and supplements your language arts and health curricula, students record their global adventures in Nutrition Journals. Aimed towards 4th graders		Yes	reproduction costs	FDIH, UofA_Campus, UofA_M Youth
Arizona Nutrition Network Materials	Arizona Nutrition Network	Fun Food News, recipes, posters, nutrition education incentive items, event in a box, door hangers, Fruit/Vegetable Fact sheets, Bobby B. Well Membership Club, Inflatables, costumes, exhibits, games, Pre/Post Testing Materials	Spanish	Yes	Cost for copying handouts; Standardized materials developed with formative research to ensure appropriateness of common nutrition messages; additional copies needed	ASU, Civitan, Desert Mission, HaSan, Mohave, Natural Resources, Teen Pregnancy Services, WESD, Yuma, Lake Havasu, Maricopa, FDIH, FTUSD; Bullhead City. CAS, City of Phoenix, City of Tempe, Coconino, St. Elizabeth Health Center, UofA_Campus, UofA_Cochise, UofA_M Adult, UofA_M Youth, UofA_Pinal, UofA_Santa Cruz, TUSD, United Way, UofA_ApacheNavajo, UofA_MBB, Navajo County, SMASE, Mercy Housing, WMAT

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At Home Beginner Dinner Games	Family Fun Time	Encourages children to eat vegetables and drink milk, keeps children focused on family meal, adds enrichment to dinnertime.		Yes	2/15=\$30 Appropriate for SNAP population and meets five star rating for appropriateness for special needs children and adults.	UofA_Pima Bone
At the Desert's Green Edge: An Ethnobotany of the Gila River Pima	Amadeo Rea	Indispensable reference for names and uses of food plants in the O'odham culture	Akimel O'odham	Yes	Cultural and Language Reference, copies only	HaSan
Bag of Germs	Health Edco	Activity sheet, fluorescent germ powder pouch, and UV light		Yes	Purchase new program \$70	FDIH, United Way
Banana	Jonathan Allen	Mischievous monkey yells for banana on each page to encourage eating fruits.		Yes	Appropriate for SNAP population 2/13=\$26.	UofA_Pima Bone
Bananas	Elaine Landau	A reading book for K - 3rd grade about bananas.		No		Yuma
Bananas	Jacqueline Farmer	How and where bananas grow, how they get to your table, banana nutrition, recipes, jokes, silly song titles.		No		TUSD
Basic Exercises	Active for Life/AZ Bone Builders	Basic Exercises for elderly	Spanish	Yes	Allowed to be reproduced. Printed in-house. Copy Costs	St. Elizabeth Health Center
Beauty and the Feast	Learning Seed	DVD of how we eat with our eyes instead of eating by our hunger or fullness.		Yes	Purchase new program \$105	FDIH, Yuma
Best Bones Forever	US Department of Human Services, Office on Women's Health	Nutrition and physical activity for girls aged 9 to 15 to improve bone health	Spanish	No	Appropriate for SNAP Population	UofA_Pima Bone, UofA_Pinal, UofA_MBB
Better Breastfeeding: A Guide for Teen Parents - Video	Enjoy Videos	100% nutrition information specifically for pregnant teens to learn "why to" and "how to" breastfeed their newborn. Encourages to breastfeed through 1st year of life	Spanish	Yes	Currently not available through Nutrition Network. To be purchased.	Teen Pregnancy Services

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Bobby Goes Green	Pauline Anne Boisselle	Recipes & Nutrition Facts for Holiday Food (St. Patrick's). Uses the Attainment color-coded system for food preparation and follows a step by step format for clients with greater cognitive challenges. Focus: More Matters & 1% or less.	Picture Literacy	Yes	Cost of printing and reproduction only.	SMASE
Body Management	Learning Multi Systems	DVD where students discover information about nutrition, its influence on performance and concepts associated with weight loss and gain. Games, videos and presentations included.		No		FDIH, Yuma
Bodyworks *	US Department of Human Services, Office on Women's Health	A Tool Kit for Healthy Teens and Strong Families. ten week series of lessons on bone health and nutrition and physical activity for mothers and daughters	Spanish	No	Appropriate for SNAP Population(parents if pages 53, 97 & 99 are omitted) teen girls and guys	UofA_Pima Bone, UofA_Pinal, UofA_MBB
Bone Builders curriculum and materials	University of Arizona Cooperative Extension	Nutrition and physical activity information for a healthy lifestyle	Spanish	Yes	\$60, handouts & displays from UA Cooperative Extension Incentive item value less than \$4.00 for adults/seniors not available through SNAP-ED	UofA_Campus, UofA_Cochise, UofA_M Youth, UofA_MBB, UofA_Pima Bone
Bone Up on Calcium Magnet	Washington State Dairy Council	Make nutrition education fun with incentive for adults/youth to increase calcium consumption		Yes	150/.25=\$37.50 Educational reinforcement items for adults/youth not available through SNAP	UofA_Pima Bone
Bones for Life	Ruthy Alon	Curriculum for program leaders on osteoporosis prevention exercise, personal ergonomics and quality aging.		Yes	24 DVD-\$300 Materials available on-line Appropriate for SNAP population with added nutrition message.	UofA_Pima Bone
Bounce	Doreen Cronin	Children's book promoting physical activity		Yes	Purchase new program \$15	FDIH, United Way

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Breakfast and Calcium *	Drexel University	One lesson that focuses on eating breakfast with disparaging messages removed and no mention of name brands		Yes	Cost for nutrition education reinforcement items and copying handouts	Mohave
Bridges to Wellness	National Dairy Council	These hands-on lessons based on the Dietary Guidelines Food Groups to Encourage and the 3-A-Day™ of Dairy Nutrient Package blend classroom instruction with cafeteria connections. Developed in cooperation with the School Nutrition Foundation, Bridges to Wellness™ helps you meet school wellness policy nutrition education goals and develop an effective partnership with your school nutrition staff. The lessons: Target grades 5-6 & 7-8 Each provide 30-45 minutes of classroom instruction and 20-30 minutes of application. Include step-by-step instructions, and reproducible handout and transparency masters.		No		FDIH
Buddy Bear Handwashing	Marjorie T. Cooke and the Arizona Nutrition Network and Brevis	Lesson plans, Buddy Bear, book, and Glo lotion with UV light		Yes	Cost for nutrition education reinforcement items and for copying handouts, replacement light for UV light, and replacement Glo Germ lotion, soap; purchase new program \$5; paper, notebooks, ink and supplies associated with each lesson	ASU, Mohave, FDIH, FTUSD, Coconino, Navajo County
Build a Snack Master	Washington State Dairy Council	Reproducible masters will educate parents and students on choosing a variety of healthy snacks		Yes	50/.50=\$25 Educational reinforcement items for adults/youth not available through SNAP	UofA_Pima Bone, FDIH

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Building A Healthy Me	Dairy Council CA	Six lessons to improve food choices, knowledge in food pyramid, naming foods in each group, songs about food groups, improve attitude toward breakfast and new foods.		Yes	\$35.00 Kit includes teacher materials, student workbooks, and parent pieces	UofA_Campus
Building Better Bones	Arizona Department of Health Services	Educator handbook, lesson plans, reproducible handouts for low income 5th and 6th grade students to encourage high calcium, low fat foods along with 60 minutes of physical activity a day for osteoporosis prevention.	Spanish	Yes	Costs limited to copying and printing charges; Cost for nutrition education reinforcement items	Maricopa County, Mohave, WESD, Yuma, Lake Havasu, CAS, Coconino, UofA_Pima Bone, TUSD, Navajo County
Building My Body!	University of Missouri Extension Office	A series of lessons for 3rd graders with newsletter for the parents about healthy food choices and physical activity.		No		Yuma
Cabbage Moon	Tim Chedwick	A rabbit that doesn't like cabbage? That's Albert. He's full of curiosity, always asking questions. One night he discovers that the moon is made of cabbage, and the fun begins.		No		TUSD
Caring for your Baby	Published by Channing Bete Inc	Parenting handbook for teens (nutrition information=25%) includes breastfeeding, how to introduce baby foods, and table food	Spanish	Yes	Currently not available through Nutrition Network. To be purchased.	Teen Pregnancy Services
Carlos and Clarice Moove to Lowfat Milk	Florida WIC	One lesson that focuses on drinking 1% or fat free milk		Yes	Cost for nutrition education reinforcement items and copying handouts	Mohave, UofA_Pima Bone, UofA_Pinal, United Way
Carolos and the Squash Plant	Jan Romero Stevens, Jeane Arnold	Class will learn about the importance of washing their body and hands while they listen to the story of Carlos growing a squash plant in his ear.	Spanish	No		United Way

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CATCH - Coordinated Approach to Childhood Health *	National Heart Lung and Blood Association, Flaghouse	Integrated health curriculum about nutrition and physical activity		Yes	Cost of printing and reproduction and CATCH Nutrition Books and Boxes; \$150.00- \$350.00 per kit - This curriculum teaches concepts including school nutrition and fitness as they relate at school and at home	City of Phoenix, UofA_Campus, UofA_Santa Cruz, UofA_MBB, UofA_Pima Bone
Catch a Rainbow Poster and Tablet	Learning Zone Express	Colorful visual poster and tablet of fruits and vegetables		Yes	Appropriate for SNAP population 10/10=\$100.Appropriate for SNAP population 20/10=\$200.	UofA_Pima Bone
Chef Combo's Fantastic Adventures	National Dairy Council	Fun hands-on nutrition and food tasting activities teach simple nutrition concepts, my pyramid and cleanliness skills; different lessons available for grade groups.		Yes	Reproduction Fees	UofA_M Youth, Desert Mission, FDIH, UofA_Campus, UofA_MBB
Child Birth-See What You Read	Published by Injoy Inc	This guide (nutrition information =20%) covers nutrition and recommended weight gain in the 3rd trimester. Also, first feeding, hunger clues, feeding frequency etc.	Spanish	Yes	Currently not available through Nutrition Network. To be purchased	Teen Pregnancy Services
Choose to Move	American Heart Association	DVD program to help women increase their physical activity level.		No		Yuma
Choosing and Preparing Foods: Basic Nutrition and Food Preparation for Special Education	Jean Bunnell	Identifies ways to teach recipes to disabled individuals		no		Civitan, UofA_Pinal
Classroom Evaluation Response System	H-ITT	Interactive classroom response unit. Provides the ability to quick and easy evaluations for easy data collection		Yes	Display \$3000	UofA_Santa Cruz
Classy Moves	The University of Arizona Cooperative Extension	Grade K-5 integrated mini physical activity and nutrition lessons		Yes	\$50.00 set -- This curriculum teaches concepts such as fitness and good dietary choices	UofA_Campus, UofA_Cochise, UofA_M Youth, UofA_Pima Bone, UofA_Santa Cruz, UofA_MBB

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Clean Gene	GoJo website	Lesson plans for K-5 students to learn about proper hand hygiene and its importance.		No		Yuma
Color Me Healthy	North Carolina State University	12 Lesson plans, posters, teacher's guide, songs, 14 parent newsletters, curriculum targeting preschool aged children	Spanish	Yes	Costs limited to copying and printing charges. Costs for training provided by North Carolina not included; purchase new program \$85	Maricopa County, FDIH, UofA_Campus, UofA_Cochise, UofA_Pima Bone, UofA_Santa Cruz, United Way, UofA_MBB
Color Way Champions Activity and Coloring Books	PBH	Two issues of fruit and veggie themed activity books that teach and reinforce the color champions theme.	Spanish	Yes	\$0.43 each plus shipping/handling	UofA_M Youth
Community Nutrition Action Kit	USDA	This Kit contains youth activities, family/caregiver activities and community activities, with guidelines for implementation, reproducible handouts, resource information and references.		No		Yuma
Como Comer Mejor y ser Mas Activo	Ame A Su Familia Alimento Su Futuro	Information on eating from all the food groups, eating fruit for dessert, how to incorporate exercise into daily routine	Spanish	No		St. Elizabeth Health Center
Competitive Edge Nutrition for Athletes	Learning Zone Express	Power Point CD with presentation for PE classes to understand how nutrition and hydration impacts the body's performance.		Yes	purchase new program \$50	FDIH, Yuma
Cooking Food Safely	St. Elizabeth's Health Center	Information about the right temperatures to cook meat and how to store food safely	Spanish	Yes	Printed in-house. Copy Costs.	St. Elizabeth Health Center
Cooking Up Fun	Mayer Johnson.c0m	Nutrition & Food Preparation Activities for non-readers. *Can be converted to follow the Attainment color-coded system for food preparation. Recipes can easily be converted to be healthy.	Picture Literacy	Yes	purchase new program\$26.10	FDIH, SMASE

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Cooking with Less Fat	National Heart, Lung and Blood Institute	Handout with tips for reducing fat in the diet by reducing the fat used in cooking. *Not to be used as MNT*	Spanish	Yes	Allowed to be reproduced. Printed in-house. Copy Costs	St. Elizabeth Health Center
Crazy Faces	PBH	card game		No		Civitan
Creative Pockets Fruit and Vegetable Program / MyPyramid Program	Produce for Better Health	Lesson plan, aprons and flashcards for PreK - 2nd grade to teach them about fruits, vegetables and MyPyramid.	Spanish	Yes	\$55 per apron; Cost for nutrition education reinforcement items and copying handouts; purchase new program\$35; \$39.95 set -- This curriculum teaches concepts such as fitness and good dietary choices; This curriculum teaches concepts such as MyPyramid and personal hygiene 30/30=\$900. 150 @\$45.00 = \$6,750	Civitan, Desert Mission, Mohave, Yuma. FDIH, City of Phoenix, UofA_Campus, UofA_Cochise, UofA_M Youth, UofA_MBB, UofA_Pima Bone, UofA_Santa Cruz
Dairy Bingo	Midwest Dairy Council	Game to teach concepts about the milk group		Yes	Reproduction Fees	UofA_M Youth
Dance, Turn, Hop, Learn!	Connie Bergstein Dow	Ideas and strategies for successful physical activity education to preschools. Concepts in this text can be integrated with nutritional messages		Yes	purchase new program \$30	FDIH, United Way
Deal Me In Food and Fitness Kit *	Dairy Council CA	Reinforces healthy eating with food choices, preparing snacks and meals, food handling and physical activity.		Yes	\$80.00 Kit includes teacher/leader materials, activity books and parent newsletter	UofA_Campus
Diabetes Education in Tribal Schools	CDC & Indian Health Services	Curriculum includes K-12, multidisciplinary units that are sequenced and interrelated to give a continuum of involvement with diabetes-baded education. Curriculum includes printed materials, DVD/Video, Eagle books, and activities. This curriculum is primary prevention and not medical nutrition therapy.		No		Navajo County

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Diet and Nutrition Activities	Patricia Rizzo Toner - The Center for Applied Research in Education	Lesson plans and activities to teach grades 7-12 about nutrients, food groups, food safety, snacking, advertising, eating on emotions, etc.		Yes	New to SNAPED program	CAVIT, Yuma
Dietary Guidelines for Americans 2005 & 2010	USDA	Dietary guidelines for Americans		Yes	Reproduction Fees	UofA_M Youth
Dinner Games, Original	Family Fun Time	Adds fun to family meal time, keeps children focused on meals, and encourages children and adults to eat vegetables and drink milk.		Yes	2/15=\$30 Appropriate for SNAP population and meets five star rating for appropriateness for special needs children and adults.	UofA_Pima Bone
Discovering Fruits & Veggies	Produce for Better Health	Storybook and teacher's guide for puppets to tell the story about fruits and veggies in a creative way.		No		Civitan, Yuma
Eat More Eat Light	Learning Zone Express	Laminated poster on healthy food choices		Yes	Appropriate for SNAP population 10/30(setOf 3)=\$60.	UofA_Pima Bone
Eat More is Less	Learning Zone Express	Laminated poster on healthy food choices		Yes	Appropriate for SNAP population 5/10=\$50.	UofA_Pima Bone
Eat Right for Life *	University of Florida, Main Writer: Cynthia Depew, MPH-c, Materials are Peer Reviewed	A series of 20 stand-alone, self-contained nutrition lessons. Target audience is limited-resource, adult audiences. It is based on the USDA's MyPyramid and 2005 Dietary Guidelines for Americans.	Spanish	Yes	There will only be copying costs.	UofA_M Adult
Eat Smart Activity Book (not including page 12) *	Positive Promotions	This educational activity book highlights nutritional concepts conducive to child/teen learning.		Yes	\$0.50/book =\$150.00, \$0.79 each plus shipping/handling.	UofA_M Adult, UofA_M Youth, UofA_MBB
Eat Smart, Live Strong	USDA Food and Nutrition Services	Educators Handbook, Lesson Plans, Reproducible Handouts for low income adults aged 60-74 to encourage fruit/vegetable intake and 30 min. physical activity daily	Spanish	Yes	Adequate quantities not available from USDA. Cost limited to copying and printing charges	City of Phoenix, ASU, Civitan, Yuma, Coconino, St. Elizabeth Health Center, UofA_M Adult, UofA_Campus, UofA_Cochise, Mercy Housing, UofA_MBB, SMASE

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Eat Smart, Play Hard	USDA Food and Nutrition Service	Posters, incentive materials, etc..... Featuring Power Panther.	Spanish	Yes	Cost for copying handouts; Insufficient quantities available from USDA. Cost of printing and reproduction shared between state and Local levels.	Civitan, Mohave, Yuma, Lake Havasu, Bullhead City, CAS, City of Phoenix, City of Tempe, Coconino, UofA_Campus, UofA_M Youth, UofA_Pima Bone, Mercy Housing, United Way, UofA_MBB, Navajo County, SMASE, UofA_Cochise
Eat the MyPyramid Way	Dairy Council of Arizona	Information regarding serving sizes of food groups, with tips on nutrient content, physical activity, and suggested recipes		Yes	Not available from USDA so will purchase from the Dairy Council of Arizona	St. Elizabeth Health Center
Eat Well Be Well Family Book Bag Program	Maricopa County Office of Nutrition Services	Books, Fun Food News and recipes. This program is an educational resource that provides students in Pre-K through 3rd grade and their families an opportunity to have fun reading together while learning about healthy eating and importance of physical activity.	Spanish	Yes	Additional books will be purchased to accommodate new schools added in the FY10 LIA application.	Maricopa County
Eat Your Peas Louise	Pegeen Snow	Teaches nutritional value of vegetables.		Yes	Appropriate for SNAP population 2/\$5=\$10	UofA_Pima Bone
Eat, Move, Learn *	New Mexico State Univeristy	Webquest science-based activities that emphasizes concepts related to energy balance, dietary behavior and physical activity with pedometers within the scope of obesity and diabetes prevention.		No		UofA_Campus

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Eat, Think and Be Active! Media Smart Youth	National Institute of Child Health and Human Development, Publication No. 05-5538	Workshop curriculum for ages 11-13 Encourages youth to make thoughtful decisions about nutrition and physical activity		Yes	Reproduction Fees	UofA_M Youth
EatFit	UC Cooperative Extension	Lesson plans, activities, and tools.		Yes	Already developed and reasonably priced nutrition education resources. Costs limited to books, replacement materials, printing and reproduction.	Navajo County
Eating	Veronica Ross	A book for Pre-K to 2nd grade to learn about making healthy food choices.		No		Yuma
Eating Healthy - My Pyramid *	Neat Solutions	mypyramid.gov series of books		No		Civitan
Eating Healthy the American Indian Way: Why All the Talk about Fat?	National Cancer Institute	Health benefits of eating higher fiber and low fats foods.		No		UofA_Pima Bone
Eating More Matters	Pauline Anne Boisselle	Adaptation of 2009 Fun Food News Fruit & Veggie Recipes & Nutrition Facts. Uses the Attainment color-coded system for food preparation and follows a step by step format for clients with greater cognitive challenges. Focus: Fruits; & Veggies.	Picture Literacy	Yes	Cost of printing and reproduction only.	SMASE
Eating Pairs	Sarah Schuette	A reading book about counting fruits and vegetables by 2's.		No		Yuma
Eating the Alphabet	Louis Ehlert and the Arizona Nutrition Network	Reading book for children Pre K - K to introduce them to a variety of fruits and vegetables.		Yes	Cost for nutrition education reinforcement items and copying handouts	Mohave, Civitan, Yuma, UofA_Pima Bone, TUSD
Eating Well As We Age	US Department of Health and Human Services	Geared towards seniors, this handout explains many of the common physical and nutrition-related issues seniors have that can impede consuming the required nutrients and kcals needed to be healthy.		Yes	This material is free. There will only be copying costs.	UofA_M Adult

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Edible Plants: Poster Unit	Carole Palmar, Brenda Begay, Pauline Anne Boisselle	In-depth activities for understanding plants and the nutrition they carry. Provides hands on activities in the green house and garden for students and clients with special needs.	Picture Literacy	Yes	Cost of printing and reproduction only.	SMASE
Educational Reinforcement Items	PBH, Nasco, Nimco, Neat Solutions, NCES, HealthEdco, ADA, Gopher Sports, Flaghouse, SSI Sporttime, S&S worldwide	Educational reinforcement items under \$4.00 such as key chains, lanyards, sacks, scarves, wristbands, bookmarks, magnets, fruit and veggie activity books, mouse pads, flags; various classroom food demonstration items such as plastic food portions, puppets, flash cards, timers, measuring cups/spoons, cutting boards, inflatable displays; physical activity equipment with nutrition messages such as mats, balls, games, whistles, activity signs, bean bags hoops, jump ropes, calendar		Yes	≤ \$4.00 incentive items for adults; materials for classroom use all grades	UofA_Campus, UofA_M Youth, UofA_Pima Bone, UofA_Santa Cruz, UofA_MBB, UofA_Cochise, UofA_M Adult, UofA ApacheNavajo, Civitan, Mohave
Educational Tools	PBH, Nasco, Nimco, Neat solutions, NCES, Health Edco, ADA, Gopher Sports, Flaghouse, SSI Sportime, S&S worldwide, Learning Seed, Oregon Dairy Council, Lakeshore Learning Supplies, Learning Zone Express, Recreations Supplies, CATCH Program, Brevis/Glitterbug	Nutrition games, food models, fat tubes, sugar tubes, salt tubes, body fat replicas, storage carts, portion posters and plates, mats and plates, Food Pyramid Cling Kits, Nutrition Toss Balls, Food, nutrition and PA Posters, Activity Mats, Food Group Pocket Charts, Pyramid colored hula hoops, balls, parachutes, scarves, wall charts, nutrition posters, nutrition and activity dice, produce wheels, CD's, DVD's, power points, children's literature, aprons, cookbooks		Yes	6 instructors x \$3,084, 200 sets for existing and new teachers, \$25 - \$8 for each resource	UofA_Santa Cruz, UofA_ApacheNavajo, UofA_MBB, Mohave, Civitan, FDIH, UofA_M Youth
Empowering Youth *	USDA Food and Nutrition Service	Manual of nutrition and physical activity projects, handouts and discussions for teachers and caregivers of youth 11 to 18		Yes	reproduction fees	UofA_M Youth, UofA_Campus

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ENAFS nutrition for older adults	Univ of Florida	Lesson plans and educational materials designed to provide research-based nutrition, food safety and health education for older adults.	Spanish	Yes	purchasing	Mercy Housing
EPEC K-5 *	Michigan Fitness Foundation	EPEC promotes increased knowledge, skills and behavior changes in nutrition and physical activity . The curriculum reflects the guidelines of the 2005 My Pyramid Guidaelines for Americans.		Yes	\$599.00 for K-5 complete curriculum	UofA_Campus
Escapades	Talicor	Box of 300 games for youth in interactive settings including health, nutrition and physical activity concepts - use only approved nutrition portion.		Yes	\$39.95 plus shipping/handling	UofA_M Youth
Exercise & Physical Activity	National Institute on Aging	Guide on physical activity and nutrition for seniors	Spanish	No		UofA_Pima Bone
Exercise Pyramid	St. Elizabeth's Health Center	Handout with pyramid reflecting types of physical activity and suggested time/frequency of activities	Spanish	Yes	Printed in-house. Copy costs.	St. Elizabeth Health Center
Exercise Your Options	Arizona Dairy Council	Educators Handbook. Lesson Plans		Yes	Reproduction Fees	Bullhead City, UofA_Campus, UofA_M Youth, UofA_MBB, Coconino, Yuma
Exploring our Food Heritage *	University of Illinois	Exploring foods of many cultures		Yes	3.95 per booklet	UofA_M Youth
Facts & Fiction: Food Advertising	Low Fat Express	Distinguishes between a commercial and a public service announcement, an advertisement and an informational article and how to assess advertising rather than passively absorbing their messages.		No		Yuma
Fall Harvest	Pauline Anne Boisselle	Recipes & Nutrition Facts for Harvest Time. Uses the Attainment color-coded system for food preparation and follows a step by step format for clients with greater cognitive challenges. Focus: More Matters	Picture Literacy	Yes	Cost of printing and reproduction only.	SMASE

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Family Bookbag	Michigan State University Extension	The Family Bookbag was created for children and their families to have fun reading together at home while learning about healthy eating and and being physically active		YES	75	UofA_Campus
Family Meals	Ame A Su Familia Alimento Su Futuro	Advice on how to plan ahead and prepare a healthy meal for the family		No		St. Elizabeth Health Center
Fantastic Food Challenge *	Michigan State University	DVD of educational digital games to motivate teens about nutrition, food safety and comparing food prices.		Yes	purchase new program \$9	FDIH, Yuma
Farm to Fork Activity Book	Produce for Better Health	Features Fruit and Veggie Color Champions		Yes	\$1.00 per booklet plus shipping/handling.	UofA_M Youth
Fat Demo Kit	NCES	Shows fat content of various foods		Yes	purchase new program \$70, \$26.95 to \$31.95 plus shipping/handling	FDIH, UofA_M Youth
Favorite Foods - Colors and Shapes	Publishers Group	Book emphasizing proper food choices		No		Civitan
Fiber in Fruits	St. Elizabeth's Health Center	Handout on fiber content of fruits	Spanish	Yes	Printed in-house. Copy costs.	St. Elizabeth Health Center
Fight BAC	Partnership for Food Safety Education	Educational Materials, Kits, fact sheets	Spanish	Yes	If insufficient quantities are available from the Partnership for Food Safety Education, the cost of printing and/or copying, etc., will be charged to the federal share.	CAS, Bullhead City, City of Phoenix, Coconino, Navajo County
Fit Bits	www.michiganfitness.org/fitbits/Michigan Governors's Council on Physical Fitness Health and Sports	Grade Pre-4 with 10-15 minute activities designed for use by teachers to get students up and moving		Yes	\$50.00 per grade Reinforces personal skill, nutrition messages and physical activity in each activity	UofA_Cochise, UofA_Campus, UofA_M Youth, UofA_MBB
Fit Facts Fun Ways, Volume I, II, III	Fun Facts Fun Ways	Fitness and Nutrition Concepts CD		yes	Used as a nutrition education tool to add music to activities to re-inforce nutritional messages	TUSD
Fitdeck jr. *	www.fitdeck.com	Fitness and healthy activity cards and games to develop and maintain a healthy weight		Yes	\$9.99 each -- This curriculum teaches concepts such as healthy weight and fitness	UofA_Campus, UofA_Cochise, UofA_Santa Cruz, UofA_MBB

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Fitness for Life *	Human Kinetics	Fitness for Life: Elementary School is a coordinated program that promotes wellness, physical activity, sound nutrition, and healthy lifestyles throughout your entire school. It facilitates total involvement by using physical education lessons, classroom activities and discussions, recess, before- and afterschool activities, cafeteria events, family nights, and more. The program also incorporates nutrition guidelines associated with MyPyramid and introduces the new Physical Activity Pyramid for Kids.		YES	\$49.99 Grade level curriculum, \$299.99 School Wide Lesson Plans, Complete lesson plans for the school\$ 499.99	UofA_Campus, UofA_MBB
Fitness for Life for High School	Human Kinetics	A program designed to help high school students take responsibility for their own activity, fitness, nutrition, and health and to prepare them to be physically active and eat healthy throughout their adult lives		Yes	\$29.00-\$249.00 -- This curriculum teaches concepts such as dietary guidelines and fitness	UofA_Campus, UofA_Cochise, UofA_Santa Cruz
Fitness for Life Middle School	Human Kinetics	A comprehensive program designed specifically to help middle school students to become active, fit, healthy, and follow dietary guidelines; trainings include physical education, health, and home room teachers in low income middle schools		Yes	\$25.00 each -- This curriculum teaches concepts such as dietary guidelines and fitness	UofA_Campus, UofA_Cochise, UofA_Santa Cruz
Fitness is Fun Activity Book	Positive Promotions	This educational activity book highlights the fun being fit and becoming fit can be by using the ABC's of fitness.		Yes	\$0.50/book = \$150.00	UofA_M Adult
Flash Cards	PBH Catalog	115 color-coded flash cards of common and exotic fruits and vegetables, with large, full-color photos and clues to help players guess the fruit or vegetable.		Yes	\$19.99 per set X 10 = \$199.90	UofA_M Adult

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Food	Cookie Monster	Teaches importance of variety of foods.		Yes	Appropriate for SNAP population 2/7=\$14.	UofA_Pima Bone
Food and Nutrition Inquiry Activities	J & B Products	Book of transparencies and worksheets for lesson plans		Yes	3/20=\$60 Appropriate for SNAP population.	UofA_Pima Bone
Food and Nutrition Made Easy	Judy Johnson	games and reproducibles promoting MyPyramid		no		Civitan
Food and Nutrition Trivia Ball		game		Yes	purchase new program \$12.95	Civitan, FDIH
Food Choices Card Game	enasco	game		no		Civitan
Food Culture and Reading *	Univ. of Vermont Extension and USDA	Worksheets promoting knowledge of food groups and cultural foods		Yes	Reproduction Fees	UofA_M Youth, FDIH
Food Facts; Make Your Calories Count	FDA	Fact and activity sheets for youth about label reading and portion sizes	Spanish	Yes	Reproduction Fees	UofA_M Youth, FDIH
Food for Fitness *	Low Fat Express	Lesson plans, worksheets and activity ideas for healthy eating. Reading food labels, why we eat, importance of breakfast, etc.		Yes	Costs limited to copying costs.	Yuma
Food for Thought *	Saxton Freymann	Whimsical creatures made from fruits and vegetables help teach different types of fruits and vegetables.		No		United Way, Civitan
Food Fun Nutrition Cards	PBH Catalog	Card game that teaching the basics of nutrition and exercise The 52 playing cards are filled with helpful and interesting nutrition information.		Yes	\$9.99 per set X 30 = \$299.70; Use of games and books to teach the importance of nutrition and exercise - purchasing additional copies	Civitan, UofA_M Adult
Food Group Tabletop Pocket Chart	Neat Solutions - Learning Resources	This food group tabletop pocket chart features MyPyramid.gov and is perfect for a hands-on nutrition learning center or small-group lessons		Yes	5/33=\$165 Appropriate for SNAP Population, 32.99 plus shipping/handling	UofA_M Youth, UofA_Pima Bone, FDIH
Food Guide Slide Calculator	The Positive Line	Slide Calculator shows New Food Pyramid with calorie and serving finder for men/women. children; this is a very popular tool for adults and provides lots of information. Tool was used with Walk Across Arizona and Small Steps to Health and Wealth as a popular incentive		Yes	200 @\$.75 each = \$150.00 -- Incentive item for adults/seniors, not available through AzNN	UofA_Campus, UofA_Cochise, UofA_M, UofA_Pima Bone, UofA_Santa Cruz, UofA_MBB

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Food Learning Cards	Neat Solutions	flash cards		Yes	instructional materials for the classroom	Civitan
Food of the Americas	Fernando and Marlene Divina	Cookbook accompanied by stories about plants, animals, and ceremonies		Yes	Culturally relevant cookbook, copies only	HaSan
Food of the Southwest Indian Nations	Lois Ellen Frank	Regional cookbook that uses the traditional ingredients of the areas: chile, squash, acorns, prickly pear, etc.		Yes	Culturally relevant cookbook, copies only	HaSan
Food Picture Bingo	Neat Solutions - Learning Resources	The game is based on the MyPyramid.gov food pyramid and includes 4 Bingo Cards, 36 Markers, a Food Group Spinner, and Game Instructions.		Yes	10/8=\$80 Appropriate for SNAP population	UofA_Pima Bone
Food Plants of the Sonoran Desert	Wendy Hodgson	Rare combination of botanical, ethnobotanical, and nutritional information on desert plants used by all Southwester tribes		No		HaSan
Food Pyramid Activity Mat	Learning Resource	MyPryamid Mat that allows kids to explore the different food groups. Used for MyPyramid Food Sorting Lesson.		Yes	Material is appropriate for School-age children (\$36.95) Appropriate for SNAP Population	United Way, UofA_Pima Bone
Food Pyramid Pocket Chart with Cards	Neat Solutions - Learning Resources	42 copy-ready nutrition activity worksheets covering serving sizes based on MyPyramid.gov,		Yes	5/25=\$125 Appropriate for SNAP population	UofA_Pima Bone
Food Risks	CFSAN	Lessons for youth about understanding food labels and food safety		Yes	Reproduction Fees	UofA_M Youth
Food Safety	Joan Kalbacken	Book teaching food safety		No		Civitan
Food Safety Curriculum: Serve It UP	Western Illinois University	Lesson plan for grades 9-12 to recognize the signs and symptoms of food borne illness and preventative actions that can be taken.		Yes	Costs limited to copying costs.	Yuma
Food Safety Education Month	USDA Food Safety and Inspection Service	Lessons and activity sheets emphasizing food safety.		Yes	Reproduction Fees	UofA_M Youth
Food Safety songs	http://www.foodtunes.com/ -	songs and DVD on food safety concepts - not USDA song		Yes	\$9.99 per CD, DVDs free, plus shipping	UofA_MBB
Food Safety Tablet	Learning Zone Express	Double-sided worksheet on safe food handling		Yes	Appropriate for SNAP population 10/6=\$60.	UofA_Pima Bone

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Food Science Curriculum	Illinois Board of Education - Integrating Education in Science and Technology	Curriculum that focuses on different aspects of food science. The 12 units use many experiments and projects to teach students about the various aspects of food science.		Yes	Reproduction Fees	UofA_M Youth, UofA_Campus, UofA_MBB
Food Trends	Learning Zone Express	Power Point CD with presentations of food trends with portions, restaurant foods, organic foods, food safety, etc.		No		Yuma
Food Value Club	St. Mary's Food Bank	This pamphlet explains where distribution locations are throughout the valley and what the Food Value Club is.		Yes	This material is free. There will only be copying costs.	UofA_M Adult
Food, Fun and Reading *	4-H CCS	Experiential activities to teach youth in grades four to six about nutrition and healthy lifestyles.		Yes	Appropriate for SNAP population \$5/25=\$125. \$20 curriculum supports reading stories with a nutrition message then nutrition activities. Need 5. \$35/ curriculum: \$100 for set of 7 children's books to go with curriculum. Research-based curriculum uses children's books to convey nutrition messages.	UofA_Pima Bone, UofA_ApacheNavajo, UofA_Campus, UofA_MBB
Foundation for a Healthier You	NCES	Expandable MyPyramid with information on each of the food groups, colors of fruits and vegetables, exercise and suggested calorie intake and serving sizes	Spanish	Yes	Clear and concise information. Not available from USDA so will purchase from NCES.	St. Elizabeth Health Center
From Head to Toe	Eric Carle	Children's book promoting movement/physical activity.		No		United Way
From the Garden	Michael Dahl	A counting book about fruits and vegetables.		No		Yuma
From Wheat to Pasta	Robert Egan	How wheat is harvested and made into pasta at each step. Shows kids enjoying pasta!		No		TUSD

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Fruit & Vegetable of the Month	US Center for Disease Control	Fruit and Vegetable educational materials and knowledge-based information for Head Start students		No		FDIH
Fruit and Vegetable Bingo	Produce for Better Health	nutrition, prep information		No		UofA_MBB
Fruit and Vegetable Name Game	Learning Zone Express	Q&A game about fruits and vegetables		Yes	Reproduction Fees	UofA_M Youth
Fruit and Veggie Bulletin Board Set	PBH	bulletin board set		Yes	instructional materials for the classroom	Civitan
Fruit and Veggie Games	PBH, Health Edco, enasco	Memory game, matching game, nutrition game, fruit and veggie recognition flash cards		Yes	7.99-19.99 per set plus shipping/handling	UofA_M Youth, Civitan
Fruit and Veggie Scentable Learning Cards	PBH	game		Yes	Use of games and books to teach the importance of nutrition and exercise	Civitan
Fruit and Veggie Seedie Characters	Neat Solutions	Stuffed toys to use during books, music, and game times		Yes	purchase new program \$65	Civitan, FDIH
Fruit and Veggie Tracker Cards	PBH	Activity Book		Yes	Use of games and books to teach the importance of nutrition and exercise	Civitan
Fruits and Veggies More Matters Curriculum	Arizona Nutrition Network	Lesson plans, posters, food models, fruit/vegetable pictures, pre- and post-tests and incentives	Spanish	Yes	Cost for nutrition education reinforcement items and copying handouts	City of Phoenix, Coconino, Mohave, WESD, Yuma, Lake Havasu, Maricopa, FDIH, FTUSD, UofA_Pinal, CAS, Mercy Housing, Navajo County, TUSD
Fuel Up to Play 60 Wellness Kit	National Fairy Council & Dairy Council of Arizona	Empowering students to make smart choices about their nutrition and physical activity.		No		UofA_Campus
Fueled For Flight	National Cattlemen's Beef Association	Lesson plans, reproducible handouts for 4-6th grade students. Low income students will learn how NASA Astronauts use MyPyramid to prepare for flight.		Yes	Costs limited to copying and printing charges.	Maricopa County

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Game On! The Ultimate Wellness Challenge	Action for Healthy Kids with the U.S. Dept of Agriculture and the U.S. Dept of Health and Human Services	A year-long program that challenges middle school youth, their families and schools to incorporate healthy food choices and physical activity into their daily lives. A series of theme-based challenges spaced throughout the school year promotes, engages and recognize students for their efforts to make better food choices and move more.		Yes	Cost for copying handouts and nutrition education reinforcement items	Mohave, FDIH, UofA_Campus, UofA_M Youth, UofA_MBB
Games: 1 – MyPramid Bingo 2 - MyPramid Pursuit 3 - MyPramid Pursuit Jr. 2 – Portion Size Bingo	LearningZoneExpress	Playing BINGO and Pursuit are great ways for students to learn and review the new MyPramid Food Guide.		Yes	\$114.80 (3@\$24.95 =1 @ \$39.95) A fun way to help students make better food choices.	Lake Havasu
Germ City	Karen A. Kerr High Impact Exhibits - www.high-impact-exhibits.com	Interactive demo. for use at fairs, festivals, schools, food service operations, & healthcare facilities with positive measureable behavioral impacts related to handwashing practices. Shirts for trained volunteers to promote proper handwashing	Spanish	Yes	Tent \$4000, Stickers \$0.09 ea., Demo lotion \$14 ea., Disclosure Center & bag \$610 and shipping/handling. Appropriate for SNAP population 5/12=\$60	UofA_M Youth, UofA_MBB, UofA_Pinal, UofA_Pima Bone
Germs are not for Sharing	Elizabeth Verdick	Children's book teaching children about what germs are; and when, why, and how to wash one's hands.		No		United Way
Germs Make Me Sick	Melvin Berger	Reading book for children age 5-9 about the importance of handwashing.		No		Yuma
Germs on Their Fingers	Wendy Wakefield Ferrin	A book for Pre-K to 1st graders to learn about hand washing.		No		Yuma
Germs, Germs, Germs!	Bobbi Katz	Book for Grades 1 & 2 about the importance of handwashing.		No		Yuma
Get Health Get Moving Exercise Band	Washington State Dairy Council	Exercise stretch band with instructions with information on eating a variety of foods		Yes	5/2=\$10 Educational reinforcement items for adults/youth not available through SNAP	UofA_Pima Bone

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Get In Shape, Jonas	Wolfgang. D. Hoelscher	A Wimzie's House Story Book. Jonas discovers he can't lift a bucket of dirt. Wimzie and friends convince Jonas it's time to get in shape and exercise, but Jonas realizes it's hard to get in shape! But Wimzie help him understand it's fun to be fit.		No		TUSD
Get More Guide (small size)	PBH	Accordion fold handout for consumers with tips,nutrition information and ideas on how to get more fruit and vegetables daily.		Yes	\$7.50 per pack of 50 plus shipping/handling	UofA_M Youth
Get Moving	Maricopa County Office of Nutrition Services	Lesson plans and reproducible handouts for low income 4th grade that emphasizes good nutrition in conjunciton 60 minutes of physical activity a day		Yes	Costs limited to copying and printing charges	Maricopa County
Getting Enough Whole Grain	Whole Grains Council	Fact and activity sheets for youth emphasizing and explaining whole grain concepts		Yes	Reproduction Fees	UofA_M Youth
Getting into a Food Mood	Workforce Preparation National 4-H Council	Guide to facilitate communicating food issues with youth		Yes	Reproduction Fees	UofA_M Youth
Glitterbug Hand Washing Programs	Brevis	Lessons, books, Glitterbug machine, UV light, and disclosing lotion	Spanish	Yes	Disclosing lotion, replacement bulbs, and soap will be purchased to administer; Appropriate for SNAP population 5/14=\$70classes.	UofA_Pima Bone, WESD
Glo Germ Handwashing	Brevis Glo Germ	Lessons, Reproducible Handouts, UV light and Glo Lotion		Yes	Cost for nutrition education reinforcement items, copying handouts, replacement light for UV light, and replacement lotion; An effective way to learn about proper hand and food safety: \$150/kit	Civitan, Mohave, WESD, Yuma, Lake Havasu, Maricopa, FTUSD, CAVIT, City of Phoenix, Navajo County
Go Eat	enasco	card game		No		Civitan

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Go For Whole Grain	NIMCO	Poster that teaches the benefits of whole grain in the diet. Includes 7 copier-ready handouts and leader activity guide		Yes	\$26.95 each plus shipping/handling	UofA_M Youth
Go Low Recipes	Pauline Anne Boisselle	Recipes & Nutrition Facts for Healthy Smoothies. Uses the Attainment color-coded system for food preparation and follows a step by step format for clients with greater cognitive challenges. Focus: 1% or less.	Picture Literacy	Yes	Cost of printing and reproduction only.	SMASE
Go with the Whole Grain	General Mills, Bell Institute	Students learn the importance of eating whole grains-lesson plans, slides, activities, handouts		Yes	Cost for copying materials and nutrition education reinforcement items	Mohave, UofA_M Youth, Coconino, UofA_Campus, UofA_MBB UofA_ApacheNavajo, Navajo County
Good Eating Builds Better Babies	Dairy Council of Arizona	Flyers/ Posters regarding recommended servings from each of the five food groups and healthy snacks for pregnant women		No		Teen Pregnancy Services, Coconino
Good Enough to Eat	Lizzy Rockwell	Reading book for K - 2nd grade to explain why we need to eat healthy foods.		No		Yuma
Good Morning, Little Fox	Janovitz, Marilyn	A book for k-4 grade students to learn the importance of whole grains.		Yes	Compliments Start Smart lesson plan for whole grains.	Yuma
Good Nutrition Rulers	Washington State Dairy Council	These 12-inch rulers are a great educational tool to complement and nutrition. Health, and math or science lesson; emphasize with children that correlates with AIMS testing and the School setting		Yes	200 rulers @ \$.25 = \$50.00 -- Incentive Item for adults/seniors not available through AzNN	UofA_Campus, UofA_Cochise, UofA_M, UofA_Pima Bone, UofA_Santa Cruz, UofA_MBB
Got Calcium?	St. Elizabeth's Health Center	Information on what calcium is, how the body stores it, how much is needed, where to obtain it and tips for lactose intolerant persons.	Spanish	Yes	Printed in-house. Copy costs.	St. Elizabeth Health Center

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Great Body Shop	Children's Health Market	Extensive hands-on curriculum/activity that teaches about the human body and all of its system, including nutrition and digestion.		Yes	38% cost prorated.	Coconino
Great Grains	Catherine Macpherson, MS, RD	Whole grain lessons for grades 6-12		yes	Whole grain materials designed for middle and high school which can be challenging to find for this age group	TUSD
Green Food Fun	Lisa Bullard	A reading book for Pre K to K to learn about healthy food choices that are green in color.		No		Yuma
Gregory the Terrible Eater	Sharmat, Mitchell	A book for K-4 grade students to learn the importance of eating fruits and vegetables.		Yes	Compliments lesson plan for breakfast, lunch and dinner by feeding Gregory the goat.	Yuma
Grow it - Try it- Like It	USDA/FNS/TN	Kit for Pre-K - food & gardening concepts, lesson plans, video, activities			Available early 2010	UofA_Campus
Grow, Eat, Thrive - Growing Gardens for Health *	USDA	Grow, Eat, Thrive - Growing Gardens for Health is an innovative, hands-on, and easy to implement curriculum unit that combines nutrition and gardening to teach children how to eat healthy and be active each day and why these behaviors are so important Grades K-5		Yes	\$25.00 Curriculum, \$5.00 S&H	UofA_Campus
Grow, Eat, Thrive CD *	Klein Buendel	Material to promote gardening and healthy eating. USDA approved curriculum		Yes	Appropriate for SNAP Population 20/\$30=\$600	UofA_Pima Bone
Growing Colors	Bruce McMillan	A reading book for Pre-K to K to introduce the various colors to eat in fruits and vegetables.		No		Yuma
Growing Healthy *	National Center for Health Education	A comprehensive school health education curriculum which incorporates nutrition as one of the ten components of health as established by the Center for Disease Control.		Yes	10% cost prorated.	Coconino

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Growing Vegetable Soup	Lois Ehler	Reading book for children Pre K - K to introduce them to a variety of vegetables they can eat at home.		No		Yuma
Guide to Good Eating	National Dairy Council	Information regarding suggested serving sizes for the food groups, and how much of a certain type of food constitutes a serving.	Spanish	Yes	Not reproducible. Not available from USDA so will purchase from the National Dairy Council.	St. Elizabeth Health Center
Handbook of Indian Foods and Fibers of Arid America	Walter Ebeling	Exhaustive work on First Nation ethnobotany for Southwest including Mexico, which was a major influence on the agriculture of this region.		No		HaSan
Harvest Cookbook	SMASE Staff	Adaptation of 2008 of Monthly Harvest Recipes to follow a format for clients with mild cognitive challenges. Use of 1-2 page pictorial recipes. Focus: Local Fruits & Veggies.	Picture Literacy	Yes	In-Kind Costs for development and printing	SMASE
Harvest of the Month Tool Kit	California Department of Health Services also available through Arizona Nutrition Network	Fruit and vegetable teaching resources.	Spanish	Yes	Already developed and reasonably priced nutrition education resources. Costs limited to materials, printing and reproduction.	Navajo County, FDIH

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Health Trough Literacy *	Michigan Fitness Foundation	<p>The book sets that make up Health Through Literacy include five to six books, age-appropriate for each grade K-5, with nutrition or physical activity themes. Each book also comes with a tip sheet to enhance the health messages within the books.</p> <p>These tip sheets help teachers to discuss the books with their classes, incorporate physical activity into the reading of the book, provide a food tasting opportunity for students, and integrate health messages with other areas of the curriculum. healthy decision-making regarding food and physical activity.</p> <p>This program supports the Centers for Disease Control's (CDC) Coordinated School Health (CSH) model and consists of eight classroom units. The units can be conducted either by classroom teachers or by other educators.</p>		Yes	\$150.00 per grade level	UofA_Campus
HealthTeacher *	http://www.healthteacher.com/	Grades K-12 -- Health curriculum delineates knowledge and skill expectations that are consistent with the Assessment Framework and National Health Education Standards for each grade level.		Yes	\$150 individual subscription or \$300 school subscription -- this curriculum teaches concepts such as nutrition, health, and fitness	UofA_Campus
Healthy Body Awareness, 2007	University of New Mexico	Nutrition and Physical Activity curriculum for adults developed by the University of New Mexico.	Navajo	No		Coconino
Healthy Choices	Learning Zone Express	Laminated poster on healthy food choices		Yes	Appropriate for SNAP population 5/15=\$45.	UofA_Pima Bone
Healthy Choices, Healthy Me	Dairy Council CA	This ten lesson unit focuses on food choice behaviors while reinforcing language arts and math		Yes	\$35.00 Kit includes teacher's materials and student workbooks	UofA_Campus

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Healthy Classrooms, Healthy Schools *	Michigan Fitness Foundation	This program is was to help K-2 and 3-5 teachers and students make healthy changes in their classroom and to promote healthy decision-making regarding food and physical activity. This program supports the Centers for Disease Control's (CDC) Coordinated School Health (CSH) model and consists of eight classroom units. The units can be conducted either by classroom teachers or by other educators.		Yes	\$160.00 per grade level	UofA_Campus
Healthy Eating and Exercise Activity Book	Judy Johnson	games and reproducibles promoting MyPyramid		no		Civitan
Healthy Food Puppet Sets	Neat Solutions	game		No		Civitan
Healthy Foods from Healthy Soils	Elizabeth Patten	Ideas for nutrition education using gardens		No		United Way
Healthy Hands, Healthy Kids	Healthy Hands	Lessons for PreK - 2 emphasizing handwashing and healthy schools/healthy people		Yes	Reproduction Fees	UofA_M Youth
Healthy Heart	Coconino County	2 Lesson plans that educate 6th graders to the difference of fats and oils and the impact of physical activity for a healthy heart.		Yes	Incentive items, copies of handouts	Yuma
Healthy Holiday Treats	Pauline Anne Boisselle	Recipes & Nutrition Facts for holiday foods. Uses the attainment color-coded system for food preparation and follows a step by step format for clients with greater cognitive challenges. Focs: Fruits and Vegetables & 1% or less.	Picture Literacy	Yes	Cost of printing and reproduction only	UofA_Pinal, SMASE
Healthy Hurdles - Nutrition Games	Learning Resources	This games helps students create a balanced meal or collect a food item from each food group to win. Game require players to burn off foods they don't need through exercise.		Yes	\$23.99 per game x 8 = \$191.92 / 5/22=\$110 Appropriate for SNAP population; 19.99 plus shipping and handling	UofA_M Adult, UofA_Pima Bone, UofA_M Youth

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Healthy Lunchbox *	Marie McClendon and Crity Shauk	Lunch preparation guide for ease and thrift		Yes	Appropriate for SNAP population 5/13=\$65.	UofA_Pima Bone
Healthy Meals in A Hurry	Iowa State University University Extension	USDA recipes and menu ideas	Spanish	Yes	Effective strategies for cost-saving and nutritious meals - 500 books/ \$2.50 = \$1,250	UofA_Pima Bone
Healthy Steps for Teen Pregnancy - Video Series	Injoy Videos	30% nutrition information specifically for pregnant teens to encourage healthy nutritional habits to maintain a healthy pregnancy.	Spanish	Yes	Currently not available through Nutrition Network. To be purchased.	Teen Pregnancy Services
Healthy Ways for a Healthy Weight	Maricopa County Office of Nutrition Services	Lessons plans and reproducible handouts for low income 7th grade students. Students will recognize and comprehend MyPyramid as a tool for healthy eating and discuss different body shapes and sizes.		Yes	Costs limited to copying and printing charges	Maricopa County
Hearts N' Parks	National Heart Lung and Blood Association, Flaghouse	Performance indicators pre and post questionnaires, reproducibles		Yes	Cost of printing and reproduction only	City of Phoenix
Home Cooking	Attainment Company	Meal preparation and nutrition program for clients with special needs. Includes color-coded system for cooking. Content is presented in Universal Design Format allowing access for clients who cannot read.	Picture Literacy	Yes	Additional copies as needed will be purchased from Attainment Company.	SMASE
Household Commodity Fact Sheets	USDA	Nutrition facts and recipes for 100 common foods (including grains, fruits, meat, beans, vegetables and dairy)		No		Desert Mission
How Groundhog's Garden Grows	Lynne Cherry	Class learns the process of planting a garden to provide for himself and share with his friends.		No		United Way
How to Safely Cook Meat	St. Elizabeth's Health Center	3-fold brochure with safety information regarding handling and cooking meats, fowl, and fish.	Spanish	Yes	Printed in-house. Copy costs.	St. Elizabeth Health Center
How to Understand and Use the Nutrition Facts Label	FDA, USDA	Handouts to teach Jr and Sr High students and adults about the Food Facts label; Flyers/Posters, presentations		Yes	Costs limited to copying costs.	Yuma, Lake Havasu, City of Phoenix

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
I am Water	Jean Marzolla	Preschool book incorporated into hydration lesson.	Spanish	No		United Way
I Can Eat a Rainbow	Annabel Karmel	Book emphasizing proper food choices		No		Civitan
I Eat Fruit	Hannah Tofts	A reading book for Pre-K to K to introduce them to various fruits.		No		Yuma, TUSD
I Eat Vegetables	Hannah Tofts	A reading book for Pre-K to K to introduce them to various vegetables.		No		Yuma, TUSD
I Know an Old Lady Who Swallowed a Pie	Alison Jackson	Reading book for children Pre K - K to introduce the concept of portions.		No		Yuma
I Will Never Not Ever Eat A Tomato	Lauren Child	Lola is a fussy eater and does not like peas, carrots, tomatoes, or potatoes. But with the help of her brother Charlie, she learns to see food in a whole new way.		No		WESD, Yuma, United Way
Illness and Prevention *	TX Dept. of State Health Services	Lessons about personal health for Kindergarten		Yes	Reproduction Fees	UofA_M Youth
Incredible Edible Science	Learning Zone Express	Cookbook for students		Yes	Appropriate for SNAP population 10/15=\$150/ purchase new program \$40	UofA_Pima Bone, FDIH
Inflatable Pyramid	Health Edco	Based on USDA Dietary guidelines - 4 sided pyramid		Yes	3/25=\$75 Appropriate for SNAP Population	UofA_Pima Bone
Inside My Pyramid	USDA	Nutrition facts on each food group		No		Desert Mission
Interactive Inflatable	Arizona Nutrition Network	Interactive tool displaying the Network's key messages with a Velcro throw board and a bean bag toss.		No		WESD
Iowa State University EFNEP and SNAP Ed. Curriculum	Iowa State University	Nutrition Education for Low income participants in the EFNEP and SNAP Ed programs.		No		UofA_Cochise
Is It Done Yet?	USDA Food Safety & Inspection Service	CD of posters and artwork for handouts		Yes	Costs limited to copying costs.	Yuma
It's a Fruit, It's a Vegetable, It's a Pumpkin! By Allan Fowler	Helene J. Jordan	Each title in the Rookie Read About Science series of books has easy to read, interesting facts about each food.		No		TUSD
JAM (Just a Minute) School Program *	Health-E-Tips	Designed to teach about healthier lifestyle habits.		No		UofA_Campus

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Jump Into Foods and Fitness	Michigan State University	Grade 3-5 fun nutrition with physical fitness and food safety activities integral to the curriculum		Yes	\$17.50 set -- This curriculum teaches concepts such as MyPyramid, fitness, and food safety	UofA_Campus, UofA_Cochise, UofA_M Youth, UofA_Pima Bone, United Way, UofA_ApacheNavajo, UofA_MBB
Jump Start Teens *	California Project Lean	Downloadable lessons that encourages teens to eat healthy and keep moving.	Spanish	No		United Way
Junior Master Gardener *	Texas A & M University	This curriculum contains materials regarding growing healthy foods in the backyard and taking healthy food from seed to consumption.		Yes	\$38 per JMG teacher/ leader guide; \$30 per Health and Nutrition from the Garden teacher/ leader guide (\$68 total per teacher); new materials for this program year; note that we will use the NEW program materials that have been approved for use by AZNN	UofA_Pinal
Keeping Foods Safe	St. Elizabeth's Health Center	Information about how to safely defrost food and avoid contamination	Spanish	Yes	Printed in-house. Copy Costs.	St. Elizabeth Health Center
Key Nutrients	The University of Arizona Maricopa County Cooperative Extension	This handout gives participants 13 key nutrients that are needed daily, the functions of these key nutrients, and good dietary sources of where to find them.	Spanish	Yes	This material is free. There will only be copying costs.	UofA_M Adult
Kid Chef and the Clean Kitchen Crew	Kansas State University	Interactive DVD for interactive food safety education programs for children with videos, quizzes and activities to teach proper food handline.		No		Yuma

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Kid Power - Multicultural Meals *	NIMCO	Kid friendly appealing recipes for encouraging eating right, cooking and learning about food in the process, gives children a basic understanding of nutrition. Book to be used as a reference for enhancing SNAP-Ed staff and partner multicultural awareness. No recipes or lessons to be used without prior AzNN approval.		Yes	\$23.92 per copy plus shipping/handling	UofA_M Youth
Kidnetic	International Food Information Council	Worksheet with age appropriate nutrition and physical activity info as well as link for parents and homework they can do with kids		Yes	Reproduction Fees	UofA_M Youth, UofA_Campus, UofA_MBB
Kids Healthy in the Classroom	The Nemours Foundation/Kids Health	PreK-12 lessons focusing on food safety, healthy eating choices. Includes articles, lessons, handouts and questions - use only the approved nutrition and physical activity portions.		Yes	Reproduction Fees	UofA_M Youth, UofA_Campus, UofA_ApacheNavajo
Kinder Krunchies	Karen S. Jenkins	Snack and Nutrition Activities for non-readers. *Can be converted to follow the Attainment color-coded system for food preparation.	Picture Literacy	Yes	Additional copies as needed will be purchased from Discover Toys.	SMASE
Kindergarten Grow a Healthy Child Fun, Fitness, and Nutrition Field Day	Univeristy of Arizona	Introductory physical activity and nutrition field day to introduce healthy eating and physical activity.		Yes	Duplication Cost -- No curriculum available that can integrate these at Kindergarten level	UofA_Campus, UofA_Cochise, UofA_MBB
Kindergarten Science Kit	Foss/Flagstaff Unified School District	Introduce health, nutrition and physical activity to young children.		Yes	Cost for updating materials to My Pyramid, duplicating.	Coconino
Kiss the Cow	Phyllis Root	A reading book about the importance of milk and cheese.		No		Yuma
La Cocina Saludable	Oregon State University Extension Service	Information regarding how to cook in a healthier fashion with less fats and oils	Spanish	Yes	Shipping costs only.	St. Elizabeth Health Center

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Learn to be Healthy *	http://www.learntobehealthy.org/	Interactive student health science activities and teacher lesson plans that include: Teacher-led Activities, Student Games and Webquests. LearntobeHealthy's web-based kits meet National and State Education Standards and make health education fun.		Yes	No Cost-- May need to print some items, but most are web-based	UofA_ApacheNavajo, UofA_Campus
Lemons Are Not Red	Laura Vaccaro	Teaches children to identify colors of fruits and vegetables.		Yes	Appropriate for SNAP population 2/7=\$14.	UofA_Pima Bone
Let's Make a Deal *	Learning Zone Express	DVD - a game show about fruits and vegetables for Jr. High students.		No		Yuma
Lettuce Introduce You: Poems about Food	Laura Purdie Salas	Book emphasizing proper food choices		No		Civitan
Life Form Food Kit	enasco	food models		Yes	purchase new program \$235	FDIH, Civitan
Life in the Fast Food Lane	Adapted from Maricopa County Office of Nutrition Services	Lesson plans and reproducible handouts. Low income 8th grade students will learn how to make healthier choices while eating out.		Yes	Costs limited to copying and printing charges	WESD, Maricopa
Light & Tasty Cooking Labs	Jan Bunell	Nutrition Lab Activities geared towards the teenager with special needs. Activities use low literacy reading levels and provide incremental small steps. *Can be converted to use picture literacy methods if needed and to follow the Attainment color-coded system for food preparation.		Yes	purchase new program \$30	FDIH, SMASE
Limbo Mania Game	Hilco Corporation	Musical Limbo game to encourage children in warm up routines. Game is integrated into Animal Movements lesson.		No		United Way
Little D's Nutrition Explorations	National Dairy Council	Fun hands-on nutrition and food tasting activities teach simple nutrition concepts, my pyramid and cleanliness skills; different lessons available for grade groups.		Yes	Reproduction Fees	UofA_M Youth, UofA_Campus, UofA_Pinal

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Live Well Eat Nutrient Rich Foods Toolkit *	Cattleman's Beef Board	The science based toolkit was designed to help health professionals communicate the 2005 dietary guidelines to consumers through 15 interactive lessons		Yes	10	UofA_Campus
Look 'n Cook Microwave	Attainment Company	Meal preparation and nutrition program for clients with special needs. Includes color-coded system for cooking. Content is presented in Universal Design Format allowing access for clients who cannot read.	Picture Literacy	Yes	Additional copies as needed will be purchased from Attainment Company.	SMASE
Loving Support Makes Breastfeeding Work	USDA Food and Nutrition Service and Best Start Social Marketing, Inc.	Pamphlets and posters to encourage breastfeeding	Spanish	Yes	Available only electronically in PDF format. Cost limited to copying and printing charges	Teen Pregnancy Services, Coconino, SMASE
Loving Your Family, Feeding Their Future	USDA Food and Nutrition Services	Educators Handbook, Lesson Plans, Reproducible Handouts for women with children SNAP education participants	Spanish	Yes	Adequate quantities not available from USDA. Cost limited to copying and printing charges	City of Phoenix, ASU, Civitan, Yuma, Coconino, St. Elizabeth Health Center, UofA_Campus, UofA_Cochise, City of Tempe, Mercy Housing, UofA_MBB, Navajo County
Lunch	Denise Flemming	Reading book for children Pre-K - K to explain that eating fruits and vegetables will help them grow to be healthy.		Yes	Appropriate for SNAP population 2/5=\$10	UofA_Pima Bone, Yuma
Make Every Day a Healthy Day! The Rainbow Way	Arizona Cancer Center	Books developed by the Arizona Cancer Center to teach MyPyramid.gov guideleines		Yes	\$0.91 -- curriculum teaches MyPyramid.gov guidelines	UofA_Campus, UofA_M Youth

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Making Every Dollar Count *	University of California	Cost saving tactics on food purchasing and household budgeting	Spanish	Yes	Materials can be reproduced for distribution - 1 @ \$90 NOTE: only the nutrition components will be billed to SNAP-Ed. This item is cost-shared at 50% SNAP-Ed	UofA_Pima Bone
Mas Hierro	Oregon State University Extension Service	Information regarding iron, the benefits of iron and what foods contain iron	Spanish	Yes	Allowed to be reproduced. Printed in-house. Copy Costs	St. Elizabeth Health Center
Math of Food	Hope, Martin and Susan Guengerich	Teaching nutrition messages with math exercises. Incorporates nutrition education into math programs for Jr and Sr High students.		No		Yuma
Meal Time in Less Time; Planning and Preparing Quick Healthy Meals in Less Time	The University of Arizona Cooperative Extension	Handouts developed to teach meal planning on a budget		Yes	Developed for target audience in Arizona. Most materials are free except for copying charges.	UofA_Campus, UofA_Cochise, UofA_M Youth, UofA_MBB
Media Smart Youth *	National Institute of Child Health and Human Development	Workshop Curriculum for ages 11 - 13		Yes	Cost of printing and reproduction only	City of Phoenix, Yuma, FDIH, UofA_Campus, UofA_Cochise, UofA_ApacheNavajo, UofA_MBB, Navajo County
Milk from Cow to Ice Cream	Betram Knight	Changes that occur as milk is processed into ice cream and more.		No		TUSD
Milk Matters	National Institute of Health	Activities combine hands-on classroom lessons with take-home assignments, classroom discussion, and more to help teach your students about the role of calcium in nutrition and bone health.		Yes	Reproduction Fees	Coconino, UofA_M Youth, UofA_Campus, UofA_MBB
Milk: From Cow to Carton	Aliki Brandenburg	Factual and lively text about cows, milk, and milk processing.		No		TUSD, United Way
Milk's Unique Nutrient Package: Benefits for Bones and Beyond	National Dairy Council	Lists the main nutrients that are found in milk and what the nutrients do for the human body.		Yes	This material is free. There will only be copying costs.	UofA_M Adult

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Misc. Healthy Eating and Physical Activity for you and your Family	Krames Publishing	Brochures.	Spanish	Yes	Cost of Materials, Printing.	Coconino
Modified MyPyramid for Older Adults	The USDA/Tufts SNAP-Ed Connection	The Modified MyPyramid for Older Adults continues to emphasize nutrient-dense food choices and the importance of fluid balance, but has added additional guidance about forms of foods that could best meet the unique needs of older adults and about the importance of regular physical activity.		Yes	This material is free. There will only be copying costs.	UofA_M Adult
Money Saving Tips	National Heart, Lung and Blood Institute	Handout with simple suggestions for participants to save money on groceries.	Spanish	Yes	Allowed to be reproduced. Printed in-house. Copy Costs	St. Elizabeth Health Center
Monthly Newsletters for Parents (already existing)	Andrea Chiasson, Maureen Milazzo, Heather Vaughn, Alisa Arce, Helain Day, and Raquel Oriol, and Julia Brodnick	Mirrors information presented in lessons. Information gleaned from already developed materials USDA, CA Harvest of the Month, etc	Spanish	Yes	Minimal cost of printing/copying.	United Way
More than Mudpies *	National Food Service Management Institute, University of Mississippi	Education lessons and activities that encourage positive ideas about nutrition and foods to preschoolers.		Yes	Minimal cost of printing/copying.	United Way, FDIH
Mother & New Baby Care- See What You Read	Published by Injoy Inc	This guide (nutrition information =28%) covers breastfeeding nutrition, the food groups, my pyramid and exercise, plus a chapter on successful breastfeeding that includes, the why and how, with techniques for successful breastfeeding and the expressing and safe storage of breastmilk.	Spanish	Yes	Currently not available through Nutrition Network. To be purchased.	Teen Pregnancy Services
Muncha Muncha Muncha	Candace Fleming & G. Brian Karas	Muncha! Muncha! Muncha! That's the sound of three bunnies eating the vegetables in Mr. McGreely's garden. Children just might be inspired to munch on a few vegetables themselves!		No		TUSD, United Way
My Favorite Fruits	Ame A Su Familia Alimento Su Futuro	Examples of what counts for one serving size of fruit	Spanish	No		St. Elizabeth Health Center

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
My Favorite Vegetables	Ame A Su Familia Alimento Su Futuro	Examples of what counts for one serving size of vegetables	Spanish	No		St. Elizabeth Health Center
My Food/Mi Comida	Rebecca Emberly	Bilingual fruits and vegetables book.	Spanish	Yes	Appropriate for SNAP population 2/5.75=\$12	UofA_Pima Bone
My Pyramid Pass it On	enasco	DVD		no		Civitan, FDIH
My Pyramid Pop Up	enasco	pamphlets		No		Civitan
My Pyramid	Alisha Neihaus	In this colorful book covering the USDA's MyPyramid.gov food guide system, each food group is highlighted showing foods to eat more and less of, tips for eating healthy in each group, mixing dishes in order to eat "every color every day," how to read food labels, the difference between homemade and processed food, fast food and slow food, raw and cooked food, the importance of exercise, and more!		No		TUSD
My Pyramid: Steps to a Healthy Living	Discovery School	DVD Resource Library		Yes	My Pyramid supplemental information. Currently not available through Nutrition Network.	Teen Pregnancy Services

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
MyPyramid materials	USDA Food and Nutrition Service, Health Edco	Handouts, posters, banners, models and pyramids, curriculum	Spanish	Yes	Adequate quantities not available from USDA; UofA_Madult-This worksheet allows for a hands-on approach to learning and incorporating concepts taught by nutrition educators. Cost: \$9.95/tearpad of 50. Average annual cost: \$400.00. Banner 2/125=\$250 Appropriate for SNAP Population; 30 Large Wall posters at \$100 = \$3000. Food models and Food Pyramids for instructors \$2000	ASU, Bullhead City, CAS, City of Phoenix, City of Tempe, Civitan, Coconino, Desert Mission, HaSan, Lake Havasu, Maricopa, Mohave, SMASE, St. Elizabeth Health Center, TUSD, Teen Pregnancy Services, United Way, UofA_ApacheNavajo, UofA_Campus, UofA_Cochise, UofA_M Adult, UofA_MBB, UofA_M Youth, UofA_Pima Bone, UofA_Pinal, UofA_Santa Cruz Navajo County, WESD, United Way, Yuma, WMAT
NAP SACC (Nutrition and Physical Activity Self Assessment for Child Care Centers)	University of North Carolina - Chapel Hill, Center for Health Promotion and Disease Prevention	Intervention program that targets the child care environment to prevent overweight and obesity. We use only the information sheets for parents and the training presentations for child care staff on: childhood obesity, nutrition and physical activity for young children, working with families to promote healthy weight behaviors and personal health and wellness	Spanish	Yes	Printing costs for handouts and information sheets	United Way, FDIH

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
National Association for Sports and Physical Activity Teacher Tool box *	National Association for School and Physical Activity http://aahperd.org/naspe/template.cfm?template=teachers_toolbox.html	Every month NASPE will have a fitness calendar for you to send home with your students, bulletin board ideas, and information about the nation's health observances.		No		UofA_Campus
National Dairy Council	NDC	Nutritional information on health benefits of milk, cheese and yogurt.		No		UofA_Pima Bone
National Nutrition Month	American Dietetics Association	Handouts		Yes		Mohave
Native American Ethnobotany	Daniel E. Moerman	Documentation of over 4,000 types of Native North American plants and their usages.		No		HaSan
Native Cookbook *	Center for American Indian Research and Education	Traditional Native American foods used in recipes that promote balanced and healthy nutrition		Yes	purchase new program \$34.00	FDIH, UofA_Pima Bone
Native Nutrition Circles *	Center for American Indian Research and Education	Incorporation of Native tradition and healthy food choices		No		UofA_Pima Bone
Natural Resource Education Center Curriculum	Compiled by Mary Sue Beers and Loree Wuertz from multiple sources.	Dairy, Corn, Vegetables, Fruits, and Water field day plans and nutrition lesson plans for classroom nutrition education presentations.		No		Natural Resources
NCES Healthy Activities	NCEScatalog.com	Reinforce healthy eating habits		Yes	Appropriate for SNAP population 5/13\$65.	UofA_Pima Bone
NCES Teen Pyramid	NCES Catalog	This handout encourages healthy habits in teens and includes teen specific food group and physical activity info along with other healthy habit tips.		Yes	Pack of 50 = \$ 22.95 X 5 = \$114.75	UofA_M Adult
New Food Pyramid Book Set	Marci Schuh	One book per food group and quantity needed from each group.		Yes	Appropriate for SNAP population 2/35=\$70	UofA_Pima Bone
News 2 You Recipes	Jackie & Dave Clark	Snack and Nutrition Activities for non-readers. *Can be converted to follow the Attainment color-coded system for food preparation. Recipes can easily be converted to be healthy.	Picture Literacy	Yes	Cost of printing and reproduction only.	SMASE

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Nibbles for Health and Leader's Guide	USDA	Newsletter articles on nutrition and physical activity. Nibbles for Health was developed for child care center staff and parents of young children enrolled in child care centers. Nibbles has been updated and the CD offers child care center staff guidance on conducting discussions with parents in four sharing sessions. It also has 40 reproducible newsletters that staff can give to parents to address many of the challenges they face. Four posters and packages of two mini-posters come with the CD.		Yes	Costs limited to copying costs.	Desert Mission, Yuma, Coconino, United Way, UofA_Campus
No BONES about it *	Faculty at 8 universities -- Purdue	Six lessons on DVD and CD to inspire early teens to consume calcium-rich foods; meets standards for science and health		Yes	\$90.00 -- 60-page facilitator's guide, master copies of 24 handouts, 1 DVD, and 6 CDs that contain games for interactive participation. Aligned with national academic standards for science and health 25/\$40=\$120. Omit use of lesson #6.	UofA_Campus, UofA_Pima Bone, UofA_MBB
No More Vegetables!	Nicole Rubel	Ruthie finally gets what she wants – no more vegetables! – IF she agrees to help Mom tend the vegetable garden. Little does Ruthie know that growing vegetables might help vegetables grow on her!"		No		TUSD
Note Nik CD	PBH	Interactive CD and booklet teaching nutrition concepts to youth		Yes	\$19.95 plus shipping/handling	UofA_M Youth
Nutrition Across Curriculum *	Louisiana Department of Education	Grades K-12 detailed lessons incorporating nutrition into various subjects across the curriculum.		Yes	Reproduction Fees	UofA_M Youth
Nutrition Activities for Preschoolers	Debbie Cryer and Thelma Harms	Ideas and strategies for successful nutrition education to preschooler		Yes	purchase new program \$46	FDIH, United Way

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Nutrition and Fitness 50 Lessons *	enasco	booklet		No		Civitan
Nutrition and Physical Activity Energizers *	North Carolina Physical Education -- http://ncpe4me.com/energizers.html	Grades K-5 -- Energizers are classroom based physical activities that integrate physical activity, and nutrition with academic concepts. These are about 10 minutes activities that provide activity and nutrition education to children to meet National Wellness Policy Guidelines.		Yes	\$10/ laminated set -- Also available free of charge to be downloaded on the site, or can be purchased in laminated booklet sets. Discounts available on purchases of more than 20 books. Reinforces nutrition and physical activity.	UofA_Campus, UofA_Youth, UofA_MBB
Nutrition Curriculum Kit	J & B Products	Lesson plans for teaching mypyramid principles		Yes	Appropriate for SNAP population 1/\$132.	UofA_Pima Bone
Nutrition Curriculum Series	Miliken Publishing	Series to teach nutrition to elementary, middle and high school students		No		Civitan
Nutrition Detectives Curriculum	Adapted from David Katz, MD program	Students learn how to read food labels and detect marketing deceptions while learning how to identify and choose healthy foods.	must get from washington school disrip	Yes	purchase new program \$5.95	FDIH, WESD
Nutrition Education Curriculum Guide	Connie Evers	CD		Yes	instructional materials for the classroom	Civitan
Nutrition Essentials- Teaching tools for healthy choices	USDA -- http://teamnnutrition.usda.gov/Resources/nut_essentials.pdf	Resource contains lesson plans, student worksheets, informational handouts and more to help students make food and physical activity choices that support healthy living.		No	Costs limited to copying costs.	FDIH, UofA_Campus, UofA_ApacheNavajo, UofA_MBB, Yuma
Nutrition Explorations	National Dairy Council	Teaches children about good nutrition using fun, interactive activities for lower and upper elementary students based on good eating habits, sound nutrition, and basic MyPyramid concepts.		Yes	Cost of printing and reproduction only	City of Phoenix, Bullhead City, Coconino, UofA_Campus, United Way, UofA_ApacheNavajo, UofA_MBB

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Nutrition EZ	PBH Catalog	Resource book for teachers with user-friendly, blackand-white worksheets in this 200-page book that are easy to reproduce. Comes with a 10-minute DVD packed with hands-on nutrition activities.		Yes	\$34.99 per book X 2 =\$69.98	UofA_M Adult
Nutrition Family Bookbags	Michigan State University Extension	The book bag is a complete educational resource that provides students and their families with an opportunity to have fun reading together while learning about eating healthy and being physically active.	Spanish	Yes	Purchase new bookbags to expand the program to the two new qualified schools, purchase additional books and replacement books.	WESD
Nutrition for your Baby brochure	Catherine Cavanaugh, Published by ETR Assoc.	What to know about baby food and feeding baby for the first 12 months of baby's life.	Spanish	Yes	Currently not available through Nutrition Network. To be purchased	Teen Pregnancy Services
Nutrition Fun with Brocc & Roll	Neat Solutions - Learning Resources	Hands-on activity guide features 42 copy-ready nutrition activity worksheets covering serving sizes based on MyPyramid.gov, goal setting for good health, reading food labels, de-coding advertisements, growing and cooking your own food, puzzles and more.		Yes	15/15=\$225 Appropriate for SNAP Population	UofA_Pima Bone
Nutrition in the Kitchen Healthy Eating for Kids and Families	The Children's Hospital of Philidelphia	Cookbook to encourage good nutrition.		Yes	Already developed and reasonably priced nutrition education resources. Costs limited to materials, printing and reproduction.	Navajo County
Nutrition Jeopardy Curriculum	Adpated from MyPyramid.gov	MyPyramid for Kids presentation and Jeopardy review game.		No		WESD
Nutrition Learning Charts	Nasco	Posters		Yes	instructional materials for the classroom	Civitan
Nutrition Lessons	AZNN	Approved links or lesson on Aznn website				UofA_M Youth

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Nutrition Messages	Learning ZoneXpress www.learningzonexpress.com	One minute messages that are fun and effective phrases that let you deliver nutrition facts with a punch. These quick and powerful lessons help promote behavioral changes that will help people lower the fat in their diet.		Yes	\$39.95 per book X 2= \$79.90	UofA_M Adult
Nutrition Nuggets *	Aspen Publishers, Inc.	Monthly reproducible newsletter with ideas to improve nutrition and physical activity	Spanish	Yes	\$198.00 Sept -May, additional \$98 for Spanish edition	UofA_Campus
Nutrition Pathfinders	Dairy Council CA	Five lessons reinforcing healthy food choices, preparing snacks and meals and food safety along with language arts and math.		Yes	\$35.00 Kit includes teacher materials, student workbooks, and CD-ROMs	UofA_Campus
Nutrition Power Game	Activity Resource Series 1, Learning Multi Systems	Lesson plan for health eating.		Yes	Costs limited to copying costs.	Yuma
Nutrition: Older Students Projects	Patti King-DeBaun and Caroline Musslewhite	In-depth activities for identifying foods on the pyramid. Designed for older students with severe disabilities.	Picture Literacy	Yes	Additional copies as needed will be purchased from Creative Communications.	SMASE
Nutritious Story Time	Florida WIC Program	Lesson plans, books (Whole Grain Choo-choo Train, Carlos and Clarice Moove to Low Fat Milk), and materials	Spanish	Yes	Already developed and reasonably priced nutrition education resources. Costs limited to books, replacement materials, printing and reproduction.	Navajo County
Oh, the things you can do that are good for you!	Tish Rabe	nutrition reader for K-3		Yes	\$7 each	UofA_MBB
Oliver's Fruit Salad	Vivian French	Reading book for children Pre-K to K to introduce them to a variety of fruits they can eat at home.		No		Yuma, TUSD
Oliver's Garden	Vivian French	Through gardening, Oliver learns to like vegetables.		No		United Way
Oliver's Vegetables	Vivian French	Reading book for children Pre-K - K to introduce them to a variety of vegetables they can eat at home.		No		Yuma, TUSD
One Potato	Diana Pomeroy	A reading book for Pre-K to K about counting fruits and vegetables.		No		Yuma

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Operation Fit Kids *	American Council on Exercise (ACE)	Lesson plans and activities for increasing physical activity, MyPyramid, fluids, healthy snack choices, reading food labels, eating healthy at fast food restaurants, and the importance of breakfast.		Yes	Costs limited to copying costs.	Yuma
Organwise Guys Comprehensive School Program *	The Organwise Guys INC.	The OrganWise Guys Comprehensive School Program (OWG CSP) is a multi-media, dynamic, interactive, cross-curricular program that uses fun characters based on the organs of the body (such as Hardy Heart; Peri Stolic, the large intestine; and Sir Rebrum, the brain), coupled with high energy activities, to teach children how to make positive health, nutrition, and physical activity choices. The OWG CSP thematically integrates an evidence-based set of interventions including nutrition and healthy lifestyle educational curricula focusing on core principles of healthy living (high fiber, low fat, lots of water, exercise) and eating (nutrient-dense foods), nutritious dietary offerings in school cafeterias (and other feeding institutions, particularly those that participate in the USDA feeding and nutrition education programs) that model classroom-based and parent nutrition education programming, increased physical activity, and other school-based projects,	Spanish	Yes	\$1523.00 The Core Elementary Program	UofA_Campus
Papago/English and English to Papago Dictionary	Dean Sexton, Lucille Sexton, and Susie Enos	General dictionary for the O'odham language. Also contains place names and lunar calendar.	Akimel O'Odham	No		HaSan
Path to Pyramid Game	enasco	board game		No		Civitan

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Peop and Lolo and the Red Apple	Ana Martin Larranaga	Teamwork and sharing by two animals on food sources.		Yes	Appropriate for SNAP population 2/9=\$18	UofA_Pima Bone
Perceived Exertion	St. Elizabeth's Health Center	Handout with detailed scale of perceived exertion from exercise	Spanish	Yes	Printed in-house. Copy costs.	St. Elizabeth Health Center
Performance Challenge	American Dietetic Association	Lesson plans, games, activities and power point presentations on health myths common among athletes and how nutrition impacts performance.		Yes	purchase new program \$80	FDIH, Yuma
Physical Best Elementary and Secondary *	AAHPERD	A comprehensive health-related fitness and nutrition education program		No		UofA_Campus, UofA_Santa Cruz, UofA_ApacheNavajo, UofA_MBB
Planet Health *	Harvard Prevention Resource Center on Nutrition and Physical Activity	Interdisciplinary curriculum that aims to increase activity, to improve dietary quality, and to decrease inactivity		Yes	\$47.00 Set-- This curriculum teaches concepts such as MyPyramid and fitness	UofA_Campus, UofA_Pima Bone
Planting a Rainbow	Louis Ehlert	Children's book about gardening and growing your rainbow garden.		No		United Way
Play it Safe in the Sun! *	Arizona Cancer Center	Books developed by the Arizona Cancer Center to teach MyPyramid.gov guideleines and sun saftey.		Yes	\$0.91 -- curriculum teaches MyPyramid.gov guidelines as well as sun saftey	UofA_Campus
Portion Distortion Posters	Learning Zone Express	Simple visual illustrates the difference between recommended serving sizes and what appears on our plate		Yes	purchase new program \$20	FDIH, UofA_Pima Bone
Portion Distortion Power Point	National Heart, Lung and Blood Institute	Power point on portion sizes to teach Jr and Sr High students and adults about portion sizes.		Yes	Costs limited to copying costs.	Yuma, FDIH, Coconino
Portion Distortion/ Distorsion de la Porcion	Learning ZoneXpress www.learningzonexpress.com Product #: 4234T (Eng) #4234TS (Spa)	This handout discusses calories and fat grams of common food choices and helps the student learn how to make better food choices based on portion size.	Spanish	Yes	This worksheet allows for a hands-on approach to learning and incorporating concepts taught by nutrition educators. Cost: \$9.95/tearpad of 50. Average annual cost: \$400.00.	UofA_M Adult, UofA_Pima Bone, Civitan
Portion plates - adult/child	NCES	Model to show correct portions		Yes	\$12.95 plus shipping/handling	UofA_M Youth, Civitan

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Power of Choice	USDA	Curriculum for program leaders working with young adolescents on healthy eating and fitness decisions.		No		UofA_Pima Bone
Powermid Nutrition Curriculum	Mind Your Body	Lessons with activities, lesson plan ideas and handouts on snacks, fast food, food safety, health as a lifestyle, etc		No		Yuma
Pregnancy and Fitness brochure	Terrie Heinrich Rizzo & Jerrie Thurman, published by ETR Assoc.	Safe physical activity during each trimester and why physical activity is important during pregnancy	Spanish	Yes	All materials are specific to pregnancy nutrition and breastfeeding. Currently not available through Nutrition Network	Teen Pregnancy Services
Princess Fidgety Feet *	Pat Posner	Reading book for K - 2nd grade to encourage children to be physically active and used in conjunction with other nutrition messages.		No		Yuma
Professor Popcorn	Purdue University Extension, Consumer and Family Sciences	Grade K-6 examining MyPyramid, Dietary Guidelines, and Fight BAC! Concepts		Yes	\$50 per CD; to serve as basis for nutrition lessons at the recreation centers for new sites	UofA_Pinal, UofA_Santa Cruz, UofA_Pima Bone, UofA_M Youth, UofA_Cochise, UofA_Campus, UofA_ApacheNavjo, UofA_MBB
Promoting Lifetime Activity for Youth (PLAY)	Arizona State University	Teacher-directed program, physical activity lessons to encourage the accumulation of at least 60 minutes of moderate physical activity. Targets 4th - 8th grade students.		No		Navajo County
Prudence's Book of Food	Alona Frankel	A reading book for Pre-K to K to learn about healthy foods to eat.		No		Yuma
Pyramid Between the Pages *	Michigan State University Extension	This program is a hands on learning tool that uses age appropriate literature iwht positive nutrition messages for K-2.		yes	95	UofA_Campus

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Pyramid Café	National Dairy Council	Curriculum designed for 2nd grade students. Teaches the importance of eating foods from every food group, limiting fats, sweets and oils, balancing meals and getting enough exercise.		No		Bullhead City
Pyramid Pal	Neat Solutions	Activity Book		no		Civitan
Quick Nutrition and Physical Activity Quiz *	California Department of Health	Resources including: Adult Nutrition Education Lessons, Quizzes, and knowledge-based information on healthy lifestyle, nutrition, and healthy food selection/recommended cups for both adult and community presentation/evaluation/study		Yes	cost for copies of Standardized materials developed w/ formative research to ensure appropriateness of common nutrition messages, Evaluation Materials	HaSan
Rabbit Food *	Susanna Gretz	Reading book for Pre - K to K to encourage children to try new foods to eat.		No		Yuma, TUSD
Read It Before You Eat It	The USDA	Based on a picture of the Nutrition Facts Label, the reader is able to understand what the Daily Value % mean.		Yes	This material is free. There will only be copying costs.	UofA_M Adult
Reading the Nutrition Facts Label: Step-By-Step Approach	The University of Arizona Cooperative Extension	This handout explains in great detail how to read all parts of the Nutrition Facts Label.		Yes	This material is free. There will only be copying costs.	UofA_M Adult
Ready Set Food Safe	University of Idaho Extension Office	DVD with 8 power point presentations and videos on food safety concepts		No		Yuma
Re-Charge!	Action for Healthy Kids	Afterschool program designed to help participants about and practice good nutrition and physical activity through team-based strategies		Yes	Cost of printing and reproduction only	City of Phoenix, UofA_Campus, UofA_M Youth, Navajo County
Reproductability & Validity of the Secondary Level School-Based Nutrition Monitoring student Questionnaire	Hoelscher DM, Day RS, Kelder SH, Ward JL.	SPAN Data Collection Tools (4th Grade and 11th Grade Questionnaires) In English and Spanish - comprehensive healthy food and healthy lifestyle pre and post test materials	Spanish	No		HaSan, FDIH

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Sample Menus for a 2000 Calorie Food Pattern/ Menu de Muestra para un Plan de Alimentacion de 2000 Calorias	www.mypyramid.gov	This handout shows four complete days of sample menus one could incorporate to ensure a 2,000 calorie diet.	Spanish	Yes	This material is free. There will only be copying costs.	UofA_M Adult
Science and Our Food Supply	US FDA & the Center for Safety and Applied Nutrition	Interactive way to incorporate food science and safety into middle and high school academic courses - teacher guide, video and a reference guide on food safety		Yes	Reproduction Fees	UofA_M Youth, UofA_Campus, UofA_MBB
Science Fare - Chemistry at the Table	National Science Foundation	Lesson plans and activities to teach nutrition principles in science classes.		Yes	Costs limited to copying costs.	Yuma
Scrub Club	NSF	Lessons for PreK - 2 emphasizing handwashing		Yes	Reproduction Fees	UofA_M Youth
Select A Meal	Attainment Company	Healthy Meal Planning for clients with special needs. Includes color-coded system for cooking. Content is presented in Universal Design Format allowing access for clients who cannot read.	Picture Literacy	Yes	Additional copies as needed will be purchased from Attainment Company.	SMASE
Seniors Can -- University of Nevada Cooperative Extension *	Claudia Colling, PhD. And Laura Hernandez, J.D.	Seniors CAN is a wellness program for older adults to improve their life skills and increase their sense of control; previously obtained for senior outreach	Spanish	Yes	\$35.00 each -- Group items for adults/seniors not available through AzNN	UofA_Campus, UofA_Cochise, UofA_MBB, Mercy Housing
Seven Ways to Size up Your Servings	National Dairy Council	Comparisons of portions of various food groups to common, everyday items		Yes	Allowed to be reproduced. Printed in-house. Copy Costs	St. Elizabeth Health Center, FDIH
Shopping Smart	Attainment Company	Food Security Activities for clients with special needs. Includes color-coded system for cooking. Content is presented in Universal Design Format allowing access for clients who cannot read.	Picture Literacy	Yes	Additional copies as needed will be purchased from Attainment Company.	SMASE
Skillastics Nutrition Cards	Skillastics	Approved by a RD, these cards contain 15 thought provoking questions from the food groups, based on the USDA MyPyramid		Yes	\$50 per set; for use in Afterschool programs; for new sites	UofA_Pinal

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Small Steps to Health and Wealth *	Rutgers Cooperative Extension	Lesson plans for financially distressed families on physical and nutritional health	Spanish	Yes	Literacy level appropriate for all populations- 100/\$10=\$1000 NOTE: the nutrition and physical activity components are approved and will be billed to SNAP-Ed	UofA_Pima Bone, FDIH
Smart Eating and Start Reading	Oregon State University Extension	A breakfast, nutrition, and reading program that combines nutrition education and literacy		No		UofA_Pinal
Smart Fruit and Veggie Songs CD	PBH	Music CD featuring songs that promote eating healthy with fruit and vegetables		Yes	\$12.95 each plus shipping/handling	UofA_M Youth
Smart Snacks	LearningZoneExpress	Viewers will learn how to choose foods and drinks that help them get enough water, fiber, calcium, and other vitamins and nutrients.		Yes	Helps students to make better food choices: \$89.95	Lake Havasu
Snacks: Early Childhood Collection	Patti King-DeBaun	In-depth activities for identifying foods on the pyramid. Designed for younger students with severe disabilities.		yes	Additional copies as needed will be purchased from Creative Communications.	SMASE
Snap-Ed Connection	Snap-Ed Connection	Click n' go nutrition education materials on the following topics: fruits/vegetables, whole grains, fat free or low fat milk, MyPyramid.		No		FDIH, TUSD
Sodium in Foods	National Heart, Lung and Blood Institute	Handout providing tips on how to reduce sodium in foods, and what to use as sodium substitutes. *Not to be used as MNT*	Spanish	Yes	Allowed to be reproduced. Printed in-house. Copy Costs	St. Elizabeth Health Center
Spin Zone Magnetic Whiteboard Game	Neat Solutions	game		Yes	Use of games and books to teach the importance of nutrition and exercise	Civitan
Spoiled Rotten	Learning Zone Express	DVD for students grades 7-12 to learn about food safety and preventing food born illness.		No		Yuma
Start Smart Eating and Reading *	Oregon State University Extension Service and Oregon Department of Education	Modules on the importance of fruits and vegetables, milk, physical activity, breakfast, healthy snacks, etc to be used with children age 7-12.		No		Yuma, UofA_Cochise, UofA_MBB

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Steps Forward/Pasos Adelante *	NHLBI/U of A	A curriculum dedicated to the prevention of diabetes, heart disease, and other chronic diseases and the promotion of physical activity for adults		No		UofA_Campus
StepWise Breakfast & Lunch	Beth Jackson	Meal Preparation Activities for non-readers. *Can be converted to follow the Attainment color-coded system for food preparation.	Picture Literacy	Yes	Additional copies as needed will be purchased from Therapro Co.	SMASE
Stress free feeding	Children's Health Care of Atlanta	VHS to provide visuals for parents to learn how to feed children without stress and negative food messages.		No		Yuma
Stretch Your Food Dollars/Small Savings Add Up	USDA Food and Nutrition Service	Flyers, education materials	Spanish	Yes	If insufficient quantities are available from USDA, the cost of printing and/or copying, etc., will be charged to the federal share.	CAS
Summer Treats	Pauline Anne Boisselle	Recipes & Nutrition Facts for Healthy Freezer Desserts Uses the Attainment color-coded system for food preparation and follows a step by step format for clients with greater cognitive challenges. Focus: Fruits; 1% or less.	Picture Literacy	Yes	Cost of printing and reproduction only.	SMASE
Supermarket Persuasion	University of Wyoming Cooperative Extension	The Cooperative Extension offers a series of lessons designed to help families to eat better for less.Omit slides with brands and 5-A-Day.		Yes	To purchase the "Censible Nutrition Program". Costs of copies.	Coconino, FDIH, Civitan, Yuma
Take 10 *	Oregon State University Extension Service	A breakfast, nutrition, and reading program that combines nutrition educations and literacy.		No		UofA_Campus, UofA_ApacheNavajo

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Take 10!	International Life Sciences Group	A classroom-based physical activity program that integrates learning standards with 10 minute physical activities. This program specifically encourages teachers to integrate physical activity and nutrition lessons into their regular classroom day and abide by school district standards.		Yes	purchase new program \$95/\$79.00 set This curriculum teaches concepts such as MyPyramid and fitness	FDIH, City of Tempe, UofA_ApacheNavajoU ofA_Campus, UofA_Cochise, UofA_M Adult, UofA_M Youth, UofA_Pima Bone, UofA_MBB
Take Charge of your Health *	Wellness, Inc	CD of presentations on reducing fat, staying physically active, having fiber for better health, bone health, etc	Spanish	Yes	Costs limited to copying costs.	Yuma
Take Charge! Be Healthy.	Eloise Elliot PhD, Project Director	Take Charge! is an all new interactive standards-based website that teaches teens about physical activity, nutrition, and healthy lifestyles.		Yes	Reproduction Fees	UofA_Campus, UofA_M Youth, UofA_MBB
Team Nutrition	USDA Food and Nutrition Service	Newsletters, activity booklet, lesson plans, worksheets, informational handouts to help youth make good and physical activity choices supportive of healthy living; kit with how-to guide, support & presentation materials, video and brochure.		Yes	Adequate quantities not available from USDA so will purchase from Purdue University,	Teen Pregnancy Services, Civitan, HaSan, Mohave, Yuma. Lake Havasu, Maricopa, Bullhead City, City of Phoenix, City of Tempe, Coconino, UofA_ApacheNavajo, UofA_Campus, UofA_Cochise, UofA_M Youth, UofA_Pima Bone, TUSD, United Way, UofA_MBB, Navajo County, SMASE, WMAT
Teen Nutrition - Whats the big debate?	Learning Zone Express	DVD for students grades 7-12 to learn the importance of smart choices for eating habits utilizing MyPyramid, reading food labels, etc.		No		Yuma, Civitan

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Teens Serving Food Safely	North Dakota State University Extension Service	Five 50 minute lessons for high school students and adults that teach the importance of safe food handling via a science-based curriculum		Yes	\$35; to be purchased for sites that will conduct food safety classes	UofA_Pinal
Teens Take on Grocery Shopping*	Learning Zone Express	Students are able to plan meals with other family members, make grocery shopping lists, avoid impulse shopping and how to select various produce items.		No		Yuma
Ten Red Apples	Pat Hutchins	A reading book for Pre-K to K about counting apples.		No		Yuma
The Activity Pyramid	International Diabetes Center Publishing www.parknicollet.com product #: 2711-336	Based on physical activity guidelines developed by the Centers for Disease Control and Prevention (CDC) and the American College of Sports Medicine, this colorful activity pyramid explains why physical activity is important and how to incorporate it into daily life. Includes information on what to do in three situations—if you are inactive, occasionally active and consistently active.		Yes	This worksheet allows for a hands-on approach to learning and incorporating concepts taught by nutrition educators. Cost: \$8.45/tearpad of 50 x 40 tearpads = Average annual cost: \$340.00.	UofA_M Adult
The Activity Pyramid Tear Pad	Health Edco	Based on government physical activity guidelines		Yes	5/10=\$50 Appropriate for SNAP Population if nutrition message is added.	UofA_Pima Bone
The Antelope who ate Cantaloupe	Julie Crichton	A reading book for Pre K to K to learn about healthy food choices.		No		Yuma
The Busy Body Book	Lizzy Rockwell	A book for Pre-K to K children to encourage physical activity.		Yes	purchase new program \$12	FDIH, Yuma
The Cabbage Soup Solution	Ericka Oller	Elsie lives on a cabbage farm with her two cats as company. One morning, Elsie goes out to her field to find most of her cabbages gone! Can she and her cats solve the cabbage heist mystery?		No		TUSD

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
The Encyclopedia of Nutrition and Good Health *	Robert Ronzio	Nutrition from the point of the view of a biochemist and preventative health specialist		Yes	purchase new program \$40	FDIH, HaSan
The Farmer Grows a Rainbow	North Carolina AITC with funding from USDA	K-5 nutrition and physical activity lessons that incorporate the food guide pyramid - use only approved portions (will not use dental section).		Yes	Costs vary depending on quantity ordered: \$79 to \$204, plus shipping/handling.	UofA_M Youth
The Fish Who Wished He Could Eat Fruit	Kathleen Stefancin	Book emphasizing proper food choices		no		Civitan, United Way
The Fruit Flies Picnic	Kathleen Stefancin	Children's book about 5 fruit flies that discover different colors of fruit. Teaches children to name at least 6 fruits of different colors.		Yes	Material is appropriate for Preschool children (\$15.95)	United Way, Yuma, Civitan, TUSD
The Giant Carrot	Jan Peck	A reading book for K - 3rd grade about carrots.		No		Yuma
The Grain Group	Helen Frost	A book for Pre-K to K children to encourage eating whole grains.		No		Yuma
The Great Body Shop *	Children's Health Market	Educators Handbook, Lesson Plans, handouts	Spanish	Yes	Cost (38%) for nutrition/physical activity related handouts for students grades K through 8	Bullhead City
The Hatseller and the Monkeys	Wague-Diakite, Baba	A book for K-4 grade students to learn the importance of eating breakfast.		Yes	Compliments Start Smart lesson plan for eating breakfast.	Yuma
The Kid Connection - Food and Fitness *	NCES	Lessons help students make the connection between healthy eating, physical activity and a healthy body Grades 1-6		Yes	89.95	UofA_Campus
The Life and Times of an Apple	Charles Micucci	All about apples, incorporating science, history, geography, and math		No		TUSD
The Little Mouse, The Red Ripe Strawberry and the Big Hungry Bear *	Don and Audrey Wood	Story of animals and sharing food.		Yes	Appropriate for SNAP population 2/8-\$16.	UofA_Pima Bone
The Paleolithic Prescription	S. Boyd Eaton, Marjorie Shostak, and Melvin Konner	Comparative between hunter-gatherer diet and modern diet that shows the nutritional benefits of a hunter-gatherer diet		No		HaSan

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
The Power of Choice *	USDA-Team Nutrition	Nutrition lessons, activities, and materials		Yes	Cost for nutrition education reinforcement items and copying handouts	Mohave, City of Phoenix, UofA_Campus, UofA_Cochise, UofA_ApacheNavajo, UofA_MBB
The Tortilla Factory By Gary Paulsen	Diana Pomeroy	Explains how a corn seed becomes a tortilla, from farm to factory to home.		No		TUSD
The Two -Bite Club	USDA/FNS/TN	Read aloud booklet for preschoolers		No		UofA_Campus
The Vegetables we Eat	Gail Gibbons	How plants of many shapes, sizes, and colors are planted and how they get to the store and table.		No		TUSD
The Very Hungry Caterpillar Lesson Plan	Florida WIC and Eric Carle	reading book, curriculum, handouts, activities		Yes	Cost for copying materials and nutrition education reinforcement items	Mohave, United Way, Yuma
The Victory Garden Vegetable Alphabet Book	Jerry Pallotta	A reading book for Pre-K to K to introduce the children to various vegetables.		No		Yuma, TUSD
The Wheat we Eat	Allan Fowler	A reading book for Pre-K to K about whole grains		No		Yuma, TUSD
Think Color as you Eat	Neat Solutions	Activity Book		no		Civitan
Think Your Drink	Washington State Dairy Council, Learning Zone Express	Lessons plans and reproducible handouts for low income 6th grade students. The class compares popular drinks with healthier choices. Poster on healthy drink choices. Educational video.		Yes	purchase new program \$12; Appropriate for SNAP population 20/10=\$200. Costs limited to copying costs.	FDIH, Lake Havasu, UofA_M Adult, UofA_Pinal, UofA_M Adult, UofA_Pima Bone, UofA_M Youth, Yuma, Maricopa, WESD
This is Your Life	Food Play	Various lesson plans for teens from 6th - 12th grade to learn about a balanced diet and daily physical activity.		Yes	Costs limited to copying costs.	Yuma
Those Mean Nasty Dirty Downright Disgusting but... Invisible Germs	Judith Anne Rice, Reed Merrill	Children's book to help build a strong start to good health habits, such as handwashing.	Spanish	No		United Way, WESD

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Three Simple Steps to Eating More Fruits and Vegetables/ Como mas frutas y verduras en tres simples pasos.	www.fruitsandveggiesmatter.gov	This handout explains how easy it can be for anyone to include more fruits and vegetables in their daily diet.	Spanish	Yes	This material is free. There will only be copying costs.	UofA_M Adult
Tops and Bottoms	Janet Stevens	Children Pre K - K learn about vegetables that grow above ground or below ground.		No		Yuma, UofA_Pinal
Tumble Bumble	Felicia Bond	Reading book for Pre K - K to demonstrate various movements that children can do to be physically active.		No		Yuma, UofA_Pinal
TV Zombies and Soda Monsters	Krames Publishing	This booklet offers parent information to combat childhood obesity through healthy food snacking choices and increasing physical activity.	Spanish	Yes	Cost of duplicating.	Coconino
Unique Nutritional Needs of Older Adults	University of Florida	This CD-Rom helps to improve the nutritional status of older adults. It contains 5 lessons, handouts, lides and evaluation and reporting forms.	Spanish	Yes	\$15.00 per CD-Rom 5 CD's at \$15.00 = \$45.00	UofA_M Adult, FDIH
Up for the Challenge *	University of Baltimore	Grades 5-12. Examines healthy lifestyles and physical fitness	English	no		UofA_ApacheNavajo
USDA'S Nutrition Assistance Programs: Eat Right When Money's Tight	USDA	Consumers can better understand how to budget food dollars and plan cost-effective meals.		Yes	This material is free. There will only be copying costs.	UofA_M Adult, FDIH
Vegetable Magic *	Michele Palmer & Arlene Edmonds, MS, RD	Story, Activity, and recipe Book to help younger students become more aware of vegetables in a positive way.		No		TUSD
Vegetable Soup and The Fruit Bowl	Dianne Warren and Susan Smith Jones	Illustrated pictures of fruits and vegetables with brief descriptions and relationship to good health.		Yes	Appropriate for SNAP population 2/15=\$30	UofA_Pima Bone
Vegetables Vegetables	Fay Robinson	Each title in the Rookie Read About Science series of books has easy to read, interesting facts about each food.		No		TUSD
Wash your Hands	Tony Ross	Emphasis on when it is important to wash hands.		No		United Way

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Water: The Nutrient Priority	Learning Zone Express. Charlene Harkins, M.Ed., RD	Examines the role of water in the body and the importance of adequate hydration and the differences between various situations and hydration strategies.		No		Yuma
We Can! Energize our Families: Curriculum for Parents and Caregivers *	NHLBI	The We Can! national education program provides parents and caregivers with tools, fun activities, and more to help them encourage healthy eating, increased physical activity, and reduced time sitting in front of the screen (TV or computer) in their entire family.		yes	22	UofA_Campus. UofA_Santa Cruz, Navajo County
We Love Fruit	Fay Robinson	a "Rookie Read About Science" Series book that has easy to read, interesting facts about the title food.		No		TUSD
Wellness Activation Kit	National Dairy Council	School kit that helps youth make positive eating and exercise habit changes		Yes	Reproduction Fees	UofA_M Youth, FDIH, UofA_Campus, UofA_ApacheNavajo, UofA_MBB
What is a Whole Grain?	Pauline Anne Boisselle	Adaptation of 2009 Fun Food News Whole Grain Recipes & Nutrition Facts. Uses the Attainment color-coded system for food preparation and follows a step by step format for clients with greater cognitive challenges. Focus: Whole Grains	Picture Literacy	Yes	Cost of printing and reproduction only.	SMASE
What's for Lunch: Bananas	Claire Llewellyn	Book provides a look at the title food as it is grown, made, and eaten around the world.		No		TUSD
What's for Lunch: Corn	Pam Robson	Book provides a look at the title food as it is grown, made, and eaten around the world.		No		TUSD

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
What's for Lunch: Milk	Claire Lewellyn	Book provides a look at the title food as it is grown, made, and eaten around the world.		No		TUSD
What's for Lunch: Oranges	Claire Lewellyn	Book provides a look at the title food as it is grown, made, and eaten around the world.		No		TUSD
What's for Lunch: Peas	Claire Lewellyn	Book provides a look at the title food as it is grown, made, and eaten around the world.		No		TUSD
What's for Lunch: Potatoes	Claire Lewellyn	Book provides a look at the title food as it is grown, made, and eaten around the world.		No		TUSD
What's for Lunch: Rice	Pam Robson	Book provides a look at the title food as it is grown, made, and eaten around the world.		No		TUSD
What's for Lunch? Bread!	Claire Llewellyn	A book for Pre-K to K children to encourage eating whole grains.		No		Yuma, TUSD
What's for Supper Que Hay Para Cenar	Mary Risk & Rosa Martin	When Dad and the children decide to make a special dinner for Mom, they have to go to the supermarket. Watch them choose the ingredients, what could they be making? Watch all the clues lead up to a healthy spaghetti dinner! This simple text is in both English and Spanish for easy translation. Kids can learn to read and learn a new language at the same time!	Spanish	No		TUSD
Wheat	Elaine Landau	A reading book for Pre-K to K about whole grains		No		Yuma
Wheat Foods Council	www.wheatfoods.org	Tip sheets, posters	Spanish	Yes	Cost of supplies	Mohave
Which Way Café	Learning Resources	board game		no		Civitan
Whole Grain Choo Choo Train	Kathy Reeves, Mary Stickney, Diane Bowden, and Florida WIC Program	Students learn the importance of eating whole grains and do physical activity as the train moves along.	Spanish	Yes	Cost for nutrition education reinforcement items and copying handouts	Mohave, UofA_Pinal, City of Tempe, United Way

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Whole Grains and Your Digestive System	UofA Cooperative Extension, Pinal County	A 5th grade lesson that focuses on fiber in whole grains and how your body uses it		Yes	Reproduction costs; submitted for AZNN review	UofA_Pinal
Whole Grains Council	www.wholegrainscouncil.org	Curriculum, handouts, activities	Spanish	Yes	Cost for copying materials and nutrition education reinforcement items	Mohave
Whole Grains for Health	Pauline Anne Boisselle	Recipes & Nutrition Facts for Grains. Uses the Attainment color-coded system for food preparation and follows a step by step format for clients with greater cognitive challenges. Focus: 1/2 of grains whole grains.	Picture Literacy	Yes	Cost of printing and reproduction only.	SMASE
Why Should I Bother to Keep Fit?	Knighton and Meredith	Book		No		Civitan
Whyville	School Nutrition Association	An interactive learning experience in a game format designed for children to explore the healthy choice factor of various food choices.		No		FDIH, TUSD
WIC Nutritional Education Demonstration Study: Final Report Child Intervention	USDA Food and Nutrition Services	Executive Summary of Research pertaining to the WIC program and nutrition educational components of the WIC Program. Resource on Designing Preschool Nutrition Education		No		HaSan
WIN in the Rockies *	University of Wyoming	Behavioral change curriculum to promote overall health and wellness. Use approved lessons 1-7; 9-11.		No		UofA_Pima Bone
Women Together For Health (WTFH)	Maricopa County Office of Nutrition Services	WTFH is a ten hour healthy lifestyles series focused on nutrition and physical activity education. Classes target low-income women and SNAP eligible women through schools, worksites, community centers and faith-based organization.	Spanish	Yes	Costs limited to copying and printing charges	Maricopa County
Yoko	Rosemary Wells	Class learns about different foods for lunch when Yoko brings sushi to school.		No		United Way

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Your Body and How it Works	Judy Johnson	puzzles and games that teach about the human body		Yes	purchase new program \$20	FDIH, Civitan
Your Healthy Heart	UofA Cooperative Extension, Pinal County	A 4th grade lesson on nutrition and heart health based on information from Texas Heart Institute's 'Project Heart: Activities for the Classroom' (2005)		Yes	Reproduction costs; submitted for AZNN review	UofA_Pinal
Your Pregnancy and You Handbook	Published by Channing Bete Inc	Healthy Pregnancy handbook for teens (nutrition information=25%). This handbook describes healthy nutrition habits, and caring for themselves during pregnancy. It also discusses problems to watch for and how to avoid them.	Spanish	Yes	All materials are specific to pregnancy nutrition and breastfeeding. Currently not available through Nutrition Network. These items will be purchased	Teen Pregnancy Services
Your Tummy is Talking	www.neatsolutions.com	Students learn the importance of listening to the cues their body gives them for hunger and fullness while following MyPyramid for Kids guidelines		Yes	Cost of nutrition education reinforcement items and handouts	Mohave
Yourself Middle School Kit *	USDA/FNS/TN	Kit with 5 lessons/classroom materials, poster, video, and magazine		No		UofA_Campus
Yum! MmMm! Que Rico!	Pat Mora, Rafael Lopez	Haiku about various plant foods native to American region	Spanish	No		United Way
Eat Right	American Dietetic Assoc.	Nutrition for life, Healthy weight, Food & Nutrition topics, Food Safety, Disease. Management and Prevention	Spanish	No		WMAT
Let's Move	The White House USDA, Dept of Education	Healthy choices, Physical activity, healthy and affordable tools.		No		WMAT
Activity Pyramid	USDA Food and Nutrition Service	Poster	Spanish	No		WMAT

Table 18: New Nutrition Education Materials

Title	Author	Description	Language other than English	Is there a cost?	Cost Justification	Partner
Arizona Nutrition Network Green Room	Arizona Nutrition Network	Monthly partner email update		No	Dissemination of information in all areas of the Network	All
Arizona Nutrition Network Policy and Procedure Manual 2011	Arizona Nutrition Network	Update of policies and procedures to meet USDA requirements		Yes	To educate all partners as to requirements of the program.	All
Social Marketing Materials	Arizona Nutrition Network	Posters, Events-in-a-box, Door Hangers, Recipe cards, Fun Food News, and mailers.	Spanish	Yes	Standardized materials developed with formative research to ensure appropriateness of common nutrition messages. Provides common social marketing messages.	All

Title	Author
Arizona Nutrition Network Materials	Arizona Nutrition Network
Buddy Bear Handwashing	Marjorie T. Cooke and the Arizona Nutrition Network and Brevis
Eat Smart, Live Strong	USDA Food and Nutrition Services
Loving Your Family, Feeding Their Future	USDA Food and Nutrition Services
MyPyramid materials	USDA Food and Nutrition Service, Health Edco

Title	Author
Arizona Nutrition Network Materials	Arizona Nutrition Network
Eat Smart, Play Hard	USDA Food and Nutrition Service
Exercise Your Options	Arizona Dairy Council
Fight BAC	Partnership for Food Safety Education
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
Nutrition Explorations	National Dairy Council
Pyramid Café	National Dairy Council
Team Nutrition	USDA Food and Nutrition Service
The Great Body Shop	Children's Health Market

Title	Author
Arizona Nutrition Network Materials	Arizona Nutrition Network
Building Better Bones	Arizona Department of Health Services
Eat Smart, Play Hard	USDA Food and Nutrition Service
Fight BAC	Partnership for Food Safety Education
Fruits and Veggies More Matters Curriculum	Arizona Nutrition Network
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
Stretch Your Food Dollars/Small Savings Add Up	USDA Food and Nutrition Service

Title	Author
Anatomy of MyPramid	LearningZoneExpress
Diet and Nutrition Activities	Patricia Rizzo Toner - The Center for Applied Research in Education
Eat to Win	LearningZone Express
Glo Germ Handwashing	Brevis Glo Germ

Title	Author
Arizona Nutrition Network Materials	Arizona Nutrition Network
CATCH - Coordinated Approach to Childhood Health	National Heart Lung and Blood Association, Flaghouse
Creative Pockets Fruit and Vegetable Program / MyPyramid Program	Produce for Better Health
Eat Smart, Live Strong	USDA Food and Nutrition Services
Eat Smart, Play Hard	USDA Food and Nutrition Service
Fight BAC	Partnership for Food Safety Education
Fruits and Veggies More Matters Curriculum	Arizona Nutrition Network
Glo Germ Handwashing	Brevis Glo Germ
Hearts N' Parks	National Heart Lung and Blood Association, Flaghouse
How to Understand and Use the Nutrition Facts Label	FDA, USDA
Loving Your Family, Feeding Their Future	USDA Food and Nutrition Services
Media Smart Youth	National Institute of Child Health and Human Development
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
Nutrition Explorations	National Dairy Council
Re-Charge!	Action for Healthy Kids

Title	Author
Arizona Nutrition Network Materials	Arizona Nutrition Network
Eat Smart, Play Hard	USDA Food and Nutrition Service
Loving Your Family, Feeding Their Future	USDA Food and Nutrition Services
MyPyramid materials	USDA Food and Nutrition Service, Health Edco

Title	Author
100 Vegetables and Where they Come From	Williams Woys Weaver
A Very Purple Pepper	Peggy Sissel-Phelan
Alexander & The Great Food Fight	Linda J. Hawkins
Arizona Nutrition Network Materials	Arizona Nutrition Network
Choosing and Preparing Foods: Basic Nutrition and Food Preparation for Special Education	Jean Bunnell
Crazy Faces	PBH
Creative Pockets Fruit and Vegetable Program / MyPyramid Program	Produce for Better Health
Discovering Fruits & Veggies	Produce for Better Health
Eat Fit	University of California at Davis Cooperative Extension
Eat Smart, Live Strong	USDA Food and Nutrition Services
Eat Smart, Play Hard	USDA Food and Nutrition Service
Eating Healthy - My Pyramid	Neat Solutions
Eating the Alphabet	Louis Ehlert and the Arizona Nutrition Network
Educational Reinforcement Items	PBH, Nasco, Nimco, Neat Solutions, NCES, HealthEdco, ADA, Gopher Sports, Flaghouse, SSI Sporttime, S&S worldwide
Educational Tools	PBH, Nasco, Nimco, Neat solutions, NCES, Health Edco, ADA, Gopher Sports, Flaghouse, SSI Sportime, S&S worldwide, Learning Seed, Oregon Dairy Council, Lakeshore Learning Supplies, Learning Zone Express, Recreations Supplies, CATCH Program, Brevis/Glitterbug
Favorite Foods - Colors and Shapes	Publishers Group
Food and Nutrition for Every Kid	Janice VanCleave
Food and Nutrition Made Easy	Judy Johnson
Food and Nutrition Trivia Ball	
Food Choices Card Game	enasco
Food for Thought	Saxton Freymann
Food Fun Nutrition Cards	PBH Catalog
Food Learning Cards	Neat Solutions
Food Safety	Joan Kalbacken
Fruit and Veggie Bulletin Board Set	PBH
Fruit and Veggie Games	PBH, Health Edco, enasco

Fruit and Veggie Scenable Learning Cards	PBH
Fruit and Veggie Seedie Characters	Neat Solutions
Fruit and Veggie Tracker Cards	PBH
Glo Germ Handwashing	Brevis Glo Germ
Go Eat	enasco
Healthy Eating and Exercise Activity Book	Judy Johnson
Healthy Food Puppet Sets	Neat Solutions
I Can Eat a Rainbow	Annabel Karmel
Janey's Junkfood Fresh Adventure	Barbara Storper
Join the Fruit and Veggie Party	Yummy Designs
Lettuce Introduce You: Poems about Food	Laura Purdie Salas
Life Form Food Kit	enasco
Loving Your Family, Feeding Their Future	USDA Food and Nutrition Services
My Pyramid Pass it On	enasco
My Pyramid Pop Up	enasco
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
Nutrition and Fitness 50 Lessons	enasco
Nutrition Curriculum Series	Miliken Publishing
Nutrition Education Curriculum Guide	Connie Evers
Nutrition Learning Charts	Nasco
Path to Pyramid Game	enasco
Portion Distortion/ Distorsion de la Porcion	Learning ZoneXpress www.learningzonexpress.com Product #: 4234T (Eng) #4234TS (Spa)
Portion plates - adult/child	NCES
Pyramid Pal	Neat Solutions
Snack Activities	Mary Ann Kohl and Jean Potter
Spin Zone Magnetic Whiteboard Game	Neat Solutions

Title	Author
Arizona Nutrition Network Materials	Arizona Nutrition Network
Buddy Bear Handwashing	Marjorie T. Cooke and the Arizona Nutrition Network and Brevis
Building Better Bones	Arizona Department of Health Services
Eat Smart, Live Strong	USDA Food and Nutrition Services
Eat Smart, Play Hard	USDA Food and Nutrition Service
Exercise Your Options	Arizona Dairy Council
Fight BAC	Partnership for Food Safety Education
Fruits and Veggies More Matters Curriculum	Arizona Nutrition Network
Go with the Whole Grain	General Mills, Bell Institute
Good Eating Builds Better Babies	Dairy Council of Arizona
Great Body Shop	Children's Health Market
Growing Healthy	National Center for Health Education
Healthy Body Awareness, 2007	University of New Mexico
Kindergarten Science Kit	Foss/Flagstaff Unified School District
Loving Support Makes Breastfeeding Work	USDA Food and Nutrition Service and Best Start Social Marketing, Inc.
Loving Your Family, Feeding Their Future	USDA Food and Nutrition Services
Milk Matters	National Institute of Health
Misc. Healthy Eating and Physical Activity for you and your Family	Krames Publishing
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
Nibbles for Health and Leader's Guide	USDA
Nutrition Explorations	National Dairy Council
Portion Distortion Power Point	National Heart, Lung and Blood Institute

Title	Author
Arizona Nutrition Network Materials	Arizona Nutrition Network
Chef Combo's Fantastic Adventures	National Dairy Council
Creative Pockets Fruit and Vegetable Program / MyPyramid Program	Produce for Better Health
Household Commodity Fact Sheets	USDA
Inside My Pyramid	USDA
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
Nibbles for Health and Leader's Guide	USDA

Title	Author
A Navajo/English Dictionary	Alyse Neundorf
Active and Healthy Schools Program	http://www.activeandhealthyschools.com/
Alexander & The Great Food Fight	Linda J. Hawkins
An Alphabet Salad	Sarah Schuette
Anatomy of MyPramid	LearningZoneExpress
Apple Fractions	Jerry Pallotta
Applesauce	Shirley Kurtz
Arianna's Nutrition Expedition	National Dairy Council
Arizona Nutrition Network Materials	Arizona Nutrition Network
Bag of Germs	Health Edco
Beauty and the Feast	Learning Seed
Body Management	Learning Multi Systems
Bounce	Doreen Cronin
Bridges to Wellness	National Dairy Council
Buddy Bear Handwashing	Marjorie T. Cooke and the Arizona Nutrition Network and Brevis
Build a Snack Master	Washington State Dairy Council
Chef Combo's Fantastic Adventures	National Dairy Council
Color Me Healthy	North Carolina State University
Competitive Edge Nutrition for Athletes	Learning Zone Express
Cooking Up Fun	Mayer Johnson.c0m
Creative Pockets Fruit and Vegetable Program / MyPyramid Program	Produce for Better Health
Dance, Turn, Hop, Learn!	Connie Bergstein Dow
Educational Tools	PBH, Nasco, Nimco, Neat solutions, NCES, Health Edco, ADA, Gopher Sports, Flaghouse, SSI Sportime, S&S worldwide, Learning Seed, Oregon Dairy Council, Lakeshore Learning Supplies, Learning Zone Express, Recreations Supplies, CATCH Program, Brevis/Glitterbug
Fantastic Food Challenge	Michigan State University
Fat Demo Kit	NCES
Food and Nutrition Trivia Ball	
Food Culture and Reading	Univ. of Vermont Extension and USDA
Food Facts; Make Your Calories Count	FDA
Food Group Tabletop Pocket Chart	Neat Solutions - Learning Resources
Fruit & Vegetable of the Month	US Center for Disease Control

Fruit and Veggie Seedie Characters	Neat Solutions
Fruits and Veggies More Matters Curriculum	Arizona Nutrition Network
Game On! The Ultimate Wellness Challenge	Action for Healthy Kids with the U.S. Dept of Agriculture and the U.S. Dept of Health and Human Services
Harvest of the Month Tool Kit	California Department of Health Services also available through Arizona Nutrition Network
Incredible Edible Science	Learning Zone Express
Life Form Food Kit	enasco
Light & Tasty Cooking Labs	Jan Bunell
Media Smart Youth	National Institute of Child Health and Human Development
More than Mudpies	National Food Service Management Institute, University of Mississippi
My Pyramid Pass it On	enasco
NAP SACC (Nutrition and Physical Activity Self Assessment for Child Care Centers)	University of North Carolina - Chapel Hill, Center for Health Promotion and Disease Prevention
Native Cookbook	Center for American Indian Research and Education
Nutrition Activities for Preschoolers	Debbie Cryer and Thelma Harms
Nutrition Detectives Curriculum	Adapted from David Katz, MD program
Nutrition Essentials- Teaching tools for healthy choices	USDA -- http://teamnnutrition.usda.gov/Resources/nut_essentials.pdf
Performance Challenge	American Dietetic Association
Portion Distortion Posters	Learning Zone Express
Portion Distortion Power Point	National Heart, Lung and Blood Institute
Reproductability & Validity of the Secondary Level School-Based Nutrition Monitoring student Questionnaire	Hoelscher DM, Day RS, Kelder SH, Ward JL.
Seven Ways to Size up Your Servings	National Dairy Council
Small Steps to Health and Wealth	Rutgers Cooperative Extension
Snap-Ed Connection	Snap-Ed Connection

Title	Author
Arizona Nutrition Network Materials	Arizona Nutrition Network
Buddy Bear Handwashing	Marjorie T. Cooke and the Arizona Nutrition Network and Brevis
Fruits and Veggies More Matters Curriculum	Arizona Nutrition Network
Glo Germ Handwashing	Brevis Glo Germ

Title	Author
A Hopi English Dictionary	Kenneth C. Hill, editor
A Navajo/English Dictionary	Alyse Neundorf
Arizona Nutrition Network Materials	Arizona Nutrition Network
At the Desert's Green Edge: An Ethnobotany of the Gila River Pima	Amadeo Rea
Food of the Americas	Fernando and Marlene Divina
Food of the Southwest Indian Nations	Lois Ellen Frank
Food Plants of the Sonoran Desert	Wendy Hodgson
Handbook of Indian Foods and Fibers of Arid America	Walter Ebeling
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
Native American Ethnobotany	Daniel E. Moerman
Papago/English and English to Papago Dictionary	Dean Sexton, Lucille Sexton, and Susie Enos
Quick Nutrition and Physical Activity Quiz	California Department of Health
Reproductability & Validity of the Secondary Level School-Based Nutrition Monitoring student Questionnaire	Hoelscher DM, Day RS, Kelder SH, Ward JL.

Title	Author
Anatomy of MyPyramid	LearningZoneExpress
Arizona Nutrition Network Materials	Arizona Nutrition Network
Building Better Bones	Arizona Department of Health Services
Eat Smart, Play Hard	USDA Food and Nutrition Service
Fruits and Veggies More Matters Curriculum	Arizona Nutrition Network
Games: 1 – MyPyramid Bingo 2 - MyPyramid Pursuit 3 - MyPyramid Pursuit Jr. 2 – Portion Size Bingo	LearningZoneExpress
Glo Germ Handwashing	Brevis Glo Germ
How to Understand and Use the Nutrition Facts Label	FDA, USDA
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
Smart Snacks	LearningZoneExpress

Title
Arizona Nutrition Network Materials
Building Better Bones
Color Me Healthy
Eat Well Be Well Family Book Bag Program
Fruits and Veggies More Matters Curriculum
Fueled For Flight
Get Moving
Glo Germ Handwashing
Healthy Ways for a Healthy Weight
Life in the Fast Food Lane
MyPyramid materials
Team Nutrition
Think Your Drink

Author
Arizona Nutrition Network
Arizona Department of Health Services
North Carolina State University
Maricopa County Office of Nutrition Services
Arizona Nutrition Network
National Cattlemen's Beef Association
Maricopa County Office of Nutrition Services
Brevis Glo Germ
Maricopa County Office of Nutrition Services
Adapted from Maricopa County Office of Nutrition Services
USDA Food and Nutrition Service, Health Edco
USDA Food and Nutrition Service
Washington State Dairy Council, Learning Zone Express

Title	Author
Arizona Nutrition Network Materials	Arizona Nutrition Network
Eat Smart, Live Strong	USDA Food and Nutrition Services
Eat Smart, Play Hard	USDA Food and Nutrition Service
ENAFS nutrition for older adults	Univ of Florida
Fruits and Veggies More Matters Curriculum	Arizona Nutrition Network
Loving Your Family, Feeding Their Future	USDA Food and Nutrition Services
Seniors Can -- University of Nevada Cooperative Extension	Claudia Colling, PhD. And Laura Hernandez, J.D.

Title	Author
Arizona Nutrition Network Materials	Arizona Nutrition Network
Breakfast and Calcium	Drexel University
Buddy Bear Handwashing	Marjorie T. Cooke and the Arizona Nutrition Network and Brevis
Building Better Bones	Arizona Department of Health Services
Carlos and Clarice Move to Lowfat Milk	Florida WIC
Creative Pockets Fruit and Vegetable Program / MyPyramid Program	Produce for Better Health
Eat Smart, Play Hard	USDA Food and Nutrition Service
Eating the Alphabet	Louis Ehler and the Arizona Nutrition Network
Educational Reinforcement Items	PBH, Nasco, Nimco, Neat Solutions, NCES, HealthEdco, ADA, Gopher Sports, Flaghouse, SSI Sporttime, S&S worldwide
Educational Tools	PBH, Nasco, Nimco, Neat solutions, NCES, Health Edco, ADA, Gopher Sports, Flaghouse, SSI Sporttime, S&S worldwide, Learning Seed, Oregon Dairy Council, Lakeshore Learning Supplies, Learning Zone Express, Recreations Supplies, CATCH Program, Brevis/Glitterbug
Fruits and Veggies More Matters Curriculum	Arizona Nutrition Network
Game On! The Ultimate Wellness Challenge	Action for Healthy Kids with the U.S. Dept of Agriculture and the U.S. Dept of Health and Human Services
Glo Germ Handwashing	Brevis Glo Germ
Go with the Whole Grain	General Mills, Bell Institute
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
National Nutrition Month	American Dietetics Association
Team Nutrition	USDA Food and Nutrition Service
The Power of Choice	USDA-Team Nutrition
The Very Hungry Caterpillar Lesson Plan	Florida WIC and Eric Carle
Wheat Foods Council	www.wheatfoods.org
Whole Grain Choo Choo Train	Kathy Reeves, Mary Stickney, Diane Bowden, and Florida WIC Program
Whole Grains Council	www.wholegrainscouncil.org
Your Tummy is Talking	www.neatsolutions.com

Title	Author
Arizona Nutrition Network Materials	Arizona Nutrition Network
Natural Resource Education Center Curriculum	Compiled by Mary Sue Beers and Lorelee Wuertz from multiple sources.

Title	Author
Arizona Nutrition Network Materials	Arizona Nutrition Network
Buddy Bear Handwashing	Marjorie T. Cooke and the Arizona Nutrition Network and Brevis
Building Better Bones	Arizona Department of Health Services
Diabetes Education in Tribal Schools	CDC & Indian Health Services
Eat Smart, Play Hard	USDA Food and Nutrition Service
EatFit	UC Cooperative Extension
Fight BAC	Partnership for Food Safety Education
Fruits and Veggies More Matters Curriculum	Arizona Nutrition Network
Glo Germ Handwashing	Brevis Glo Germ
Go with the Whole Grain	General Mills, Bell Institute
Harvest of the Month Tool Kit	California Department of Health Services also available through Arizona Nutrition Network
Loving Your Family, Feeding Their Future	USDA Food and Nutrition Services
Media Smart Youth	National Institute of Child Health and Human Development
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
Nutrition in the Kitchen Healthy Eating for Kids and Families	The Children's Hospital of Philadelphia
Nutritious Story Time	Florida WIC Program
Promoting Lifetime Activity for Youth (PLAY)	Arizona State University
Re-Charge!	Action for Healthy Kids
Team Nutrition	USDA Food and Nutrition Service
We Can! Energize our Families: Curriculum for Parents and Caregivers	NHLBI

Title	Author
Arizona Nutrition Network Materials	Arizona Nutrition Network
Basic Exercises	Active for Life/AZ Bone Builders
Como Comer Mejor y ser Mas Activo	Ame A Su Familia Alimento Su Futuro
Cooking Food Safely	St. Elizabeth's Health Center
Cooking with Less Fat	National Heart, Lung and Blood Institute
Eat Smart, Live Strong	USDA Food and Nutrition Services
Eat the MyPyramid Way	Dairy Council of Arizona
Exercise Pyramid	St. Elizabeth's Health Center
Family Meals	Ame A Su Familia Alimento Su Futuro
Fiber in Fruits	St. Elizabeth's Health Center
Foundation for a Healthier You	NCES
Got Calcium?	St. Elizabeth's Health Center
Guide to Good Eating	National Dairy Council
How to Safely Cook Meat	St. Elizabeth's Health Center
Keeping Foods Safe	St. Elizabeth's Health Center
La Cocina Saludable	Oregon State University Extension Service
Loving Your Family, Feeding Their Future	USDA Food and Nutrition Services
Mas Hierro	Oregon State University Extension Service
Money Saving Tips	National Heart, Lung and Blood Institute
My Favorite Fruits	Ame A Su Familia Alimento Su Futuro
My Favorite Vegetables	Ame A Su Familia Alimento Su Futuro
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
Perceived Exertion	St. Elizabeth's Health Center
Seven Ways to Size up Your Servings	National Dairy Council
Sodium in Foods	National Heart, Lung and Blood Institute

Title	Author
Arizona Nutrition Network Materials	Arizona Nutrition Network
Bobby Goes Green	Pauline Anne Boisselle
Cooking Up Fun	Mayer Johnson.c0m
Eat Smart, Live Strong	USDA Food and Nutrition Services
Eat Smart, Play Hard	USDA Food and Nutrition Service
Eating More Matters	Pauline Anne Boisselle
Edible Plants: Poster Unit	Carole Palmar, Brenda Begay, Pauline Anne Boisselle
Fall Harvest	Pauline Anne Boisselle
Go Low Recipes	Pauline Anne Boisselle
Harvest Cookbook	SMASE Staff
Healthy Holiday Treats	Pauline Anne Boisselle
Home Cooking	Attainment Company
Kinder Krunchies	Karen S. Jenkins
Light & Tasty Cooking Labs	Jan Bunell
Look 'n Cook Microwave	Attainment Company
Loving Support Makes Breastfeeding Work	USDA Food and Nutrition Service and Best Start Social Marketing, Inc.
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
News 2 You Recipes	Jackie & Dave Clark
Nutrition: Older Students Projects	Patti King-DeBaun and Caroline Musslewhite
Select A Meal	Attainment Company
Shopping Smart	Attainment Company
Snacks: Early Childhood Collection	Patti King-DeBaun
StepWise Breakfast & Lunch	Beth Jackson
Summer Treats	Pauline Anne Boisselle
Team Nutrition	USDA Food and Nutrition Service

Title	Author
Arizona Nutrition Network Materials	Arizona Nutrition Network
Better Breastfeeding: A Guide for Teen Parents - Video	Injoy Videos
Caring for your Baby	Published by Channing Bete Inc
Child Birth-See What You Read	Published by Injoy Inc
Good Eating Builds Better Babies	Dairy Council of Arizona
Healthy Steps for Teen Pregnancy - Video Series	Injoy Videos
Loving Support Makes Breastfeeding Work	USDA Food and Nutrition Service and Best Start Social Marketing, Inc.
Mother & New Baby Care- See What You Read	Published by Injoy Inc
My Pyramid: Steps to a Healthy Living	Discovery School
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
Nutrition for your Baby brochure	Catherine Cavanaugh, Published by ETR Assoc.
Pregnancy and Fitness brochure	Terrie Heinrich Rizzo & Jerrie Thurman, published by ETR Assoc.
Team Nutrition	USDA Food and Nutrition Service

Title	Author
5 Minute Nutrition Activities	Learning ZoneXpress
Arizona Nutrition Network Materials	Arizona Nutrition Network
Bananas	Jacqueline Farmer
Buddy Bear Handwashing	Marjorie T. Cooke and the Arizona Nutrition Network and Brevis
Building Better Bones	Arizona Department of Health Services
Cabbage Moon	Tim Chedwick
Eating the Alphabet	Louis Ehler and the Arizona Nutrition Network
Fit Facts Fun Ways, Volume I, II, III	Fun Facts Fun Ways
From Wheat to Pasta	Robert Egan
Fruits and Veggies More Matters Curriculum	Arizona Nutrition Network
Get In Shape, Jonas	Wolfgang. D. Hoelscher
Glo Germ Handwashing	Brevis Glo Germ
Great Grains	Catherine Macpherson, MS, RD
I Eat Fruit	Hannah Tofts
I Eat Vegetables	Hannah Tofts
It's a Fruit, It's a Vegetable, It's a Pumpkin! By Allan Fowler	Helene J. Jordan
Milk from Cow to Ice Cream	Betram Knight
Milk: From Cow to Carton	Aliki Brandenburg
Muncha Muncha Muncha	Candace Fleming & G. Brian Karas
My Pyramid	Alisha Neihaus
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
No More Vegetables!	Nicole Rubel
Oliver's Fruit Salad	Vivian French
Oliver's Vegetables	Vivian French
Rabbit Food	Susanna Gretz
Snap-Ed Connection	Snap-Ed Connection
Team Nutrition	USDA Food and Nutrition Service

The Cabbage Soup Solution	Ericka Oller
The Fruit Flies Picnic	Kathleen Stefancin
The Life and Times of an Apple	Charles Micucci
The Tortilla Factory By Gary Paulsen	Diana Pomeroy
The Vegetables we Eat	Gail Gibbons
The Victory Garden Vegetable Alphabet Book	Jerry Pallotta
The Wheat we Eat	Allan Fowler
Vegetable Magic	Michele Palmer & Arlene Edmonds, MS, RD
Vegetables Vegetables	Fay Robinson

Title	Author
ACE Operation Fit Kids	ACE Fitness
Arizona Nutrition Network Materials	Arizona Nutrition Network
Eating Right is Basic	Univ. CA cooperative extension Publication # 4H-EFNEP 4148
Educational Tools	PBH, Nasco, Nimco, Neat solutions, NCES, Health Edco, ADA, Gopher Sports, Flaghouse, SSI Sportime, S&S worldwide, Learning Seed, Oregon Dairy Council, Lakeshore Learning Supplies, Learning Zone Express, Recreations Supplies, CATCH Program, Brevis/Glitterbug
Food, Fun and Reading	4-H CCS
Go with the Whole Grain	General Mills, Bell Institute
Healthy K.I.D.S.	The Children's Health Fund
Jump Into Foods and Fitness	Michigan State University
Kids Healthy in the Classroom	The Nemours Foundation/Kids Health
Learn to be Healthy	http://www.learntobehealthy.org/
Media Smart Youth	National Institute of Child Health and Human Development
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
Nutrition Essentials- Teaching tools for healthy choices	USDA -- http://teammnutrition.usda.gov/Resources/nut_essentials.pdf
Nutrition Explorations	National Dairy Council
Physical Best Elementary and Secondary	AAHPERD
Take 10	Oregon State University Extension Service
Take 10!	International Life Sciences Group
Team Nutrition	USDA Food and Nutrition Service
The Power of Choice	USDA-Team Nutrition
Up for the Challenge	University of Baltimore

Title	Author
10 Steps to a Healthier Me	Washington State Dairy Council
10 Tips for a Healthy You	Yuma County
100 Vegetables and Where they Come From	Williams Woys Weaver
4-H After School Program, Food and Nutrition Lessons	4-H
5 Minute Nutrition Activities	Learning ZoneXpress
A Fairy in a Dairy	Nolan, Lucy
A Hopi English Dictionary	Kenneth C. Hill, editor
A Navajo/English Dictionary	Alyse Neundorf
A Very Purple Pepper	Peggy Sissel-Phelan
ACE Operation Fit Kids	ACE Fitness
Active and Healthy Schools Program	http://www.activeandhealthyschools.com/
Active for Life	Shirley Dzikowski, P.T., and Brenda Black of West Virginia Extension Service
Activity & Eating	Dairy Council CA
Alexander & The Great Food Fight	Linda J. Hawkins
All 4 Kids	Univ. Nevada Cooperative Ext.
All Our Fruits and Vegetables	Roberta Duyff and Patrick McKissack
Alphabet/Nutrition Activity Carpet & Carpet Kits	Food Groupie
An Alphabet Salad	Sarah Schuette
Anatomy of MyPramid	LearningZoneExpress
Apple Fractions	Jerry Pallotta
Apples and How they Grow	Laura Driscoll
Applesauce	Shirley Kurtz
Arianna's Nutrition Expedition	National Dairy Council
Arizona Nutrition Network Materials	Arizona Nutrition Network
At Home Beginner Dinner Games	Family Fun Time
At the Desert's Green Edge: An Ethnobotany of the Gila River Pima	Amadeo Rea
Bag of Germs	Health Edco
Banana	Jonathan Allen
Bananas	Elaine Landau
Bananas	Jacqueline Farmer
Basic Exercises	Active for Life/AZ Bone Builders
Beauty and the Feast	Learning Seed

Best Bones Forever	US Department of Human Services, Office on Women's Health
Better Breastfeeding: A Guide for Teen Parents - Video	Injoy Videos
Bobby Goes Green	Pauline Anne Boisselle
Body Management	Learning Multi Systems
Bodyworks	US Department of Human Services, Office on Women's Health
Bone Builders curriculum and materials	University of Arizona Cooperative Extension
Bone Up on Calcium Magnet	Washington State Dairy Council
Bones for Life	Ruthy Alon
Bounce	Doreen Cronin
Breakfast and Calcium	Drexel University
Bridges to Wellness	National Dairy Council
Buddy Bear Handwashing	Marjorie T. Cooke and the Arizona Nutrition Network and Brevis
Build a Snack Master	Washington State Dairy Council
Building A Healthy Me	Dairy Council CA
Building Better Bones	Arizona Department of Health Services
Building My Body!	University of Missouri Extension Office
Cabbage Moon	Tim Chedwick
Caring for your Baby	Published by Channing Bete Inc
Carlos and Clarice Moove to Lowfat Milk	Florida WIC
Carolos and the Squash Plant	Jan Romero Stevens, Jeane Arnold
CATCH - Coordinated Approach to Childhood Health	National Heart Lung and Blood Association, Flaghouse
Catch a Rainbow Poster and Tablet	Learning Zone Express
Chef Combo's Fantastic Adventures	National Dairy Council
Child Birth-See What You Read	Published by Injoy Inc
Choose to Move	American Heart Association
Choosing and Preparing Foods: Basic Nutrition and Food Preparation for Special Education	Jean Bunnell
Classroom Evaluation Response System	H-ITT
Classy Moves	The University of Arizona Cooperative Extension
Clean Gene	GoJo website
Color Me Healthy	North Carolina State University
Color Way Champions Activity and Coloring Books	PBH
Community Nutrition Action Kit	USDA

Como Comer Mejor y ser Mas Activo	Ame A Su Familia Alimento Su Futuro
Competitive Edge Nutrition for Athletes	Learning Zone Express
Cooking Food Safely	St. Elizabeth's Health Center
Cooking Up Fun	Mayer Johnson.c0m
Cooking with Less Fat	National Heart, Lung and Blood Institute
Crazy Faces	PBH
Creative Pockets Fruit and Vegetable Program / MyPyramid Program	Produce for Better Health
Dairy Bingo	Midwest Dairy Council
Dance, Turn, Hop, Learn!	Connie Bergstein Dow
Deal Me In Food and Fitness Kit	Dairy Council CA
Diabetes Education in Tribal Schools	CDC & Indian Health Services
Diet and Nutrition Activities	Patricia Rizzo Toner - The Center for Applied Research in Education
Dietary Guidelines for Americans 2005 & 2010	USDA
Dinner Games, Original	Family Fun Time
Discovering Fruits & Veggies	Produce for Better Health
Eat Fit	University of California at Davis Cooperative Extension
Eat More Eat Light	Learning Zone Express
Eat More is Less	Learning Zone Express
Eat Right for Life	University of Florida, Main Writer: Cynthia Depew, MPH-c, Materials are Peer Reviewed
Eat Smart Activity Book (not including page 12)	Positive Promotions
Eat Smart, Live Strong	USDA Food and Nutrition Services
Eat Smart, Play Hard	USDA Food and Nutrition Service
Eat the MyPyramid Way	Dairy Council of Arizona
Eat to Win	LearningZone Express
Eat Well and Keep Moving	Harvard School of Public Health
Eat Well Be Well Family Book Bag Program	Maricopa County Office of Nutrition Services
Eat Your Peas Louise	Pegeen Snow
Eat, Move, Learn	New Mexico State Univeristy
Eat, Think and Be Active! Media Smart Youth	National Institute of Child Health and Human Development, Publication No. 05-5538
EatFit	UC Cooperative Extension
Eating	Veronica Ross
Eating Healthy - My Pyramid	Neat Solutions

Eating Healthy the American Indian Way: Why All the Talk about Fat?	National Cancer Institute
Eating More Matters	Pauline Anne Boisselle
Eating Pairs	Sarah Schuette
Eating Right is Basic	Univ. CA cooperative extension Publication # 4H-EFNEP 4148
Eating the Alphabet	Louis Ehlert and the Arizona Nutrition Network
Eating Well As We Age	US Department of Health and Human Services
Edible Plants: Poster Unit	Carole Palmar, Brenda Begay, Pauline Anne Boisselle
Educational Reinforcement Items	PBH, Nasco, Nimco, Neat Solutions, NCES, HealthEdco, ADA, Gopher Sports, Flaghouse, SSI Sporttime, S&S worldwide
Educational Tools	PBH, Nasco, Nimco, Neat solutions, NCES, Health Edco, ADA, Gopher Sports, Flaghouse, SSI Sportime, S&S worldwide, Learning Seed, Oregon Dairy Council, Lakeshore Learning Supplies, Learning Zone Express, Recreations Supplies, CATCH Program, Brevis/Glitterbug
Empowering Youth	USDA Food and Nutrition Service
ENAFS nutrition for older adults	Univ of Florida
EPEC K-5	Michigan Fitness Foundation
Escapades	Talicor
Exercise & Physical Activity	National Institute on Aging
Exercise Pyramid	St. Elizabeth's Health Center
Exercise Your Options	Arizona Dairy Council
Exploring our Food Heritage	University of Illinois
Facts & Fiction: Food Advertising	Low Fat Express
Fall Harvest	Pauline Anne Boisselle
Family Bookbag	Michigan State University Extension
Family Meals	Ame A Su Familia Alimente Su Futuro
Fantastic Food Challenge	Michigan State University
Farm to Fork Activity Book	Produce for Better Health
Fat Demo Kit	NCES
Favorite Foods - Colors and Shapes	Publishers Group
Fiber in Fruits	St. Elizabeth's Health Center
Fight BAC	Partnership for Food Safety Education

Fit Bits	www.michiganfitness.org/fitbits/Michigan Governors's Council on Physical Fitness Health and Sports
Fit Facts Fun Ways, Volume I, II, III	Fun Facts Fun Ways
Fitdeck jr.	www.fitdeck.com
Fitness for Life	Human Kinetics
Fitness for Life for High School	Human Kinetics
Fitness for Life Middle School	Human Kinetics
Fitness is Fun Activity Book	Positive Promotions
Flash Cards	PBH Catalog
Food	Cookie Monster
Food and Nutrition for Every Kid	Janice VanCleave
Food and Nutrition Inquiry Activities	J & B Products
Food and Nutrition Made Easy	Judy Johnson
Food and Nutrition Trivia Ball	
Food Choices Card Game	enasco
Food Culture and Reading	Univ. of Vermont Extension and USDA
Food Facts; Make Your Calories Count	FDA
Food for Fitness	Low Fat Express
Food for Thought	Saxton Freymann
Food Fun Nutrition Cards	PBH Catalog
Food Group Tabletop Pocket Chart	Neat Solutions - Learning Resources
Food Guide Slide Calculator	The Positive Line
Food Learning Cards	Neat Solutions
Food of the Americas	Fernando and Marlene Divina
Food of the Southwest Indian Nations	Lois Ellen Frank
Food Picture Bingo	Neat Solutions - Learning Resources
Food Plants of the Sonoran Desert	Wendy Hodgson
Food Pyramid Activity Mat	Learning Resource
Food Pyramid Pocket Chart with Cards	Neat Solutions - Learning Resources
Food Risks	CFSAN
Food Safety	Joan Kalbacken
Food Safety Curriculum: Serve It UP	Western Illinois University
Food Safety Education Month	USDA Food Safety and Inspection Service
Food Safety songs	http://www.foodtunes.com/ -
Food Safety Tablet	Learning Zone Express
Food Science Curriculum	Illinois Board of Education - Integrating Education in Science and Technology
Food Trends	Learning Zone Express
Food Value Club	St. Mary's Food Bank
Food, Fun and Reading	4-H CCS

Foundation for a Healthier You	NCES
From Head to Toe	Eric Carle
From the Garden	Michael Dahl
From Wheat to Pasta	Robert Egan
Fruit & Vegetable of the Month	US Center for Disease Control
Fruit and Vegetable Bingo	Produce for Better Health
Fruit and Vegetable Name Game	Learning Zone Express
Fruit and Veggie Bulletin Board Set	PBH
Fruit and Veggie Games	PBH, Health Edco, enasco
Fruit and Veggie Scentable Learning Cards	PBH
Fruit and Veggie Seedie Characters	Neat Solutions
Fruit and Veggie Tracker Cards	PBH
Fruits and Veggies More Matters Curriculum	Arizona Nutrition Network
Fuel Up to Play 60 Wellness Kit	National Fairy Council & Dairy Council of Arizona
Fueled For Flight	National Cattlemen's Beef Association
Game On! The Ultimate Wellness Challenge	Action for Healthy Kids with the U.S. Dept of Agriculture and the U.S. Dept of Health and Human Services
Games: 1 – MyPramid Bingo 2 - MyPramid Pursuit 3 - MyPramid Pursuit Jr. 2 – Portion Size Bingo	LearningZoneExpress
Germ City	Karen A. Kerr High Impact Exhibits - www.high-impact-exhibits.com
Germs are not for Sharing	Elizabeth Verdick
Germs Make Me Sick	Melvin Berger
Germs on Their Fingers	Wendy Wakefield Ferrin
Germs, Germs, Germs!	Bobbi Katz
Get Health Get Moving Exercise Band	Washington State Dairy Council
Get In Shape, Jonas	Wolfgang. D. Hoelscher
Get More Guide (small size)	PBH
Get Moving	Maricopa County Office of Nutrition Services
Getting Enough Whole Grain	Whole Grains Council
Getting into a Food Mood	Workforce Preparation National 4-H Council
Glitterbug Hand Washing Programs	Brevis

Glo Germ Handwashing	Brevis Glo Germ
Go Eat	enasco
Go For Whole Grain	NIMCO
Go Low Recipes	Pauline Anne Boisselle
Go with the Whole Grain	General Mills, Bell Institute
Good Eating Builds Better Babies	Dairy Council of Arizona
Good Enough to Eat	Lizzy Rockwell
Good Morning, Little Fox	Janovitz, Marilyn
Good Nutrition Rulers	Washington State Dairy Council
Got Calcium?	St. Elizabeth's Health Center
Great Body Shop	Children's Health Market
Great Grains	Catherine Macpherson, MS, RD
Green Food Fun	Lisa Bullard
Gregory the Terrible Eater	Sharmat, Mitchell
Grow it - Try it- Like It	USDA/FNS/TN
Grow, Eat, Thrive - Growing Gardens for Health	USDA
Grow, Eat, Thrive CD	Klein Buendel
Growing Colors	Bruce McMillan
Growing Healthy	National Center for Health Education
Growing Vegetable Soup	Lois Ehlert
Guide to Good Eating	National Dairy Council
Handbook of Indian Foods and Fibers of Arid America	Walter Ebeling
Harvest Cookbook	SMASE Staff
Harvest of the Month Tool Kit	California Department of Health Services also available through Arizona Nutrition Network
Health Trough Literacy	Michigan Fitness Foundation
HealthTeacher	http://www.healthteacher.com/
Healthy Body Awareness, 2007	University of New Mexico
Healthy Choices	Learning Zone Express
Healthy Choices, Healthy Me	Dairy Council CA
Healthy Classrooms, Healthy Schools	Michigan Fitness Foundation
Healthy Eating and Exercise Activity Book	Judy Johnson
Healthy Food Puppet Sets	Neat Solutions
Healthy Foods from Healthy Soils	Elizabeth Patten
Healthy Hands, Healthy Kids	Healthy Hands
Healthy Heart	Coconino County
Healthy Holiday Treats	Pauline Anne Boisselle
Healthy Hurdles - Nutrition Games	Learning Resources
Healthy K.I.D.S.	The Children's Health Fund

Healthy Lunchbox	Marie McClendon and Crity Shauk
Healthy Meals in A Hurry	Iowa State University University Extension
Healthy Steps for Teen Pregnancy - Video Series	Injoy Videos
Healthy Ways for a Healthy Weight	Maricopa County Office of Nutrition Services
Hearts N' Parks	National Heart Lung and Blood Association, Flaghouse
Home Cooking	Attainment Company
Household Commodity Fact Sheets	USDA
How Groundhog's Garden Grows	Lynne Cherry
How to Safely Cook Meat	St. Elizabeth's Health Center
How to Understand and Use the Nutrition Facts Label	FDA, USDA
I am Water	Jean Marzolla
I Can Eat a Rainbow	Annabel Karmel
I Eat Fruit	Hannah Tofts
I Eat Vegetables	Hannah Tofts
I Know an Old Lady Who Swallowed a Pie	Alison Jackson
I Will Never Not Ever Eat A Tomato	Lauren Child
Illness and Prevention	TX Dept. of State Health Services
Incredible Edible Science	Learning Zone Express
Inflatable Pyramid	Health Edco
Inside My Pyramid	USDA
Interactive Inflatable	Arizona Nutrition Network
Iowa State University EFNEP and SNAP Ed. Curriculum	Iowa State University
Is It Done Yet?	USDA Food Safety & Inspection Service
It's a Fruit, It's a Vegetable, It's a Pumpkin! By Allan Fowler	Helene J. Jordan
JAM (Just a Minute) School Program	Health-E-Tips
Janey's Junkfood Fresh Adventure	Barbara Storper
Join the Fruit and Veggie Party	Yummy Designs
Jump Into Foods and Fitness	Michigan State University
Jump Start Teens	California Project Lean
Junior Master Gardener	Texas A & M University
Keeping Foods Safe	St. Elizabeth's Health Center
Key Nutrients	The University of Arizona Maricopa County Cooperative Extension
Kid Chef and the Clean Kitchen Crew	Kansas State University

Kid Power - Multicultural Meals	NIMCO
Kidnetic	International Food Information Council
Kids Healthy in the Classroom	The Nemours Foundation/Kids Health
Kinder Krunchies	Karen S. Jenkins
Kindergarten Grow a Healthy Child Fun, Fitness, and Nutrition Field Day	Univeristy of Arizona
Kindergarten Science Kit	Foss/Flagstaff Unified School District
Kiss the Cow	Phyllis Root
La Cocina Saludable	Oregon State University Extension Service
Learn to be Healthy	http://www.learntobehealthy.org/
Lemons Are Not Red	Laura Vaccaro
Let's Make a Deal	Learning Zone Express
Lettuce Introduce You: Poems about Food	Laura Purdie Salas
Life Form Food Kit	enasco
Life in the Fast Food Lane	Adapted from Maricopa County Office of Nutrition Services
Light & Tasty Cooking Labs	Jan Bunell
Limbo Mania Game	Hilco Corporation
Little D's Nutrition Explorations	National Dairy Council
Live Well Eat Nutrient Rich Foods Toolkit	Cattleman's Beef Board
Look 'n Cook Microwave	Attainment Company
Loving Support Makes Breastfeeding Work	USDA Food and Nutrition Service and Best Start Social Marketing, Inc.
Loving Your Family, Feeding Their Future	USDA Food and Nutrition Services
Lunch	Denise Flemming
Lunch at the Zoo	Brenda Cartee Lee
Make Every Day a Healthy Day! The Rainbow Way	Arizona Cancer Center
Making Every Dollar Count	University of California
Mas Hierro	Oregon State University Extension Service
Math of Food	Hope, Martin and Susan Guengerich
Meal Time in Less Time; Planning and Preparing Quick Healthy Meals in Less Time	The University of Arizona Cooperative Extension
Media Smart Youth	National Institute of Child Health and Human Development
Milk from Cow to Ice Cream	Betram Knight
Milk Matters	National Institute of Health
Milk: From Cow to Carton	Aliki Brandenburg

Milk's Unique Nutrient Package: Benefits for Bones and Beyond	National Dairy Council
Misc. Healthy Eating and Physical Activity for you and your Family	Krames Publishing
Modified MyPyramid for Older Adults	The USDA/Tufts SNAP-Ed Connection
Money Saving Tips	National Heart, Lung and Blood Institute
Monthly Newsletters for Parents (already existing)	Andrea Chiasson, Maureen Milazzo, Heather Vaughn, Alisa Arce, Helain Day, and Raquel Oriol, and Julia Brodnick
More than Mudpies	National Food Service Management Institute, University of Mississippi
Mother & New Baby Care- See What You Read	Published by Injoy Inc
Muncha Muncha Muncha	Candace Fleming & G. Brian Karas
My Favorite Fruits	Ame A Su Familia Alimento Su Futuro
My Favorite Vegetables	Ame A Su Familia Alimento Su Futuro
My Food/Mi Comida	Rebecca Emberly
My Pyramid Pass it On	enasco
My Pyramid Pop Up	enasco
My Pyramid	Alisha Neihaus
My Pyramid: Steps to a Healthy Living	Discovery School
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
NAP SACC (Nutrition and Physical Activity Self Assessment for Child Care Centers)	University of North Carolina - Chapel Hill, Center for Health Promotion and Disease Prevention
National Association for Sports and Physical Activity Teacher Tool box	National Association for School and Physical Activity http://aahperd.org/naspe/template.cfm?template=teachers_toolbox.html
National Dairy Council	NDC
National Nutrition Month	American Dietetics Association
Native American Ethnobotany	Daniel E. Moerman
Native Cookbook	Center for American Indian Research and Education
Native Nutrition Circles	Center for American Indian Research and Education

Natural Resource Education Center Curriculum	Compiled by Mary Sue Beers and Lorealee Wuertz from multiple sources.
NCES Healthy Activities	NCEScatalog.com
NCES Teen Pyramid	NCES Catalog
New Food Pyramid Book Set	Marci Schuh
News 2 You Recipes	Jackie & Dave Clark
Nibbles for Health and Leader's Guide	USDA
No BONES about it	Faculty at 8 universities -- Purdue
No More Vegetables!	Nicole Rubel
Note Nik CD	PBH
Nutrition Across Curriculum	Louisiana Department of Education
Nutrition Activities for Preschoolers	Debbie Cryer and Thelma Harms
Nutrition and Fitness 50 Lessons	enasco
Nutrition and Physical Activity Energizers	North Carolina Physical Education -- http://ncpe4me.com/energizers.html
Nutrition Curriculum Kit	J & B Products
Nutrition Curriculum Series	Miliken Publishing
Nutrition Detectives Curriculum	Adapted from David Katz, MD program
Nutrition Education Curriculum Guide	Connie Evers
Nutrition Essentials- Teaching tools for healthy choices	USDA -- http://teamnnutrition.usda.gov/Resources/nut_essentials.pdf
Nutrition Explorations	National Dairy Council
Nutrition EZ	PBH Catalog
Nutrition Family Bookbags	Michigan State University Extension
Nutrition for your Baby brochure	Catherine Cavanaugh, Published by ETR Assoc.
Nutrition Fun with Brocc & Roll	Neat Solutions - Learning Resources
Nutrition in the Kitchen Healthy Eating for Kids and Families	The Children's Hospital of Philadelphia
Nutrition Jeopardy Curriculum	Adpated from MyPyramid.gov
Nutrition Learning Charts	Nasco
Nutrition Lessons	AZNN
Nutrition Messages	Learning ZoneXpress www.learningzonexpress.com
Nutrition Nuggets	Aspen Publishers, Inc.
Nutrition Pathfinders	Dairy Council CA
Nutrition Power Game	Activity Resource Series 1, Learning Multi Systems

Nutrition: Older Students Projects	Patti King-DeBaun and Caroline Musslewhite
Nutritious Story Time	Florida WIC Program
Oh, the things you can do that are good for you!	Tish Rabe
Oliver's Fruit Salad	Vivian French
Oliver's Garden	Vivian French
Oliver's Vegetables	Vivian French
One Potato	Diana Pomeroy
Operation Fit Kids	American Council on Exercise (ACE)
Organwise Guys Comprehensive School Program	The Organwise Guys INC.
Papago/English and English to Papago Dictionary	Dean Sexton, Lucille Sexton, and Susie Enos
Path to Pyramid Game	enasco
Peop and Lolo and the Red Apple	Ana Martin Larranaga
Perceived Exertion	St. Elizabeth's Health Center
Performance Challenge	American Dietetic Association
Physical Best Elementary and Secondary	AAHPERD
Planet Health	Harvard Prevention Resource Center on Nutrition and Physical Activity
Planting a Rainbow	Louis Ehlert
Play it Safe in the Sun!	Arizona Cancer Center
Portion Distortion Posters	Learning Zone Express
Portion Distortion Power Point	National Heart, Lung and Blood Institute
Portion Distortion/ Distorsion de la Porcion	Learning ZoneXpress www.learningzonexpress.com Product #: 4234T (Eng) #4234TS (Spa)
Portion plates - adult/child	NCES
Power of Choice	USDA
Powermid Nutrition Curriculum	Mind Your Body
Pregnancy and Fitness brochure	Terrie Heinrich Rizzo & Jerrie Thurman, published by ETR Assoc.
Princess Fidgety Feet	Pat Posner
Professor Popcorn	Purdue University Extension, Consumer and Family Sciences
Promoting Lifetime Activity for Youth (PLAY)	Arizona State University
Prudence's Book of Food	Alona Frankel
Pyramid Between the Pages	Michigan State University Extension
Pyramid Café	National Dairy Council
Pyramid Pal	Neat Solutions

Quick Nutrition and Physical Activity Quiz	California Department of Health
Rabbit Food	Susanna Gretz
Read It Before You Eat It	The USDA
Reading the Nutrition Facts Label: Step-By-Step Approach	The University of Arizona Cooperative Extension
Ready Set Food Safe	University of Idaho Extension Office
Re-Charge!	Action for Healthy Kids
Reproductability & Validity of the Secondary Level School-Based Nutrition Monitoring student Questionnaire	Hoelscher DM, Day RS, Kelder SH, Ward JL.
Sample Menus for a 2000 Calorie Food Pattern/ Menu de Muestra para un Plan de Alimentacion de 2000 Calorias	www.mypyramid.gov
Science and Our Food Supply	US FDA & the Center for Safety and Applied Nutrition
Science Fare - Chemistry at the Table	National Science Foundation
Scrub Club	NSF
Select A Meal	Attainment Company
Seniors Can -- University of Nevada Cooperative Extension	Claudia Colling, PhD. And Laura Hernandez, J.D.
Seven Ways to Size up Your Servings	National Dairy Council
Shopping Smart	Attainment Company
Skillastics Nutrition Cards	Skillastics
Small Steps to Health and Wealth	Rutgers Cooperative Extension
Smart Eating and Start Reading	Oregon State University Extension
Smart Fruit and Veggie Songs CD	PBH
Smart Snacks	LearningZoneExpress
Snack Activities	Mary Ann Kohl and Jean Potter
Snack Attack!	The University of Arizona Cooperative Extension
Snacks: Early Childhood Collection	Patti King-DeBaun
Snap-Ed Connection	Snap-Ed Connection
Sodium in Foods	National Heart, Lung and Blood Institute
Spin Zone Magnetic Whiteboard Game	Neat Solutions
Spoiled Rotten	Learning Zone Express
Start Smart Eating and Reading	Oregon State University Extension Service and Oregon Department of Education
Steps Forward/Pasos Adelante	NHLBI/U of A
StepWise Breakfast & Lunch	Beth Jackson
Stress free feeding	Children's Health Care of Atlanta

Stretch Your Food Dollars/Small Savings Add Up	USDA Food and Nutrition Service
Summer Treats	Pauline Anne Boisselle
Supermarket Persuasion	University of Wyoming Cooperative Extension
Take 10	Oregon State University Extension Service
Take 10!	International Life Sciences Group
Take Charge of your Health	Wellness, Inc
Take Charge! Be Healthy.	Eloise Elliot PhD, Project Director
Team Nutrition	USDA Food and Nutrition Service
Teen Nutrition - Whats the big debate?	Learning Zone Express
Teens Serving Food Safely	North Dakota State University Extension Service
Teens Take on Grocery Shopping	Learning Zone Express
Ten Red Apples	Pat Hutchins
The Activity Pyramid	International Diabetes Center Publishing www.parknicollet.com product #: 2711-336
The Activity Pyramid Tear Pad	Health Edco
The Antelope who ate Cantaloupe	Julie Crichton
The Busy Body Book	Lizzy Rockwell
The Cabbage Soup Solution	Ericka Oller
The Encyclopedia of Nutrition and Good Health	Robert Ronzio
The Farmer Grows a Rainbow	North Carolina AITC with funding from USDA
The Fish Who Wished He Could Eat Fruit	Kathleen Stefancin
The Fruit Flies Picnic	Kathleen Stefancin
The Giant Carrot	Jan Peck
The Grain Group	Helen Frost
The Great Body Shop	Children's Health Market
The Hatseller and the Monkeys	Wague-Diakite, Baba
The Kid Connection - Food and Fitness	NCES
The Life and Times of an Apple	Charles Micucci
The Little Mouse, The Red Ripe Strawberry and the Big Hungry Bear	Don and Audrey Wood
The Paleolithic Prescription	S. Boyd Eaton, Marjorie Shostak, and Melvin Konner
The Power of Choice	USDA-Team Nutrition

The Tortilla Factory By Gary Paulsen	Diana Pomeroy
The Two -Bite Club	USDA/FNS/TN
The Vegetables we Eat	Gail Gibbons
The Very Hungry Catepillar Lesson Plan	Florida WIC and Eric Carle
The Victory Garden Vegetable Alphabet Book	Jerry Pallotta
The Wheat we Eat	Allan Fowler
Think Color as you Eat	Neat Solutions
Think Your Drink	Washington State Dairy Council, Learning Zone Express
This is Your Life	Food Play
Those Mean Nasty Dirty Downright Disgusting but... Invisible Germs	Judith Anne Rice, Reed Merrill
Three Simple Steps to Eating More Fruits and Vegetables/ Como mas frutas y verduras en tres simples pasos.	www.fruitsandveggiesmatter.gov
Tops and Bottoms	Janet Stevens
Tumble Bumble	Felicia Bond
TV Zombies and Soda Monsters	Krames Publishing
Unique Nutritional Needs of Older Adults	University of Florida
Up for the Challenge	University of Baltimore
USDA'S Nutrition Assistance Programs: Eat Right When Money's Tight	USDA
Vegetable Magic	Michele Palmer & Arlene Edmonds, MS, RD
Vegetable Soup and The Fruit Bowl	Dianne Warren and Susan Smith Jones
Vegetables Vegetables	Fay Robinson
Wash your Hands	Tony Ross
Water: The Nutrient Priority	Learning Zone Express. Charlene Harkins, M.Ed., RD
We Can! Energize our Families: Curriculum for Parents and Caregivers	NHLBI

Title	Author
Active for Life	Shirley Dzikowski, P.T., and Brenda Black of West Virginia Extension Service
Arizona Nutrition Network Materials	Arizona Nutrition Network
Bone Builders curriculum and materials	University of Arizona Cooperative Extension
Classy Moves	The University of Arizona Cooperative Extension
Color Me Healthy	North Carolina State University
Creative Pockets Fruit and Vegetable Program / MyPyramid Program	Produce for Better Health
Eat Smart, Live Strong	USDA Food and Nutrition Services
Eat Smart, Play Hard	USDA Food and Nutrition Service
Educational Reinforcement Items	PBH, Nasco, Nimco, Neat Solutions, NCES, HealthEdco, ADA, Gopher Sports, Flaghouse, SSI Sporttime, S&S worldwide
Fit Bits	www.michiganfitness.org/fitbits/Michigan Governors's Council on Physical Fitness Health and Sports
Fitdeck jr.	www.fitdeck.com
Fitness for Life for High School	Human Kinetics
Fitness for Life Middle School	Human Kinetics
Food Guide Slide Calculator	The Positive Line
Good Nutrition Rulers	Washington State Dairy Council
Iowa State University EFNEP and SNAP Ed. Curriculum	Iowa State University
Jump Into Foods and Fitness	Michigan State University
Kindergarten Grow a Healthy Child Fun, Fitness, and Nutrition Field Day	Univeristy of Arizona
Loving Your Family, Feeding Their Future	USDA Food and Nutrition Services
Meal Time in Less Time; Planning and Preparing Quick Healthy Meals in Less Time	The University of Arizona Cooperative Extension
Media Smart Youth	National Institute of Child Health and Human Development
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
Professor Popcorn	Purdue University Extension, Consumer and Family Sciences

Seniors Can -- University of Nevada Cooperative Extension	Claudia Colling, PhD. And Laura Hernandez, J.D.
Start Smart Eating and Reading	Oregon State University Extension Service and Oregon Department of Education
Take 10!	International Life Sciences Group
Team Nutrition	USDA Food and Nutrition Service
The Power of Choice	USDA-Team Nutrition

Title	Author
Arizona Nutrition Network Materials	Arizona Nutrition Network
Eat Right for Life	University of Florida, Main Writer: Cynthia Depew, MPH-c, Materials are Peer Reviewed
Eat Smart Activity Book (not including page 12)	Positive Promotions
Eat Smart, Live Strong	USDA Food and Nutrition Services
Eating Well As We Age	US Department of Health and Human Services
Educational Reinforcement Items	PBH, Nasco, Nimco, Neat Solutions, NCES, HealthEdco, ADA, Gopher Sports, Flaghouse, SSI Sporttime, S&S worldwide
Fitness is Fun Activity Book	Positive Promotions
Flash Cards	PBH Catalog
Food Fun Nutrition Cards	PBH Catalog
Food Value Club	St. Mary's Food Bank
Healthy Hurdles - Nutrition Games	Learning Resources
Key Nutrients	The University of Arizona Maricopa County Cooperative Extension
Milk's Unique Nutrient Package: Benefits for Bones and Beyond	National Dairy Council
Modified MyPyramid for Older Adults	The USDA/Tufts SNAP-Ed Connection
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
NCES Teen Pyramid	NCES Catalog
Nutrition EZ	PBH Catalog
Nutrition Messages	Learning ZoneXpress www.learningzonexpress.com
Portion Distortion/ Distorsion de la Porcion	Learning ZoneXpress www.learningzonexpress.com Product #: 4234T (Eng) #4234TS (Spa)
Read It Before You Eat It	The USDA
Reading the Nutrition Facts Label: Step-By-Step Approach	The University of Arizona Cooperative Extension
Sample Menus for a 2000 Calorie Food Pattern/ Menu de Muestra para un Plan de Alimentacion de 2000 Calorias	www.mypyramid.gov

Snack Attack!	The University of Arizona Cooperative Extension
Take 10!	International Life Sciences Group
The Activity Pyramid	International Diabetes Center Publishing www.parknicollet.com product #: 2711-336
Think Your Drink	Washington State Dairy Council, Learning Zone Express
Three Simple Steps to Eating More Fruits and Vegetables/ Como mas frutas y verduras en tres simples pasos.	www.fruitsandveggiesmatter.gov
Unique Nutritional Needs of Older Adults	University of Florida
USDA'S Nutrition Assistance Programs: Eat Right When Money's Tight	USDA

Title	Author
10 Steps to a Healthier Me	Washington State Dairy Council
Arianna's Nutrition Expedition	National Dairy Council
Arizona Nutrition Network Materials	Arizona Nutrition Network
Bone Builders curriculum and materials	University of Arizona Cooperative Extension
Chef Combo's Fantastic Adventures	National Dairy Council
Classy Moves	The University of Arizona Cooperative Extension
Color Way Champions Activity and Coloring Books	PBH
Creative Pockets Fruit and Vegetable Program / MyPyramid Program	Produce for Better Health
Dairy Bingo	Midwest Dairy Council
Dietary Guidelines for Americans 2005 & 2010	USDA
Eat Smart Activity Book (not including page 12)	Positive Promotions
Eat Smart, Play Hard	USDA Food and Nutrition Service
Eat, Think and Be Active! Media Smart Youth	National Institute of Child Health and Human Development, Publication No. 05-5538
Educational Reinforcement Items	PBH, Nasco, Nimco, Neat Solutions, NCES, HealthEdco, ADA, Gopher Sports, Flaghouse, SSI Sporttime, S&S worldwide
Educational Tools	PBH, Nasco, Nimco, Neat solutions, NCES, Health Edco, ADA, Gopher Sports, Flaghouse, SSI Sportime, S&S worldwide, Learning Seed, Oregon Dairy Council, Lakeshore Learning Supplies, Learning Zone Express, Recreations Supplies, CATCH Program, Brevis/Glitterbug
Empowering Youth	USDA Food and Nutrition Service
Escapades	Talikor
Exercise Your Options	Arizona Dairy Council
Exploring our Food Heritage	University of Illinois
Farm to Fork Activity Book	Produce for Better Health
Fat Demo Kit	NCES

Fit Bits	www.michiganfitness.org/fitbits/Michigan Governors's Council on Physical Fitness Health and Sports
Food Culture and Reading	Univ. of Vermont Extension and USDA
Food Facts; Make Your Calories Count	FDA
Food Group Tabletop Pocket Chart	Neat Solutions - Learning Resources
Food Risks	CFSAN
Food Safety Education Month	USDA Food Safety and Inspection Service
Food Science Curriculum	Illinois Board of Education - Integrating Education in Science and Technology
Fruit and Vegetable Name Game	Learning Zone Express
Fruit and Veggie Games	PBH, Health Edco, enasco
Game On! The Ultimate Wellness Challenge	Action for Healthy Kids with the U.S. Dept of Agriculture and the U.S. Dept of Health and Human Services
Germ City	Karen A. Kerr High Impact Exhibits - www.high-impact-exhibits.com
Get More Guide (small size)	PBH
Getting Enough Whole Grain	Whole Grains Council
Getting into a Food Mood	Workforce Preparation National 4-H Council
Go For Whole Grain	NIMCO
Go with the Whole Grain	General Mills, Bell Institute
Healthy Hands, Healthy Kids	Healthy Hands
Healthy Hurdles - Nutrition Games	Learning Resources
Illness and Prevention	TX Dept. of State Health Services
Jump Into Foods and Fitness	Michigan State University
Kid Power - Multicultural Meals	NIMCO
Kidnetic	International Food Information Council
Kids Healthy in the Classroom	The Nemours Foundation/Kids Health
Little D's Nutrition Explorations	National Dairy Council
Make Every Day a Healthy Day! The Rainbow Way	Arizona Cancer Center
Meal Time in Less Time; Planning and Preparing Quick Healthy Meals in Less Time	The University of Arizona Cooperative Extension
Milk Matters	National Institute of Health
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
Note Nik CD	PBH
Nutrition Across Curriculum	Louisiana Department of Education
Nutrition Lessons	AZNN

Portion plates - adult/child	NCES
Professor Popcorn	Purdue University Extension, Consumer and Family Sciences
Re-Charge!	Action for Healthy Kids
Science and Our Food Supply	US FDA & the Center for Safety and Applied Nutrition
Scrub Club	NSF
Smart Fruit and Veggie Songs CD	PBH
Take 10!	International Life Sciences Group
Take Charge! Be Healthy.	Eloise Elliot PhD, Project Director
Team Nutrition	USDA Food and Nutrition Service
The Farmer Grows a Rainbow	North Carolina AITC with funding from USDA
Think Your Drink	Washington State Dairy Council, Learning Zone Express

Title	Author
ACE Operation Fit Kids	ACE Fitness
Arizona Nutrition Network Materials	Arizona Nutrition Network
Best Bones Forever	US Department of Human Services, Office on Women's Health
Bodyworks	US Department of Human Services, Office on Women's Health
Bone Builders curriculum and materials	University of Arizona Cooperative Extension
CATCH - Coordinated Approach to Childhood Health	National Heart Lung and Blood Association, Flaghouse
Chef Combo's Fantastic Adventures	National Dairy Council
Classy Moves	The University of Arizona Cooperative Extension
Color Me Healthy	North Carolina State University
Creative Pockets Fruit and Vegetable Program / MyPyramid Program	Produce for Better Health
Eat Fit	University of California at Davis Cooperative Extension
Eat Smart Activity Book (not including page 12)	Positive Promotions
Eat Smart, Live Strong	USDA Food and Nutrition Services
Eat Smart, Play Hard	USDA Food and Nutrition Service
Educational Reinforcement Items	PBH, Nasco, Nimco, Neat Solutions, NCES, HealthEdco, ADA, Gopher Sports, Flaghouse, SSI Sporttime, S&S worldwide
Educational Tools	PBH, Nasco, Nimco, Neat solutions, NCES, Health Edco, ADA, Gopher Sports, Flaghouse, SSI Sporttime, S&S worldwide, Learning Seed, Oregon Dairy Council, Lakeshore Learning Supplies, Learning Zone Express, Recreations Supplies, CATCH Program, Brevis/Glitterbug
Exercise Your Options	Arizona Dairy Council
Fit Bits	www.michiganfitness.org/fitbits/ Michiga n Governors's Council on Physical Fitness Health and Sports
Fitdeck jr.	www.fitdeck.com
Fitness for Life	Human Kinetics

Food Guide Slide Calculator	The Positive Line
Food Safety songs	http://www.foodtunes.com/ -
Food Science Curriculum	Illinois Board of Education - Integrating Education in Science and Technology
Food, Fun and Reading	4-H CCS
Fruit and Vegetable Bingo	Produce for Better Health
Game On! The Ultimate Wellness Challenge	Action for Healthy Kids with the U.S. Dept of Agriculture and the U.S. Dept of Health and Human Services
Germ City	Karen A. Kerr High Impact Exhibits - www.high-impact-exhibits.com
Go with the Whole Grain	General Mills, Bell Institute
Good Nutrition Rulers	Washington State Dairy Council
Jump Into Foods and Fitness	Michigan State University
Kidnetic	International Food Information Council
Kindergarten Grow a Healthy Child Fun, Fitness, and Nutrition Field Day	Univeristy of Arizona
Loving Your Family, Feeding Their Future	USDA Food and Nutrition Services
Meal Time in Less Time; Planning and Preparing Quick Healthy Meals in Less Time	The University of Arizona Cooperative Extension
Media Smart Youth	National Institute of Child Health and Human Development
Milk Matters	National Institute of Health
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
No BONES about it	Faculty at 8 universities -- Purdue
Nutrition and Physical Activity Energizers	North Carolina Physical Education -- http://ncpe4me.com/energizers.html
Nutrition Essentials- Teaching tools for healthy choices	USDA -- http://teamnnutrition.usda.gov/Resources/nut_essentials.pdf
Nutrition Explorations	National Dairy Council
Oh, the things you can do that are good for you!	Tish Rabe
Physical Best Elementary and Secondary	AAHPERD
Professor Popcorn	Purdue University Extension, Consumer and Family Sciences
Science and Our Food Supply	US FDA & the Center for Safety and Applied Nutrition
Seniors Can -- University of Nevada Cooperative Extension	Claudia Colling, PhD. And Laura Hernandez, J.D.

Start Smart Eating and Reading	Oregon State University Extension Service and Oregon Department of Education
Take 10!	International Life Sciences Group
Take Charge! Be Healthy.	Eloise Elliot PhD, Project Director
Team Nutrition	USDA Food and Nutrition Service
The Power of Choice	USDA-Team Nutrition
Wellness Activation Kit	National Dairy Council

Title	Author
10 Steps to a Healthier Me	Washington State Dairy Council
Active for Life	Shirley Dzikowski, P.T., and Brenda Black of West Virginia Extension Service
All Our Fruits and Vegetables	Roberta Duyff and Patrick McKissack
At Home Beginner Dinner Games	Family Fun Time
Banana	Jonathan Allen
Best Bones Forever	US Department of Human Services, Office on Women's Health
Bodyworks	US Department of Human Services, Office on Women's Health
Bone Builders curriculum and materials	University of Arizona Cooperative Extension
Bone Up on Calcium Magnet	Washington State Dairy Council
Bones for Life	Ruthy Alon
Build a Snack Master	Washington State Dairy Council
Building Better Bones	Arizona Department of Health Services
Carlos and Clarice Moove to Lowfat Milk	Florida WIC
CATCH - Coordinated Approach to Childhood Health	National Heart Lung and Blood Association, Flaghouse
Catch a Rainbow Poster and Tablet	Learning Zone Express
Classy Moves	The University of Arizona Cooperative Extension
Color Me Healthy	North Carolina State University
Creative Pockets Fruit and Vegetable Program / MyPyramid Program	Produce for Better Health
Dinner Games, Original	Family Fun Time
Eat More Eat Light	Learning Zone Express
Eat More is Less	Learning Zone Express
Eat Smart, Play Hard	USDA Food and Nutrition Service
Eat Your Peas Louise	Peegen Snow
Eating Healthy the American Indian Way: Why All the Talk about Fat?	National Cancer Institute
Eating the Alphabet	Louis Ehlert and the Arizona Nutrition Network
Educational Reinforcement Items	PBH, Nasco, Nimco, Neat Solutions, NCES, HealthEdco, ADA, Gopher Sports, Flaghouse, SSI Sporttime, S&S worldwide
Exercise & Physical Activity	National Institute on Aging

Food	Cookie Monster
Food and Nutrition Inquiry Activities	J & B Products
Food Group Tabletop Pocket Chart	Neat Solutions - Learning Resources
Food Guide Slide Calculator	The Positive Line
Food Picture Bingo	Neat Solutions - Learning Resources
Food Pyramid Activity Mat	Learning Resource
Food Pyramid Pocket Chart with Cards	Neat Solutions - Learning Resources
Food Safety Tablet	Learning Zone Express
Food, Fun and Reading	4-H CCS
Germ City	Karen A. Kerr High Impact Exhibits - www.high-impact-exhibits.com
Get Health Get Moving Exercise Band	Washington State Dairy Council
Glitterbug Hand Washing Programs	Brevis
Good Nutrition Rulers	Washington State Dairy Council
Grow, Eat, Thrive CD	Klein Buendel
Healthy Choices	Learning Zone Express
Healthy Hurdles - Nutrition Games	Learning Resources
Healthy Lunchbox	Marie McClendon and Crity Shauk
Healthy Meals in A Hurry	Iowa State University University Extension
Incredible Edible Science	Learning Zone Express
Inflatable Pyramid	Health Edco
Jump Into Foods and Fitness	Michigan State University
Lemons Are Not Red	Laura Vaccaro
Lunch	Denise Flemming
Making Every Dollar Count	University of California
My Food/Mi Comida	Rebecca Emberly
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
National Dairy Council	NDC
Native Cookbook	Center for American Indian Research and Education
Native Nutrition Circles	Center for American Indian Research and Education
NCES Healthy Activities	NCEScatalog.com
New Food Pyramid Book Set	Marci Schuh
No BONES about it	Faculty at 8 universities -- Purdue
Nutrition Curriculum Kit	J & B Products
Nutrition Fun with Brocc & Roll	Neat Solutions - Learning Resources
Peop and Lolo and the Red Apple	Ana Martin Larranaga
Planet Health	Harvard Prevention Resource Center on Nutrition and Physical Activity

Portion Distortion Posters	Learning Zone Express
Portion Distortion/ Distorsion de la Porcion	Learning ZoneXpress www.learningzonexpress.com Product #: 4234T (Eng) #4234TS (Spa)
Power of Choice	USDA
Professor Popcorn	Purdue University Extension, Consumer and Family Sciences
Small Steps to Health and Wealth	Rutgers Cooperative Extension
Take 10!	International Life Sciences Group
Team Nutrition	USDA Food and Nutrition Service
The Activity Pyramid Tear Pad	Health Edco
The Little Mouse, The Red Ripe Strawberry and the Big Hungry Bear	Don and Audrey Wood
Think Your Drink	Washington State Dairy Council, Learning Zone Express
Vegetable Soup and The Fruit Bowl	Dianne Warren and Susan Smith Jones

Title	Author
4-H After School Program, Food and Nutrition Lessons	4-H
Arizona Nutrition Network Materials	Arizona Nutrition Network
Best Bones Forever	US Department of Human Services, Office on Women's Health
Bodyworks	US Department of Human Services, Office on Women's Health
Carlos and Clarice Move to Lowfat Milk	Florida WIC
Choosing and Preparing Foods: Basic Nutrition and Food Preparation for Special Education	Jean Bunnell
Fruits and Veggies More Matters Curriculum	Arizona Nutrition Network
Germ City	Karen A. Kerr High Impact Exhibits - www.high-impact-exhibits.com
Healthy Holiday Treats	Pauline Anne Boisselle
Junior Master Gardener	Texas A & M University
Little D's Nutrition Explorations	National Dairy Council
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
Professor Popcorn	Purdue University Extension, Consumer and Family Sciences
Skillastics Nutrition Cards	Skillastics
Smart Eating and Start Reading	Oregon State University Extension
Teens Serving Food Safely	North Dakota State University Extension Service
Think Your Drink	Washington State Dairy Council, Learning Zone Express
Tops and Bottoms	Janet Stevens
Tumble Bumble	Felicia Bond

Title	Author
Arizona Nutrition Network Materials	Arizona Nutrition Network
CATCH - Coordinated Approach to Childhood Health	National Heart Lung and Blood Association, Flaghouse
Classroom Evaluation Response System	H-ITT
Classy Moves	The University of Arizona Cooperative Extension
Color Me Healthy	North Carolina State University
Creative Pockets Fruit and Vegetable Program / MyPyramid Program	Produce for Better Health
Eat Fit	University of California at Davis Cooperative Extension
Educational Reinforcement Items	PBH, Nasco, Nimco, Neat Solutions, NCES, HealthEdco, ADA, Gopher Sports, Flaghouse, SSI Sporttime, S&S worldwide
Educational Tools	PBH, Nasco, Nimco, Neat solutions, NCES, Health Edco, ADA, Gopher Sports, Flaghouse, SSI Sporttime, S&S worldwide, Learning Seed, Oregon Dairy Council, Lakeshore Learning Supplies, Learning Zone Express, Recreations Supplies, CATCH Program, Brevis/Glitterbug
Fitdeck jr.	www.fitdeck.com
Fitness for Life for High School	Human Kinetics
Fitness for Life Middle School	Human Kinetics
Food Guide Slide Calculator	The Positive Line
Good Nutrition Rulers	Washington State Dairy Council
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
Physical Best Elementary and Secondary	AAHPERD
Professor Popcorn	Purdue University Extension, Consumer and Family Sciences
We Can! Energize our Families: Curriculum for Parents and Caregivers	NHLBI

Title	Author
Apples and How they Grow	Laura Driscoll
Applesauce	Shirley Kurtz
Arizona Nutrition Network Materials	Arizona Nutrition Network
Bag of Germs	Health Edco
Bounce	Doreen Cronin
Carlos and Clarice Moove to Lowfat Milk	Florida WIC
Carolos and the Squash Plant	Jan Romero Stevens, Jeane Arnold
Color Me Healthy	North Carolina State University
Dance, Turn, Hop, Learn!	Connie Bergstein Dow
Eat Smart, Play Hard	USDA Food and Nutrition Service
Food for Thought	Saxton Freymann
Food Pyramid Activity Mat	Learning Resource
From Head to Toe	Eric Carle
Germs are not for Sharing	Elizabeth Verdick
Healthy Foods from Healthy Soils	Elizabeth Patten
How Groundhog's Garden Grows	Lynne Cherry
I am Water	Jean Marzolla
I Will Never Not Ever Eat A Tomato	Lauren Child
Jump Into Foods and Fitness	Michigan State University
Jump Start Teens	California Project Lean
Limbo Mania Game	Hilco Corporation
Milk: From Cow to Carton	Aliki Brandenburg
Monthly Newsletters for Parents (already existing)	Andrea Chiasson, Maureen Milazzo, Heather Vaughn, Alisa Arce, Helain Day, and Raquel Oriol, and Julia Brodnick
More than Mudpies	National Food Service Management Institute, University of Mississippi
Muncha Muncha Muncha	Candace Fleming & G. Brian Karas
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
NAP SACC (Nutrition and Physical Activity Self Assessment for Child Care Centers)	University of North Carolina - Chapel Hill, Center for Health Promotion and Disease Prevention
Nibbles for Health and Leader's Guide	USDA
Nutrition Activities for Preschoolers	Debbie Cryer and Thelma Harms
Nutrition Explorations	National Dairy Council
Oliver's Garden	Vivian French

Planting a Rainbow	Louis Ehler
Team Nutrition	USDA Food and Nutrition Service
The Fish Who Wished He Could Eat Fruit	Kathleen Stefancin
The Fruit Flies Picnic	Kathleen Stefancin
The Very Hungry Caterpillar Lesson Plan	Florida WIC and Eric Carle
Those Mean Nasty Dirty Downright Disgusting but... Invisible Germs	Judith Anne Rice, Reed Merrill
Wash your Hands	Tony Ross

Title	Author
10 Steps to a Healthier Me	Washington State Dairy Council
Alexander & The Great Food Fight	Linda J. Hawkins
Alphabet/Nutrition Activity Carpet & Carpet Kits	Food Groupie
Arizona Nutrition Network Materials	Arizona Nutrition Network
Building Better Bones	Arizona Department of Health Services
Fruits and Veggies More Matters Curriculum	Arizona Nutrition Network
Glitterbug Hand Washing Programs	Brevis
Glo Germ Handwashing	Brevis Glo Germ
I Will Never Not Ever Eat A Tomato	Lauren Child
Interactive Inflatable	Arizona Nutrition Network
Life in the Fast Food Lane	Adapted from Maricopa County Office of Nutrition Services
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
Nutrition Detectives Curriculum	Adapted from David Katz, MD program
Nutrition Family Bookbags	Michigan State University Extension
Nutrition Jeopardy Curriculum	Adpated from MyPyramid.gov
Think Your Drink	Washington State Dairy Council, Learning Zone Express
Those Mean Nasty Dirty Downright Disgusting but... Invisible Germs	Judith Anne Rice, Reed Merrill

Title	Author
Arizona Nutrition Network Materials	Arizona Nutrition Network
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
Team Nutrition	USDA Food and Nutrition Service
Eat Right	American Dietetic Assoc.
Let's Move	The White House USDA, Dept of Education
Activity Pyramid	USDA Food and Nutrition Service

Title	Author
10 Tips for a Healthy You	Yuma County
A Fairy in a Dairy	Nolan, Lucy
Alexander & The Great Food Fight	Linda J. Hawkins
An Alphabet Salad	Sarah Schuette
Apple Fractions	Jerry Pallotta
Arizona Nutrition Network Materials	Arizona Nutrition Network
Bananas	Elaine Landau
Beauty and the Feast	Learning Seed
Body Management	Learning Multi Systems
Building Better Bones	Arizona Department of Health Services
Building My Body!	University of Missouri Extension Office
Choose to Move	American Heart Association
Clean Gene	GoJo website
Community Nutrition Action Kit	USDA
Competitive Edge Nutrition for Athletes	Learning Zone Express
Creative Pockets Fruit and Vegetable Program / MyPyramid Program	Produce for Better Health
Diet and Nutrition Activities	Patricia Rizzo Toner - The Center for Applied Research in Education
Discovering Fruits & Veggies	Produce for Better Health
Eat Smart, Live Strong	USDA Food and Nutrition Services
Eat Smart, Play Hard	USDA Food and Nutrition Service
Eating	Veronica Ross
Eating Pairs	Sarah Schuette
Eating the Alphabet	Louis Ehlert and the Arizona Nutrition Network
Exercise Your Options	Arizona Dairy Council
Facts & Fiction: Food Advertising	Low Fat Express
Fantastic Food Challenge	Michigan State University
Food for Fitness	Low Fat Express
Food Safety Curriculum: Serve It UP	Western Illinois University
Food Trends	Learning Zone Express
From the Garden	Michael Dahl
Fruits and Veggies More Matters Curriculum	Arizona Nutrition Network
Germs Make Me Sick	Melvin Berger
Germs on Their Fingers	Wendy Wakefield Ferrin
Germs, Germs, Germs!	Bobbi Katz
Glo Germ Handwashing	Brevis Glo Germ
Good Enough to Eat	Lizzy Rockwell

Good Morning, Little Fox	Janovitz, Marilyn
Green Food Fun	Lisa Bullard
Gregory the Terrible Eater	Sharmat, Mitchell
Growing Colors	Bruce McMillan
Growing Vegetable Soup	Lois Ehlert
Healthy Heart	Coconino County
How to Understand and Use the Nutrition Facts Label	FDA, USDA
I Eat Fruit	Hannah Tofts
I Eat Vegetables	Hannah Tofts
I Know an Old Lady Who Swallowed a Pie	Alison Jackson
I Will Never Not Ever Eat A Tomato	Lauren Child
Is It Done Yet?	USDA Food Safety & Inspection Service
Kid Chef and the Clean Kitchen Crew	Kansas State University
Kiss the Cow	Phyllis Root
Let's Make a Deal	Learning Zone Express
Loving Your Family, Feeding Their Future	USDA Food and Nutrition Services
Lunch	Denise Flemming
Lunch at the Zoo	Brenda Cartee Lee
Math of Food	Hope, Martin and Susan Guengerich
Media Smart Youth	National Institute of Child Health and Human Development
MyPyramid materials	USDA Food and Nutrition Service, Health Edco
Nibbles for Health and Leader's Guide	USDA
Nutrition Essentials- Teaching tools for healthy choices	USDA -- http://teammnutrition.usda.gov/Resources/nut_essentials.pdf
Nutrition Power Game	Activity Resource Series 1, Learning Multi Systems
Oliver's Fruit Salad	Vivian French
Oliver's Vegetables	Vivian French
One Potato	Diana Pomeroy
Operation Fit Kids	American Council on Exercise (ACE)
Performance Challenge	American Dietetic Association
Portion Distortion Power Point	National Heart, Lung and Blood Institute
Powermid Nutrition Curriculum	Mind Your Body
Princess Fidgety Feet	Pat Posner
Prudence's Book of Food	Alona Frankel
Rabbit Food	Susanna Gretz

Ready Set Food Safe	University of Idaho Extension Office
Science Fare - Chemistry at the Table	National Science Foundation
Spoiled Rotten	Learning Zone Express
Start Smart Eating and Reading	Oregon State University Extension Service and Oregon Department of Education
Stress free feeding	Children's Health Care of Atlanta
Supermarket Persuasion	University of Wyoming Cooperative Extension
Take Charge of your Health	Wellness, Inc
Team Nutrition	USDA Food and Nutrition Service
Teen Nutrition - Whats the big debate?	Learning Zone Express
Teens Take on Grocery Shopping	Learning Zone Express
Ten Red Apples	Pat Hutchins
The Antelope who ate Cantaloupe	Julie Crichton
The Busy Body Book	Lizzy Rockwell
The Fruit Flies Picnic	Kathleen Stefancin
The Giant Carrot	Jan Peck
The Grain Group	Helen Frost
The Hatseller and the Monkeys	Wague-Diakite, Baba
The Very Hungry Catepillar Lesson Plan	Florida WIC and Eric Carle
The Victory Garden Vegetable Alphabet Book	Jerry Pallotta
The Wheat we Eat	Allan Fowler
Think Your Drink	Washington State Dairy Council, Learning Zone Express
This is Your Life	Food Play
Tops and Bottoms	Janet Stevens
Tumble Bumble	Felicia Bond
Water: The Nutrient Priority	Learning Zone Express. Charlene Harkins, M.Ed., RD