



AZ Health Zone Annual Conference

Reflecting Community Through the SNAP-Ed Window



Day two | February 21, 2024

6 a.m.	Morning Meditation and Stretching Center your mind and body for a day full of learning.
White Dove	
9 a.m.	Welcome (Exhibit Hall opens at 8:30 a.m.)
9:15 a.m.	Connecting Community Through Bread Yes, we can preserve homemade in a mass production world!
Don Guerra Turquoise	
10:15 a.m.	Breaking Bread Break bread with your AZ Health Zone colleagues as we reflect on what we've learned.
Turquoise	

Break and Exhibit Hall at 10:30 a.m. - Visit our exhibitors in the Turquoise/Coronado Foyer to learn more about state programs and create connections!

Breakouts at 11 a.m.

A	Creating a Mindful Garden while Promoting Yaqui Culture and Tradition Learn how The Garden Kitchen and Pascua Yaqui Head Start work together to cultivate a mindful garden that promotes Yaqui Culture.
Ed Beltran David Jaimez Coronado 1	
B	Hunger Doesn't Take a Break: How Parents Became Summer Food Heroes This session covers how parents became advocates for the Summer Food Service Program, which promotes healthy eating and free meals in communities.
Marina Gallardo Jasmine Sanchez Gladys Cabrera White Dove	
C	Playground to Plate: A Community Circle Participants will learn to utilize community and playground to plate approaches to help students and educators understand the benefits of nutrition and lifestyle changes.
Kaylee Haddad Nova Kline Coronado 2	

Lunch at Noon

1:30 p.m.	Afternoon Energizer - Easing you back in from lunch, this short activity will have you ready for the second half of the day.
Turquoise	
1:40 p.m.	Mapping the Path Ahead: Understanding Arizona's Needs for SNAP-Ed in 2023 and Beyond Join the Community, Research, Evaluation & Development Team from the University of Arizona to review the AZ Health Zone Needs Assessment data and reflect on what you know about your communities. An open discussion follows the presentation on how the Policy, System, and Environmental change efforts could be enhanced.
Kara Haberstock Tanoue Madeleine deBlois Rachel Gildersleeve Turquoise	
4 p.m.	Connection and Closing
Turquoise	